

# INTEGRIS Health Partners

## NEWSLETTER

## May 2022

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### Letter from the President

Dear Colleagues,

One of my passions has been improving end-of-life care for patients. For years we lamented that we spent way too much money at the end of life, but we never really seem to do anything about it. The lack of progress toward honoring the final stages of life is disappointing. But even more disappointing to me is physician resistance to dialogue and to engage in conversations about improving and managing the progression of advanced illness care for patients, families, and care providers.

There are huge emotional and monetary costs associated with maintaining the status quo. A lot of resistance may be a lack of understanding of the difference between palliative care and hospice.

Let's start with some definitions:

#### **Palliative Care**

Focuses on improved quality of life by supporting patients and families through the emotional, spiritual, and physical changes of advanced chronic illness. The emphasis is on the person and caregivers – not just the disease – through identifying goals of care, complex symptom management, and identification of available treatment options.

Palliative care is appropriate at any age and any stage in a serious illness, and patients can continue curative treatment. There is no requirement for a terminal prognosis.

#### **HOSPICE**

Is a Medicare regulated program for patients with documented 6-month prognosis, providing care at the patient's residence, be that a private home or a long-term care community, when the desired focus of treatment becomes comfort rather than curative. Comfort is provided through a multidisciplinary team approach consisting of physicians, nurses, social workers, chaplains, patient aides and volunteers providing medical, physical, spiritual, and emotional support with a presence in the patient's home. Through the hospice benefit medications related to the terminal illness as well as medical equipment are provided.

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Visuals are helpful as well. You can see palliative care is not hospice, but hospice can be part of palliative care.



Another way of looking at Palliative Care over the trajectory of a chronic illness:

### PALLIATIVE CARE MODELS



We have developed an excellent palliative care program to meet patients with chronic illness well before they are even considered end of life – and plan to expand it as needed. Our Palliative Care APPs see patients in their homes, collaborate with specialists and PCPs, and even follow patients through hospitalizations. We have always had excellent hospice care and have a first-rate hospice house. Palliative care providers support patients long before they may even qualify for hospice, but still don't have their advanced needs met where they live.

We need physicians to take the lead here and get the appropriate patients in the program. Be open minded and talk with your patients. As a starting point, ask yourself the evidenced based surprise questions: "Would I be surprised if this patient died in the next year? What about two

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years?” Consider the gap in care happening for patients in their last two years of life that is most often met in the ER or a hospital bed.

These conversations may simply be started by talking with your family or your parents. Consider asking them how they would want to spend their time if they had an advanced illness. Would they want to return to the hospital over and over? Or would they want to know they have choices in their medical options? I think you will be surprised by the results.

My real interest in this began many years ago while making rounds in the ICU on a weekend. I came across the wife of an elderly patient sitting in an ICU room. Her husband was getting aggressive and excellent care. I asked her what all was being done to her husband and why. She responded, "I do not know". She followed with an unsolicited, "we never wanted all of this". A long conversation ensued. She did not realize that she had choices about how far this would go and did not want to offend the doctors by asking questions. "They worked so hard to help him". Their PCP never discussed their options with them prior to this – despite his advanced age and numerous medical problems. Later that day she requested hospice. He went to the hospice house the next day and died gracefully.

Several of my colleagues were very unhappy with me. How dare the GI consultant make this decision? But the decision was always the patient's, and his wife's, to make. Informing her of their rights to determine his care allowed the person who knew him better than anyone to decide how to love him.

I think about this event frequently as he would have been a great candidate for a palliative care program. All of this could have been sorted out before he ended up in ICU for over a month. There would have been a much lower emotional and financial cost. These transparent conversations could have been had while he still had capacity. In all fairness, this was many years ago and palliative care was not even a thing. Doctors on the case worked extremely hard and did an excellent job with the patient. However, we have options these days and it begins not only in the hospital but in the primary care office. We cannot afford to spend hundreds of thousands of dollars in the last 25 days of life. I implore you to consider the palliative care program. Getting patients engaged in these discussions just makes sense. In the end, the patients and their families are the ones who will decide what needs to be done.

