



# INTEGRIS Health Partners

## NEWSLETTER

## March 2024

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## Letter from the President

Dear Colleagues,

March has multiple days that have significance for physicians.

First, it is Colon Cancer Awareness Month. Colon cancer is unique in that it is almost totally preventable. There are numerous events to raise awareness about colon cancer screening and prevention and how it saves lives. As physicians, we must close the loop to ensure that our patients get this done. It all starts at age 45. In the first week of March, I was reminded of what this means to the patient. In March 2023, I diagnosed several colon cancers. 2 of them really stood out. One was a 31-year-old male and the other was a 47-year-old male. I remember their spouses crying and being in shock in the recovery area after the colonoscopies were done. There was real devastation for the patients and their wives. Happily, in 2024, the crying was tears of joy. The sense of relief knowing that the cancer had been beaten was incredible. Both ended up with curative resections and did not have to go to chemotherapy. It was one of those weird serendipity things that I scoped them back-to-back during the first week of Colon Cancer

Awareness Month. Unfortunately, I have just as many patients who came in too late to have such an easy outcome and they went through an enormous struggle. They would have done anything to go back to find a physician to send them for appropriate screening or listened to someone who tried to get them to do it.

If you are reading this and you are 45 years old or older and you have not had colon cancer screening, I can only ask you "what are you waiting for?". Do it for your kids and your family and your loved ones and your friends if you do not want to do it for yourself. It is a devastating disease and the great regret you will have for not getting this done until it is too late may be as bad as the illness itself. To quote the Nike Corporation "JUST DO IT!"

The second important March event is INTEGRIS Physician Appreciation Days. This is done in recognition of National Doctors Day which occurs on March 30. Why is this on March 30 you ask? It just so happens that on March 30, 1842, Dr. Crawford Long used ether as an anesthetic for the first time in history. So, when the first Doctor's Day was planned in 1933, that date was chosen. Be sure to participate in the events scheduled across INTEGRIS. There will be information on how to obtain free wellness labs and get your special 2024 Physician appreciation gift. There will be food and activities and a chance to see some of your colleagues that you may have not interacted with for a while.

The third March event that happens is Match Day. You guys remember that day and that sense of anticipation and excitement? It was so much of a relief to know where you were going to spend the next few years of your training. I hope that all your friends and/or your children got their first pick. These doctors that matched this month are our future and they need to be mentored. If you have a chance to support them, please do. I still have a special place in my heart for those friends that took me out to dinner or bought me groceries when I was in medical school and residency. It cost even more these days and most of them have financial struggles. I know we all had it a lot harder than they do now and they do not even have to park in the D lot at OU. But it is still some of the hardest training you can go through we must continue to grow our profession.

It is hard to believe that we are one fourth of the way through 2024. It is always the most optimistic time of the year, and everybody starts to feel better with longer days, green grass, and flowers. Take care of yourself and keep advocating for our patients. They truly appreciate what you do though sometimes it is hard to tell. When you intervene and save somebody's life or prevent them from having pain and suffering it should make you feel good. Their lives many times truly depend on us. This profession is really about them and not about us.

Sincerely,

Carl Raczkowski, M.D.  
President, INTEGRIS Health Partners

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**Physician Appreciation Days**





# Physician Appreciation Days

March 2024

In recognition of **National Doctors' Day**, INTEGRIS Health would like to thank you for all that you do to heal our patients and improve the health of our community!

Information on how to obtain your free wellness labs and order your 2024 Physician Appreciation Day gift will be provided at facility breakfast and lunch events.

For INTEGRIS Health Medical Group physicians unable to attend a facility meal, information on ordering your gift will be available in your clinic.

