

February 2023

In This Month's Issue:

- [Letter from the President](#)
- [Coding Tip of the Month](#)
- [CMS-HCC Risk Adjustment Education](#)
- [Pharmacy Update – 2023 INTEGRIS Employee Health Plan Step Therapy Requirement](#)
- [Clinical Programs Update](#)
- [APP Update](#)
- [Emerging Leader Academy](#)
- [Pediatric Headaches](#)
- [Epic Care Link](#)
- [INTEGRIS Epic Connect](#)
- [Outmigration](#)
- [Action Needed: Update your IHP Profile](#)
- [New Physicians and Advanced Practice Providers](#)

Letter from the President

Dear Colleagues,

The IHP Summit last week covered the importance of correct coding and documentation in value-based care. There was excellent discussion, and we had many questions from those in the room and on Teams. Having a good understanding of what RAF scores mean and how they affect care delivery and finances is critical.

It is expected that 100% of government-sponsored health care will be delivered in value-based or risk sharing arrangements by 2030. Over 50% of Medicare members are already in this type of care delivery. This isn't going away, and most commercial payors are adopting similar arrangements.

It was great to see so many engaged doctors in the room. One of the best parts of the Summit is the fellowship and comradery, and we hope to see more faces in person at the next one. Please take the time to watch the one hour recording of the Summit. There is a link [here](#). IHP's focus this year is educating you about how to succeed in value-based care and risk sharing. If you need or want more information, please contact us at INTEGRISHealthPartners@integrisok.com

Sincerely,

Carl Raczkowski, M.D.
President, INTEGRIS Health Partners

Coding Tip of the Month:

Atrial Fibrillation

Atrial Fibrillation (AF) is a common rhythm disturbance, which increases in prevalence with advanced age.

Atrial Fibrillation classifies to the following specified ICD-10 codes: (not all-inclusive)

I48.0 - Paroxysmal Atrial Fibrillation (intermittent, stopping by itself within 7 days)

I48.20 - Chronic, unspecified (use of one of the more specific descriptive terms is preferred)

I48.21 - Permanent atrial fibrillation (Atrial fibrillation that occurs when an irregular heart rhythm is unable to be corrected with treatment and continues indefinitely)

I48.91 - Unspecified Atrial Fibrillation - physician does not know or state type (common with new onset Afib)

I49.5 - Sick Sinus Syndrome refers to dysrhythmias related to a malfunction of the sinoatrial node

To validate the reporting of this condition / diagnosis accurately document the following:

- All applicable descriptors (paroxysmal, persistent, permanent, etc.)
- Signs and symptoms (irregular rhythm, tachycardia, lightheadedness, chest pain, palpitations, shortness of breath, fatigue, etc.) and link them to the Afib as appropriate.
- Status (controlled by medication, stable, worsening, improving, etc.)

(Validated Coding & Documentation Example below)

I48.0 – Paroxysmal Atrial Fibrillation – Controlled, continue taking Eliquis as prescribed.

Heart Failure

Congestive heart failure is the mechanical inability of the heart to pump blood efficiently, thus compromising circulation and causing systemic complications due to congestion and edema.

Heart Failure classifies to the following specified ICD-10 codes: (not all-inclusive)

- I50.22 Chronic systolic HF**
- I50.812 Chronic right HF**
- I50.32 Chronic diastolic HF**
- I50.9 Congested Heart Failure NOS**

To validate the reporting of this condition / diagnosis accurately document the following:

- All applicable descriptors (congestive, hypertensive, acute, chronic, acute-on-chronic, diastolic, systolic, etc.)
- Signs and symptoms (edema, weight gain, shortness of breath, fatigue, etc.)
- Status (controlled by medication, stable, worsening, improving, compensated, decompensated, etc.)

(Validated Coding & Documentation Example below)

I50.22 Chronic Systolic Heart Failure – Stable, continue Entresto daily.

“Do not use the descriptor “history of” to describe current Heart Failure or Atrial Fibrillation. Per CMS, “history of” implies the condition no longer exists or has resolved.”