Integris is actively growing our capabilities in this area. Please take the time to talk to patients about their wishes. Feel free to contact me if you have any questions. Also feel free to reach out to the people who do this work.

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The Palliative Care Office Number: 405-603-6928  
Director of Advanced Care Programs (blending the efforts of Palliative Care and Complex Care Coordination): Jessica Zan  
Director of Palliative Care: Terry Gonsoulin

Sincerely,  
Carl Raczkowski, M.D.  
President, INTEGRIS Health Partners

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## Save the Date – Tuesday, Jun. 21, 2022

**Please join us for the next INTEGRIS Health Partners Summit of 2022.**

We are excited to gather in person at the INTEGRIS Baptist Medical Center Auditorium for the next INTEGRIS Health Partners Summit of 2022. Attendance at three INTEGRIS Health Partners Summits is required to be eligible for 2022 IHP Shared Savings.

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**Time: 5:30 - 7 p.m.**

**Location: INTEGRIS Baptist Medical Center Auditorium**  
3300 N.W. Expressway,  
Oklahoma City, OK 73112

*Live Stream option will be available to those unable to attend in person.*

**Join Here: [IHP Summit Live Stream](#)**

Dinner  
**Time: 5:30 - 6 p.m.**

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### Presentation

#### Time: 6 - 7 p.m.

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This summit will be recorded and placed on the IHP website (Summits | INTEGRIS Health ([integrisk.com](https://integrisk.com))) after the event for those unable to attend in person.

The next IHP Summit date is tentatively scheduled for Tuesday, Sept. 27, 2022 from 5:30 to 7 p.m.



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## Coding & Documentation Improvement (CDI) Training: Metric Requirement for all IHP Physicians

Through our partners with Lumeris, INTEGRIS Health Partners providers will have access to CMS-HCC Risk Adjustment Education sessions to assist in completion of our 2022 IHP Metric requirements.

Live sessions through the Provider Engagement Education Program (PEEP) were released for registration at the February 2022 IHP Summit. Dates and registration information for live sessions can be viewed here: [Education | INTEGRIS Health \(\[integrisk.com\]\(https://integrisk.com\)\)](https://integrisk.com/education)

There is also an “on-demand” platform option titled Absorb that allows providers to view sessions on their own pace. You can find the Absorb On-Demand Training Access Guide here: <https://integrisk.com/ihp/education>.

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If you have any trouble registering for live PEEP sessions or the Absorb On-Demand platform, please reach out to us at [INTEGRISHealthPartners@integrisk.com](mailto:INTEGRISHealthPartners@integrisk.com).

### Self-Insured Health Plan Formulary Updates

Impactful medication formulary updates as of 4/1/22 for members of INTEGRIS Health Partners self-insured health plan which utilizes the Med-Impact pharmacy benefits manager are summarized in the tables below:

- Extended-release carvedilol (Coreg CR) is considered a high-cost generic and cost-effective alternative is regular release carvedilol at equivalent dosage given twice daily. Patients in the IHP Care Coordination program will no longer have \$0 copay on Coreg CR.

Medication	Action	Alpha/Beta-Adrenergic Antagonists on formulary (tier 1)
carvedilol phosphate 24H extended-release capsule ( <b>Coreg CR</b> )	Added to high-cost generic list  Removal from IHP care coordination formulary	<b>carvedilol (Coreg)</b> regular release tablet 25 mg, 12.5 mg, 3.125 mg, 6.25 mg  <b>labetalol</b> oral tablet 100 mg, 200 mg, 300 mg

- Insulin glargine basal insulin update: Basaglar insulin glargine 100 unit/mL is no longer formulary and replaced by Semglee, the first interchangeable biosimilar to the Lantus brand of insulin glargine is available in both pen injector and 10 mL vial. Listing of formulary basal insulins is provided in the table below.