FACILITY	DATE	TIME	LOCATION
INTEGRIS Health Miami Hospital	Friday, March 29	11:30 a.m. - 1:30 p.m.	Miami Room
INTEGRIS Health Grove Hospital	Tuesday, March 26	11:30 a.m. - 1:30 p.m.	Boardroom
INTEGRIS Health Canadian Valley Hospital	Tuesday, March 26	11:30 a.m. - 1:30 p.m.	Conference Room A/B
INTEGRIS Mental Health Spencer	Thursday, March 21	11:30 a.m. - 1 p.m.	Conference Room Green
INTEGRIS Health Cancer Institute	Wednesday, March 27	7 a.m. - 9 a.m. 11 a.m. - 1:30 p.m.	Conference Room B Conference Room D/E
INTEGRIS Health Southwest Medical Center	Tuesday, March 26	6:30 a.m. - 8 a.m. 11 a.m. - 1:30 p.m.	Physician Dining Room
INTEGRIS Health Edmond	Tuesday, March 26	7 a.m. - 9 a.m.	North/Santa Fe, Seating in IHE Executive Board Room
INTEGRIS Health Baptist Medical Center N.W. Expressway	Friday, March 29	6:30 a.m. - 8:30 a.m. 11 a.m. - 1 p.m.	Conference Room JKL
INTEGRIS Health Baptist Medical Center Portland Ave.	Friday, March 29	6:30 a.m. - 8:30 a.m. 11 a.m. - 1 p.m.	Physician Conference Room
INTEGRIS Bass Baptist Health Center	Friday, March 29	11 a.m. - 1 p.m.	Physicians' Lounge
INTEGRIS Health Lakeside Women's Hospital	Wednesday, March 27	7:30 a.m. 11:30 a.m. - 1:30 p.m.	Breakfast in Break Rooms Lakeside Conference Room
INTEGRIS Health Ponca City Hospital	Tuesday, March 26	12 p.m. - 1 p.m.	Conference Room C

**Emerging Leader Academy – Call for Applicants**

Are you a dedicated physician or advanced practice provider (APP) at **INTEGRIS Health**? Are you ready to take your career to the next level and develop essential leadership skills? Look no further! The **Emerging Leader Academy** is designed to empower and equip healthcare professionals like you with the tools needed to excel in leadership roles.

#### **Program Overview:**

- **Duration:** August 2024-June 2025
- **Objective:** Cultivate foundational leadership competencies for INTEGRIS Health physicians and APPs
- **Target Audience:**
  - Physicians
  - Advanced Practice Providers (APPs)
- **Key Areas of Focus:**
  - **Communication:** Enhance your ability to convey ideas, collaborate effectively, and engage with diverse stakeholders.
  - **Influence:** Learn strategies to inspire and motivate others, driving positive change within your teams and organization.
  - **Negotiation:** Develop skills to navigate complex situations, advocate for your team, and achieve win-win outcomes.
  - **Finance:** Understand financial principles relevant to healthcare management and decision-making.
  - **Conflict Resolution:** Gain techniques for managing disagreements constructively and fostering a harmonious work environment.
  - **Quality Improvement:** Explore best practices for ensuring patient safety, quality care, and continuous improvement.

#### **Application Details:**

- **Application Period:** Open now through **April 1**
- **Eligibility:**
  - Physicians (all specialties)
  - APPs (Nurse Practitioners, Physician Assistants, etc.)
- **How to Apply:**
  - Complete the application here [Emerging Leader Academy Application](#)
  - Submit your application by April 1

#### **Benefits:**

- **Personal Growth:** Expand your leadership toolkit and enhance your professional capabilities.
- **Networking:** Connect with like-minded peers and mentors.

- **Exclusive Opportunities:** Access to the AAPL platform, discounts for pursuing a Certified Physician Executive Certificate.
- **Exposure:** Upon successful completion, your name will be shared as someone who has completed crucial training to be a physician leader.

### Spread the Word:

We encourage all up-and-coming leaders within the INTEGRIS Health community to apply! Share this opportunity with colleagues, mentees, and anyone who embodies the spirit of leadership.

For inquiries, contact our program coordinator, Nadine Rayan at [Nadine.Rayan@integrishhealth.org](mailto:Nadine.Rayan@integrishhealth.org).

Don't miss out on this transformative experience. Apply today and pave the way for a brighter healthcare future!

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## Lumeris Learning Platform Changes

Lumeris has migrated provider learning and resources from Absorb to the new Lumeris University website accessible through the <https://apps.lumeris.com> portal. The preferred browser to access this portal is Google Chrome.

