



MyChart Mobile Bedside Patient Quick Start Guide



Table of Contents

Welcome to MyChart Mobile Bedside.....	3
Main Screen.....	4
Happening Soon.....	4
Taking Care of You.....	5
Test Results.....	5
Education.....	6
Granting Proxy Access to a Family Member.....	7
Download MyChart App	8



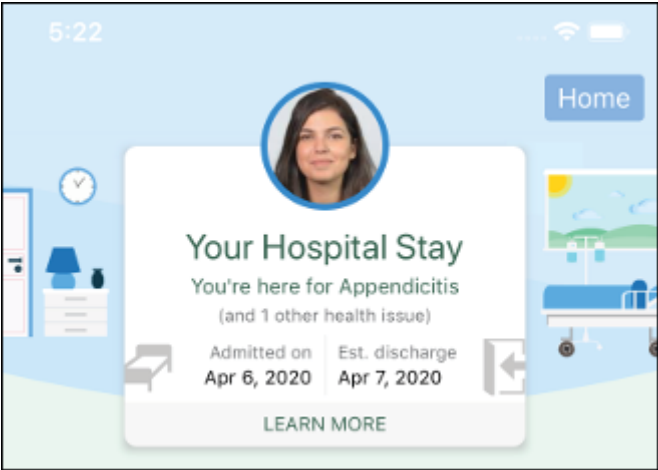
A close-up photograph of a person's hands holding a dark tablet computer. The person is wearing a white hospital gown and is lying in a bed with white linens. The background is softly blurred, showing more of the hospital room.

Welcome to MyChart Mobile Bedside

MyChart Mobile Bedside is an application you and your family can use to be more involved with your care team while you are in the hospital. When you have a MyChart account, you can access MyChart Mobile Bedside on your own device by logging in to the MyChart mobile app.

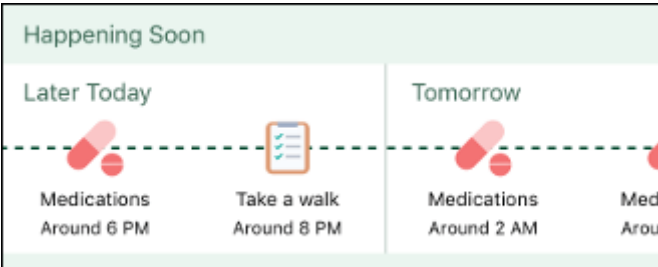
Main screen

After you log in on your mobile device, you can see why you're here, your arrival time, and expected discharge date at the top of the screen. Tap LEARN MORE to see what you are being treated for during your stay.



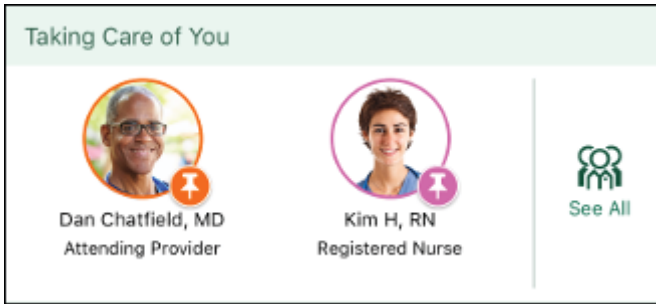
Happening Soon

In the Happening Soon activity, view your schedule of upcoming events, like medication administrations and imaging appointments. Tap an event to learn more about it.



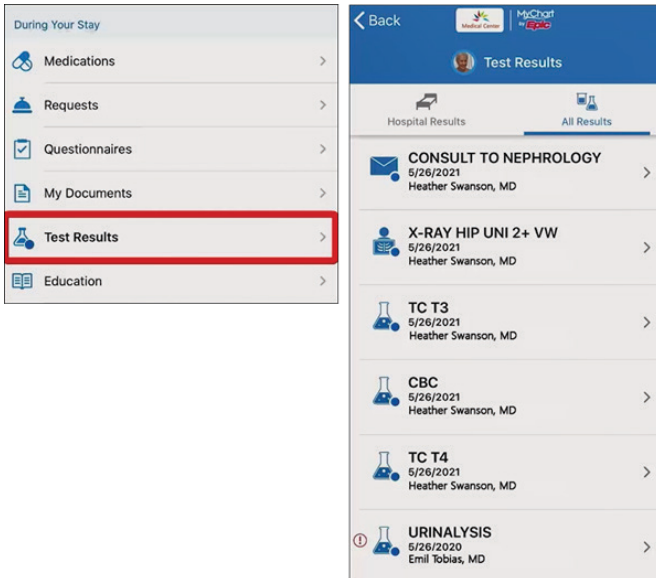
Taking Care of You

Get to know more about your care team in the Taking Care of You section. Tap a care team member's name to view a photo, their role, and biography.