Insulin	Action	Basal/long-acting insulin on Formulary (tier 2)
glargine (Basaglar kwikpen) 100 unit/mL	Removed	<b>degludec (Tresiba)</b> 100 unit/mL pen injector, 10 mL vial <b>degludec (Tresiba)</b> 200 unit/mL pen injector <b>detemir (Levemir)</b> 100 unit/mL pen injector, 10 mL vial
glargine-yfgn (Semglee) 100 unit/mL pen injector, 10 mL vial	Added	<b>glargine-yfgn (Semglee)*</b> 100 unit/mL pen injector, 10 mL vial *Semglee is first interchangeable biosimilar approved by FDA and means pharmacy-level substitution for other glargine insulin products allowed without prescriber intervention

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- Pneumococcal vaccine update:** the Affordable Care Act classifies pneumococcal vaccines as an essential health benefit. Availability is via the prescription or medical benefit but subject to pharmacy availability if volume is low and only ordered upon patient request. **“PneumoRecs VaxAdvisor”** is a useful mobile app from the CDC and provides guidance which pneumococcal vaccine patient is eligible for based on age and timing of prior doses as well as disease states.

Vaccine	Brand Name	Action	Comments
pneumococcal 15-valent conjugate	Vaxneuvance	Added	pneumococcal polysaccharide (Pneumovax 23) still available
pneumococcal 20-valent conjugate	Prevnar 20	Added	<a href="#">PneumoRecs VaxAdvisor</a> Mobile App from CDC for patient-specific guidelines
zoster vaccine live	Zostavax	Removed (Market withdrawal)	recombinant zoster vaccine (Shingrix) still available

- Comparison of continuous glucose meter (CGM) criteria:** Dexcom is the covered CGM platform via the pharmacy benefit and requires pharmacy benefit criteria to be met.
  - The members previously grand-fathered to the Libre platform on the pharmacy benefit also had to switch platform to Dexcom or transition to use of the medical benefit to remain on Libre (subject the specific Web TPA criteria summarized in the table below).
  - IHP Care Coordination program only covers Dexcom sensors (10-day replacement) at \$0 copay but does not cover the transmitter (replacement every 90-days) or the optional receiver device (needed by members without compatible smart phone access).

	Med-Impact for CGM via Pharmacy Benefit	WebTPA via Medical/DME Benefit	Medicare (covered by Part B benefit via DME)
Platform	Dexcom G6 only (sensor, transmitter, receiver if no compatible smart phone)  Sensors only covered by IHP Care Coordination program	Freestyle Libre 2 (sensor and reader if no compatible smart phone)	Dexcom/Libre all components
Criteria	- FSBG testing <b>4</b> times daily (adherence)	- FSBG testing <b>3</b> times daily (adherence)	- <b>≥ 3</b> insulin injections daily (prandial)

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	<p><b>AND</b> Meet <b>ONE</b> of following</p> <ul style="list-style-type: none"> <li>- Insulin pump continuous infusion</li> </ul> <p><b>OR</b></p> <ul style="list-style-type: none"> <li>- <b>≥ 3</b> insulin injections daily (prandial)</li> </ul> <p><b>OR</b></p> <ul style="list-style-type: none"> <li>- frequent insulin adjustment based on BG results</li> </ul> <p><b>OR</b></p> <ul style="list-style-type: none"> <li>- Clinical need for CGM (frequent hypoglycemia, hypoglycemia unawareness, unable to achieve control)</li> </ul>	<p><b>AND</b></p> <ul style="list-style-type: none"> <li>- <b>≥ 3</b> insulin injections daily (prandial/meal-time)</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>- Pt CGM education, adherent to diabetic treatment plan, participates in ongoing education</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>- Intensive insulin regimen/frequent adjustment based on BG results</li> </ul> <p>Separate professional CGM monitoring criteria 3-14 days: for suspected dawn phenomenon, hypoglycemia unawareness, unexplained hyperglycemia</p>	<p><b>OR</b></p> <ul style="list-style-type: none"> <li>- insulin pump continuous infusion</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>- frequent insulin adjustment based on BG results</li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>- In-person visit with provider within prior 6 months to evaluate diabetes control and document that above criteria are met <b>(Provider co-signed CMM visit may be used to meet requirement)</b></li> </ul> <p><b>AND</b></p> <ul style="list-style-type: none"> <li>- Provider visit every 6 months following the initial CGM order to assess diabetes treatment plan.</li> </ul>
Source	Pharmacy – PA required	DME JQ Medical or Edgepark	DME company contracted with plan