- This new learning platform is your "one-stop-shop" for Risk Adjustment Education (PEEP Webinar Recordings, Documentation & Coding Tips) and Clinical Education (CME-eligible ACT Documents that provide clinical guidance for common conditions).
  - **Important: To receive CME credit (or citizenship requirements from IHP), you MUST complete the attestation and submit the required information to receive credit for your participation.**
- Please refer to the new [User Access Guide](#) for step-by-step navigation to the new Lumeris University Learning and Resources icon on the portal landing page.
  - Note: When logging in for the first time, you may be prompted to confirm your email address. If prompted, click "**Log in with third party.**"

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## CMS-HCC Risk Adjustment Education

The Lumeris Provider Education Engagement Program Calendar for 2024 is now available to view [here](#). These sessions are live webinars designed to enhance your knowledge of the principles of CMS-HCC risk adjustment model and the importance of accurate and complete documentation. The webinar for April is:

### There's Something About Mary's Diabetes

Documentation requirements for diabetes and related complications and conditions to support accurate diagnosis coding. Review of V28 changes related to diabetes and complications.

[April 11th, 12pm-1pm](#)

[April 11th, 6pm-7pm](#)  
[April 12th, 12pm-1pm](#)

To register, click the link for desired session's date and time.

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## Pharmacy Update

### **Lower-cost Humira biosimilar (adalimumab-adaz) newly added to INTEGRIS Health Caregiver Health Plan Formulary**

- Humira (adalimumab) is one of the top 5 high-cost medications on the INTEGRIS Health plan
- **System cost:** \$1,300 per 40 mg dose for the newly available tier 1 **unbranded** version of Hyrimoz (adalimumab-adaz) 40 mg/0.4 mL pen compared to original Humira (\$6,400 per 40 mg dose). Other biosimilars are also on the formulary but very minimal cost difference compared to original Humira (Cyltezo, Amjevita, branded Hyrimoz)
- **Patient copay for tier 1 biologic:** \$10 per 30-day supply (prior authorization still required)
- When appropriate based on indication and patient-specific factors consider starting new patients or anyone not tolerating original Humira with unbranded adalimumab-adaz. The biosimilars on the formulary are all formulated without citrate and preservatives.

### **100-day supply for chronic medications vital to Medication Adherence Metric Success**

- The triple weighted adherence metrics for **RAS antagonist, statins, and non-insulin medications for diabetes** must remain **above 4.5 stars** for success in the IHP value-based care contracts.
- Metrics are based on a patient's supply possessed via pharmacy claims through the Medicare Part D benefit only (excludes supply obtained via cash-pay, VA, Tribal health, and charitable/patient assistance)
- 100-day supply for most of medications excluding the brand name diabetes medications have minimal to now cost to the patient and provide the needed cushion in medication supply to allow for patient delays in refilling medications due to hospitalizations and other uncontrollable factors that will cause patient to prematurely fail the measure despite reasonable adherence
- INTEGRIS Health Epic has 100-day supply defaulted for the low-cost adherence metric medications and any soft-notifications regarding exceeding 365-day supply are being addressed (current soft-notifications on certain orderables do not prevent the Epic order from being transmitted as 100-day supply)
- Plans that do not recognize 100-day supply will have days supply changed to 90-days by the pharmacy during claims processing