Test Results

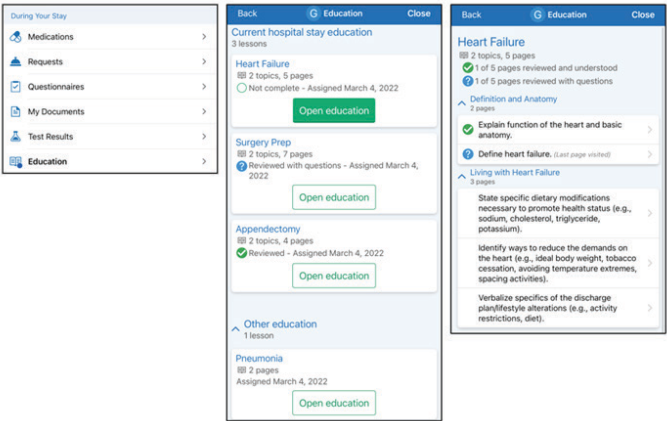
In Test Results, you can view up-to-date health information at a glance. Tap a lab result to see your test result values.



Education

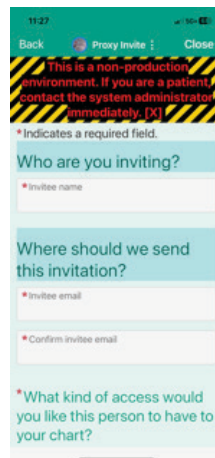
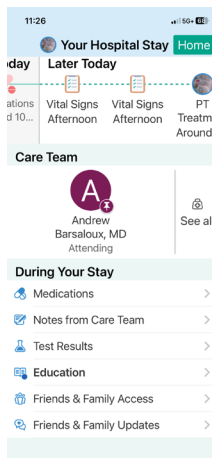
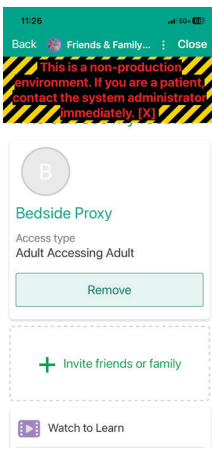
Here you can review any education that a member of the patient's care team has assigned to you. You might see general information about a diagnosis, tips for managing your diagnosis on your own, or information about medications you're prescribed.

1. Go to the Education activity in MyChart Bedside in MyChart Mobile or the To Learn activity in Bedside tablet.
2. Tap the name of the lesson you'd like to learn about.
3. Tap a chapter in the Table of Contents.
4. Review the chapter.
5. If you don't have any questions about the education material, tap I understand. This option will appear once inside the education modules.
6. If you would like to speak more with your care team about a topic, tap I have questions. Your care team can see your responses so they can follow up with you. This option will appear once inside the education modules.



Granting Proxy Access to a Family Member

- ▶ Go to Sharing > Sharing Hub.
- ▶ Click Family member, close friend, or caretaker.
- ▶ Click Manage ongoing access to your MyChart account.
- ▶ Click Invite friends or family.
- ▶ Enter that person's name and email address, confirm the level of access, and click Send invite. The invitation then appears as Pending at the top of the page.
- ▶ After you send the invitation, the recipient receives an email to notify them that you've invited them to have access to your account. From this email, they can click a link that takes them to a page where they must enter your date of birth to confirm that they know you and accept the invitation.
- ▶ After the person you've invited accepts the invitation, you'll receive a message to let you know, and the Pending label is removed next to that person's name. You can return to this page at any time to edit or revoke that person's access.



Download MyChart App

MyChart Mobile Bedside requires you have MyChart downloaded to your phone. You may scan the QR below to access the Apple or Google Play Store.

QR code to download app on Apple Store



QR code to download app on Google Play Store



If you are having trouble logging in to your INTEGRIS Health & Me MyChart account, please contact the INTEGRIS Health Help Desk at (844) 843-1500.