### Care Continuity Survey

All INTEGRIS Health Partners providers are encouraged to participate in a brief survey to offer feedback on the current state of referral processes at: <https://forms.office.com/r/3MX1nw4iaS>.

### Direct Contracting Beneficiary Notification Letter

Beneficiary Notification Letters have now been mailed to Direct Contracting beneficiaries in support of the Direct Contracting Program and in compliance with CMS regulations. There may be patients who bring this letter to your office or call your office with questions regarding Direct

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Contracting. To the extent possible, please field these questions as you are able to and reinforce the concept that the beneficiary's Medicare benefits **have not changed** and that they still have the freedom of choice to go to any doctor, hospital, or other healthcare provider of their choice that accepts Medicare. In the instance where you receive an inquiry that you are not able to resolve, please direct the beneficiary to call the DCE Customer Support phone number located on the letter and the DCE's support staff will assist (833-347-5670).

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### Epic Care Link

INTEGRIS Health has partnered with Epic to offer the EpicCare Link to our independent providers in IHP. The EpicCare Link system offers free, read-only access to INTEGRIS medical records allowing community providers access to review patient's charts creating a more transparent flow of information between physicians.

IHP providers interested in using the INTEGRIS EpicCare Link system can request access by going to [https://epiccarelink.integrisk.com/EpicCareLink/common/epic\\_login.asp](https://epiccarelink.integrisk.com/EpicCareLink/common/epic_login.asp) and clicking on Request New Account.

If you have trouble registering for an account, please contact the INTEGRIS IT Help Desk at 405-949-4086 or Toll Free at 866-609-4357.

### INTEGRIS Epic Connect

INTEGRIS Health values our health care partners and needs your support to provide an integrated experience of care for our patients. As a result, we offer INTEGRIS Health Connect to affiliated independent physicians and community hospitals for the purpose of improving clinical outcomes, the quality and experience of patient care, and communication among providers across care settings.

INTEGRIS Health Connect is a program to efficiently and affordably link providers, patients and facilities. Through Connect providers gain access to over 2 million individual patients across Oklahoma. As our patients access care from providers and facilities using Epic and Connect, these

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shared patients will virtually carry their records with them. Accessing this single record for each communal patient saves valuable time in the private office while also providing a community aligned patient record.

INTEGRIS Health Connect enhances coordination of care among physicians throughout our region and improves access to essential patient information for every provider joining the platform.

Those interested in learning more about the INTEGRIS Health Connect system can fill out an inquiry form at the following: [INTEGRIS Health Connect Inquiry Form | INTEGRIS Health \(integrisok.com\)](#).

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## Shared Savings and Metric Completion

### 2021 Shared Savings Timeline

- **March 31, 2022** - 2021 claims closed
- **April – June, 2022** - final costs and savings to the network will be evaluated and audited by internal and external experts
- **July 2022** - savings, if any, will be announced
- **August – September 2022** - shared savings distributed for those who qualify for participation; by check for independent physicians and through payroll for employed physicians

### 2022 Metrics & Completion List

Please review the 2022 clinical and operational metrics and completion list, available for you to view anytime at [Metrics | INTEGRIS Health \(integrisok.com\)](#).