### **Don't forget metformin**

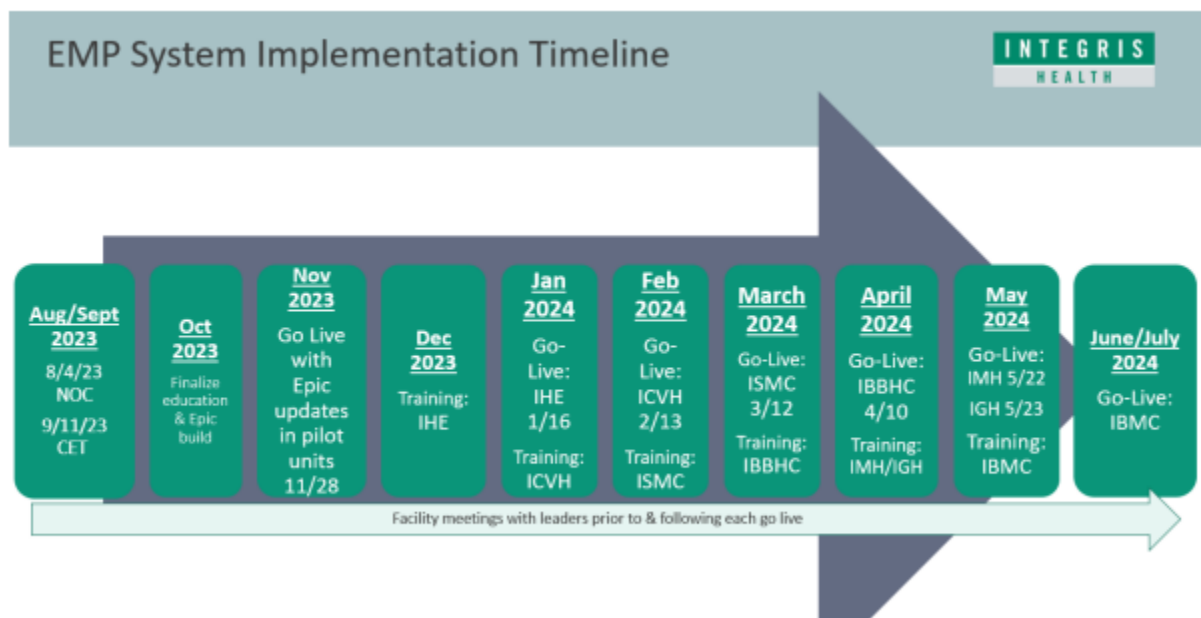
- Metformin is a valuable tool with robust evidence supporting improvement in glycemic control, delaying progression of T2DM and Pre-DM, and offering its own improvement in cardiovascular outcomes
- No other anti-diabetic medication addresses the hepatic glucose production problem in T2DM/Pre-DM in addition to improving insulin resistance which often results in weight loss along with patient-self-management efforts

- Metformin extended release 500 mg tablet (generic to Glucophage XR 500 mg) is present on the preference list within primary care (those on IH Epic only) and is the most cost-effective, tolerated, and easiest-to-swallow strength
- As with many diabetes medications dose ramping (even for re-challenges) is necessary for tolerability
- A standardized dose-ramping preference list order panel is available on primary care preference lists (IH Epic only) to improve the ease of ordering an initial dose ramping regimen utilizing the 500 mg ER strength with meals up to the selected target dose based on renal function and glycemic goals (max target dose of two, 500 mg ER tablets twice daily with meals)

## Clinical Programs Update

### Women’s & Children’s CP Update – Jill Hughes, Drs. Smith and Vanlandingham

- Nitrous Oxide for the Intrapartum Patient
  - Implemented at INTEGRIS Health Edmond
  - Completed training at IBMC – Go Live March 2024
  - Scheduled for implementation: ISMC, LWH, ICVH
- Created a RhoGam shortage mitigation plan for hospitals and clinics
- Implemented the “Fetal Monitoring of Pregnant Patients during Non-Obstetric Procedures” Policy
- Intensive Medicine CP Update – Jana Williams, Dr’s. Peterson, Biedermann, and Britt
- Early Mobility Pathway: Phased go live January - June 2024



### Neuroscience and Orthopedic Update – Briton Stoll, Dr. Brent Beson and Dr. Keith Gannaway

- Non-Hemorrhagic Stroke Clinical Pathway Pilot – Go-Live March 5, 2024
- Transition from Alteplase to Tenecteplase for Acute Stroke Patients for INTEGRIS Health Certified Stroke Centers – Go-Live March 5, 2024
- CT Perfusion Implementation for INTEGRIS Health Edmond – Go-Live March 11, 2024
- Developing Pre-Operative Patient Education Packet for Elective Total Joints

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## IHP Credentialing

IHP Providers,

As a reminder, all INTEGRIS Health Partners providers are required to undergo some form of credentialing to participate in the INTEGRIS Health Partners Network. There are 3 ways providers can be credentialed for network participation:

- **INTEGRIS employed providers:**
  - These providers are credentialed by the INTEGRIS Credentials Verification Office (CVO) as a part of their employment. This information is shared with IHP and reviewed by our IHP Network Strategy and Credentials Committee for network approval.
  
- **Independent providers who do NOT maintain privileges at an INTEGRIS facility:**
  - These providers can submit a [Participation Request Form](#) and be credentialed by our IHP Credentialing team. Once the application and verification process is complete, providers will be reviewed by our IHP Network Strategy and Credentials Committee for network approval. Reappointments for these providers are managed by the IHP Credentialing team.
  
- **Independent providers who maintain INTEGRIS facility privileges:**
  - These providers can apply for network participation using their hospital privileges by submitting an [Add/Change Form](#). These providers will also go through our IHP Network Strategy and Credentials Committee for approval.
  - If a provider in this category resigns their hospital privileges, they will need to submit a [Participation Request Form](#) and be credentialed by IHP Credentialing.
    - If hospital privileges are resigned and the provider does not apply for IHP Credentialing, they will be termed from IHP in line with requirements laid out in section 2.1.1 of the IHP Network Participation Agreement.

Providers can review their credentialing status using this link: [MD-Query \(mdquery.com\)](https://mdquery.com)

If you have any questions, please contact our team at [IHPCredentialing@integrishealth.org](mailto:IHPCredentialing@integrishealth.org).

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## Coding Tip of the Month:

# Did You Know?



When hypertension and chronic kidney disease are both present in a patient, they are reported together. We can presume a causal relationship between hypertension and chronic kidney disease unless you tell us otherwise.

*Use code set I12 Hypertensive chronic kidney disease to report these conditions. Do not use I10 Hypertension. Your note documentation should include support of each reported condition, including a clearly documented status and plan of each condition, for accurate and compliant reporting.*

## Validated Coding & Documentation Example

**I12.0** Hypertensive chronic kidney disease with stage 5 chronic kidney disease or end stage renal disease  
Well controlled on lisinopril; no changes made; continue on same dose

**N18.6** End stage renal disease  
Currently stable, with no further progression; managed by nephrology; on dialysis T, Th and Sat; to continue same, per nephrology

**Z99.2** Dependence on renal dialysis  
Currently on dialysis T, Th and Sat; continue same, per nephrology

This document is provided by Lumeris solely for education purpose. The information herein is not intended to supersede a provider's judgement, standard of care or be deemed exhaustive of all proper methods of care. While a summary of recommendations from recognized clinical guidelines is presented, no formal practice recommendations by Lumeris should be inferred. The applicability of the information, including any recommendation, must be assessed by the treating physician in light of all relevant circumstances presented by an individual patient. This document is subject to periodic revision. ICD-10-CM codes effective 10/1/2023- 9/30/2024

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## Epic Care Link

INTEGRIS Health has partnered with Epic to offer the EpicCare Link to our independent providers in IHP. The EpicCare Link system offers free, read-only access to INTEGRIS medical records allowing community providers access to review patient's charts creating a more transparent flow of information between physicians.

IHP providers interested in using the INTEGRIS EpicCare Link system can request access by going to [https://epiccarelink.integrisk.com/EpicCareLink/common/epic\\_login.asp](https://epiccarelink.integrisk.com/EpicCareLink/common/epic_login.asp) and clicking on Request New Account.

If you have trouble registering for an account, please contact the INTEGRIS IT Help Desk at 405-949-4086 or Toll Free at 866-609-4357.

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## Update Your INTEGRIS Health Partners Profile

Our INTEGRIS Health Partners team has been hard at work updating the IHP Provider Roster and Directory. In an effort to ensure accuracy, we ask that you take time to fill out this short 10-minute survey to update your information: [INTEGRIS Health Partners Profile Update Form](#). This will be used to update our IHP Provider Roster and Directory, as well as your INTEGRIS Health website provider profile.

If you are a new provider or an existing provider and had recent changes to your provider TIN and/or clinic locations and have not already made the change with HealthCare Highways, please visit this link [Providers: Tailored Plans for Patient-Centric Care | Healthcare Highways](#). At the bottom of the page, go to “Update Your Information” and complete the ACT Roster template with updated provider information. This update will ensure provider claims are processed correctly.