Note: The metrics sheet is updated every Friday afternoon. If you complete a metric, please wait until the following week to check that it has been updated.

### April 2022 IHP Summit

Thank you to those who attended the April IHP Summit! If you were unable to attend in person, the event was filmed and is available to view on our IHP website: [April 2022 Summit | INTEGRIS Health \(integrisok.com\)](#). This video will count towards the 2022 metric requirements.

We hope to see you all at our next IHP Summit on Tuesday, June 21, 2022!

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### CDI Training

CDI training has been a requirement for specialty providers in the past. However, beginning in 2022, we have added it as a metric requirement for all IHP physicians. You can access information regarding CDI Training through our IHP website: [Education | INTEGRIS Health \(integrisk.com\)](https://www.integrisk.com/education). See below CDI metric requirement schedule below:

- Complete 2 CDI trainings by the end of Q2 (6/30/2022)
- Complete 1 CDI training during Q3 (7/1/2022-9/30/2022)
- Complete 1 CDI training during Q4 (10/1/2022-12/31/2022)

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### Upcoming Dates

Please mark your calendars for these upcoming important dates and educational events.

#### May 31, 2022

- Must update practice information to have updated information included in 2022 IHP Provider Directory

#### June 2022

- Pod Meetings To Be Announced

#### June 21, 2022

- INTEGRIS Health Partners Summit  
Location: INTEGRIS Baptist Medical Center Auditorium  
Live Stream Option will be available  
Time: 5:30 PM – 6:30 PM

#### June 30, 2022

- Complete 2 CDI trainings

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### Update Your INTEGRIS Health Partners Profile

Our INTEGRIS Health Partners team has been hard at work updating the IHP Provider Roster and Directory. In an effort to ensure accuracy, we ask that you take time to fill out this short 10 minute survey to update your information: [INTEGRIS Health Partners Profile Update Form](#).

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This will be used to update our IHP Provider Roster and Directory, as well as your INTEGRIS Health website provider profile.

Please reach out [Bailey.Thompson@Integrisk.com](mailto:Bailey.Thompson@Integrisk.com) with any questions you have regarding this form.