Please reach out to [ihpcredentialing@integrishealth.org](mailto:ihpcredentialing@integrishealth.org) with any questions you have regarding these forms.

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## Provider Headshots

Calling all headshots! We are in the process of updating all IHP provider headshots on the INTEGRIS Health website. It is important to patients when they are looking for a new doctor to have a visual representation of who they will be going to for their health concerns and continued care.

IHP has collaborated with Marketing to allow providers to make appointments to get headshots taken at the [INTEGRIS Health Corporate Tower](#). Please contact [Lainey.Townsend@integrisok.com](mailto:Lainey.Townsend@integrisok.com) to schedule your appointment. Once completed, the provider will receive a copy of their professional headshot to use for marketing purposes. If you already have a professional headshot, please email it to [INTEGRISHealthPartners@integrisok.com](mailto:INTEGRISHealthPartners@integrisok.com).

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## New Physicians and Advanced Practice Providers

Munawar Ali, MD Orthopedic Surgery, Hand Surgery FM Orthopedics, LLC 1104 E. State Highway 152 Mustang, OK 73064 (405) 644-5428	Jeremy Almon, MD Anesthesiology HPI Physicians, LLC 14024 Quail Pointe Dr. Oklahoma City, OK 73134 (405) 242-2713	Jensen Atkinson, CRNA Certified Registered Nurse Anesthetist HPI Physicians, LLC 3100 SW 89th St. Oklahoma City, OK 73159 (405) 602-8390	Jessica Awung, CRNA Certified Registered Nurse Anesthetist Deaconess Anesthesia Services, LLC 5501 N. Portland Ave. Oklahoma City, OK 73112 (405) 604-6141
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<p>Blaire Blankinship, APRN Advanced Practice Registered Nurse Allergy Partners of Oklahoma 3201 N. Van Buren St. Suite 350 Enid, OK 73703 (580) 366-0844</p>	<p>James Block, MD Family Medicine INTEGRIS Health Medical Group Council Crossing 9417 N. Council Rd. Suite 200 Oklahoma City, OK 73162 (405)470-2590</p>	<p>Carolyn Hoffman, APRN Nurse Practitioner, Family Medicine INTEGRIS Health AllSet Urgent Care South Classen 3075 Classen Blvd Suite 226 Oklahoma City, OK 73071 (405) 427-4941</p>	<p>Thomas Kamumo, PA Physician Assistant INTEGRIS Vinita Express Care-RHC 216 S. 7th St. Vinita, OK 74301 (918)256-1500</p>
<p>Zachary Martin, MD Wound Care and Hyperbaric Medicine Healogics Specialty Physicians of Oklahoma, PLLC 5700 N. Portland Ave. Suite 310 Oklahoma City, OK 73112 (405) 604-4380</p>	<p>Cathrine Miles, APRN Advanced Practice Registered Nurse, Pediatrics Just Kids Pediatrics 2921 SW 89th St. Oklahoma City, OK 73159 (405) 757-7818</p>	<p>Mark Osborn, PA-C Physician Assistant INTEGRIS Health AllSet Urgent Care South Classen 3075 Classen Blvd Suite 226 Oklahoma City, OK 73071 (405) 427-4941</p>	<p>James Paul, MD Anesthesiology Anesthesia Scheduling Services PC 608 NW 9th St. Suite 6210 Oklahoma City, OK 73102 (405) 272-9641</p>
<p>Tina Stinson, PA Physician Assistant, Pediatrics Norman Pediatric Associates, P.C. 3231 Healthplex Dr. Norman, OK 73072 (405) 321-5114</p>	<p>Amy Walker, PA Physician Assistant Heritage Health Services, LLC 6516 N. Olie Ave. Suite G Oklahoma City, OK 73003 (405) 608-8060</p>	<p>Jessica Yocum, MD Pediatrics Village Center Pediatrics 2820 N. Kelly Ave Suite 200 Edmond, OK 73003 (405) 726-8000</p>	

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