### New Physicians and Advanced Practice Providers

<p><b>Gary Anderson, MD</b> Orthopedic Surgery Anderson Sports Medicine and Orthopedic Center, PLLC 13100 N. Western Ave. OKC, OK 73114 (405) 418-4500</p>	<p><b>Fiona Aronberg, ACNP</b> Certified Pediatric Nurse Practitioner - Acute Care Zuhdi Transplant Physicians - Hospital Based 3300 NW Expressway OKC, OK 73112 (405) 949-3349</p>	<p><b>Samantha Bellinger, APRN</b> Nurse Practitioner, Family INTEGRIS Health Medical Group Baptist Pulmonary Medicine 3366 NW Expressway Suite 660 OKC, OK 73112 (405) 947-3345</p>	<p><b>Victoria Bugg, MD</b> Ophthalmology Dean McGee Eye Institute 608 Stanton L. Young Boulevard OKC, OK 73104 (405) 271-6060</p>
<p><b>Joesph Crossno, MD</b> Internal Medicine, Pulmonary Disease Zuhdi Transplant Physicians - Lung 3300 NW Expressway OKC, OK 73112 (405) 949-3349</p>	<p><b>Mollie Dilbeck, APRN-CNP</b> Nurse Practitioner Integrisk Cardiovascular Physicians 4221 S. Western Ave, Suite 2010 OKC, OK 73109 (405) 644-5120</p>	<p><b>Chelsey Gilbertson, DO</b> Emergency Medicine Team Health 2900 S Telephone Road, Suite 250 OKC, OK 73160 (405) 237-7500</p>	<p><b>John Goetzinger, MD</b> Rheumatology The Physicians Group, LLC 6516 N. Olie Ave., Suite G OKC, OK 73116 (405) 608-8060</p>
<p><b>Lacey Hill, APRN</b> Nurse Practitioner, Family INTEGRIS Health Medical Group Baptist Pulmonary Medicine 3366 NW Expressway, Suite 660 OKC, OK 73112 (405) 947-3345</p>	<p><b>Rejoy Kurien, MD</b> Internal Medicine INTEGRIS Health at Home - Hospital 5501 N Portland Ave, Suite 214 OKC, OK 73112 (405) 200-1999</p>	<p><b>Jennifer Le, APRN</b> Nurse Practitioner, Family The Physicians Group, LLC 4400 Grant Boulevard Yukon, OK 73099 (405) 787-8555</p>	<p><b>Alexander Mach, DO</b> Pediatrics Just Kids Pediatrics 7530 NW 23rd St Bethany, OK 73008 (405) 757-7818</p>
<p><b>Katherine Mansalis, MD</b> Family Medicine INTEGRIS Health at Home – Hospital 5501 N Portland Ave, Suite 214 OKC, OK 73112 (405) 200-1999</p>	<p><b>Beth Miller, APRN</b> Nurse Practitioner, Women's Health INTEGRIS Edmond Women's Care 4833 INTEGRIS Parkway, Suite 200 Edmond, OK 73034 (405) 657-3955</p>	<p><b>Todd Mollet, MD</b> Dermatology Todd Mollet, MD PLLC 13100 N. Western Ave, Suite 301 OKC, OK 73114 (405) 947-6647</p>	<p><b>Rebecca O'Donnell, APRN</b> Nurse Practitioner, Pain Medicine Oklahoma Pain Management 3601 NW 138th Street, Suite 200 OKC, OK 73134 (405) 242-4100</p>

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<p><b>Dennis Parker, MD</b>          INTEGRIS Health Medical          Group Baptist Pulmonary          Medicine          3366 NW Expressway,          Suite 660          OKC, OK 73112          (405) 947-3345</p>	<p><b>Ravi Patel, MD</b>          Internal Medicine          INTEGRIS Hospitalists - Baptist          3300 NW Expressway          OKC, OK 73119          (405) 945-5215</p>	<p><b>Maria Plata, MD</b>          Psychiatry          Balance Women's Health, Inc.          dba LifeStance Health          1105 SW 30th Court          Moore, OK 73160          (405) 378-2727</p>	<p><b>Dakota Poulton, APRN</b>          Nurse Practitioner          Zudhi Transplant Physicians-          Hospital Based          3300 NW Expressway          OKC, OK 7311          (405) 947-3345</p>
<p><b>Elise Schrop, MD</b>          Obstetrics and Gynecology          Integris Canadian Valley          Women's Clinic          1205 Health Center          Parkway, Suite 240B          Yukon, OK 73099          (405) 717-5496</p>	<p><b>Ryne Shafer, PA</b>          Physician Assistant,          Orthopedic Surgery          The Physicians Group, LLC          9800 Broadway Extension,          Suite 203          OKC, OK 73114          (405) 424-5415</p>	<p><b>William Terrazas, APRN-CNP</b>          Nurse Practitioner          Oklahoma Emergency          Physicians, LLC dba IBMC ER          Physicians          3300 NW Expressway          OKC, OK 73112          (405) 951-2545</p>	<p><b>T. Minh Tran, MD</b>          Family Medicine          INTEGRIS Family Care NW          Family Medicine          3330 NW 56th St, Suite 305          OKC, OK 73112          (405) 606-7800</p>
<p><b>Julie Wiley, DO</b>          Obstetrics and Gynecology          Julie Wiley DO          1510 SW 119th St          OKC, OK 73170          (405)339-0204</p>	<p><b>Jennifer Yeaman, APRN</b>          Nurse Practitioner, Family          Total Wellness          7017 N. Robinson          OKC, OK 73116          (405) 810-8677</p>		