CMS-HCC Risk Adjustment Education

The Lumeris Provider Education Engagement Program Calendar for 2023 is now available to view [here](#). These sessions are webinars designed to enhance your knowledge of the principles of CMS-HCC risk adjustment model and the importance of accurate and complete documentation. Information on the upcoming webinar for March is below. As a response to the IHP Provider Survey requests for additional Risk Adjustment education, these recommended videos are also available for you to view on-demand at Lumeris.myabsorb.com. Please contact INTEGRISHealthPartners@integrisk.com if you have issues accessing the content.

- [PEEP Introduction to Risk Adjustment 101](#)
- [PEEP Documentation Requirements](#)
- [2022 – Applying Basic Coding and Documentation](#)
- [2022 – Basic Coding and Documentation Principles](#)
- [PEEP ICD-10-CM Coding \(October 2022\)](#)

Diabetes Mellitus & Associated Manifestations	Documentation requirements for diabetes and associated complications/manifestations to support accurate diagnosis coding.	March 9 12pm – 1pm	March 9 6pm – 7pm	March 10 12pm – 1pm
		REGISTER NOW	REGISTER NOW	REGISTER NOW

Please also mark your calendars for this upcoming educational event:

- Risk 101 for Pediatrics PEEP: 12 p.m. March 3 and 6, and 6 p.m. March 14. Register [here](#).

Pharmacy Update – 2023 INTEGRIS Employee Health Plan Step Therapy Requirement

Diabetes-indicated GLP-1 receptor agonist (RA) class is being narrowed for use in persons with diabetes in a two-phase approach (e.g., Victoza, Trulicity, Rybelsus, Ozempic, Mounjaro, Bydureon/Byetta).

Impacted individuals have received communication from Med-Impact, the pharmacy benefits manager for the self-insured health plan.

Phase 1:

- Individuals started on diabetes-indicated GLP-1 RA agents Jan. 1, 2023 or later will require step therapy with evidence-based anti-diabetic agents.
- Individuals with active prescriptions prior to Jan. 1, 2023, have been excluded from step therapy requirements until March 31, 2023.

Phase 2:

- Beginning April 1, 2023, step therapy requirements will be activated for all individuals prescribed the diabetes-indicated GLP-1 RA agents.

The weight-loss indicated GLP-1 receptor agonists on the formulary (Saxenda and Wegovy) should be utilized per the prior authorization process in individuals meeting BMI threshold, weight-loss education, and/or weight-loss percentage criteria.

Clinical Programs Update

Vice President CP Update – Dr. Chelsey Gilbertson

- Developed the Clinical Programs Playbook for evidence-based care implementation, creating a standardized approach for successful change management
 - Glycemic Management Part 1: Hyperglycemia Management Protocol – phased System roll-out beginning Feb. 20
 - OB Rupture of Membranes Testing– Live Feb. 28
 - Colon Procedure Perioperative Orders – Feb. 2023
- Partnering with system Strategy and key stakeholders on Tactical Smart Growth opportunities

Women’s & Children’s CP Update – Jill Hughes, Drs. Smith and Vanlandingham

- Trialing the Jada Hemorrhage Management System at Baptist and Lakeside: LIVE Feb. 1, 2023
- Partnering with operational leaders on Level 2 Special Care Nursery Capacity/Strategy
- Partnering with the OSHD Collaborative regarding congenital Syphilis
- Implementing the Epic Quantitative Blood Loss Documentation early 2023
- Collaborating with Surgical Services on the Fetal Monitoring during Procedures Protocol

Neurosciences & Orthopedics CP Update – Briton Stoll, Drs. Beson and Gannaway

- Evaluating total joint vendors for standardization
- Developing stroke and hip fracture care P= pathways
- Engaging Providers to improve RAPT compliance rates
- Collaborating with Payor Strategy to evaluate center of excellence or bundled payment opportunities within orthopedics

Behavioral Health CP Update – Allie Friesen

- Implemented Suicidal Patient clinical pathway Sept. 2022
 - Risk stratification high risk and low risk
 - Corresponding order panels for high or low risk
- Developing strategy and partnership opportunities for Behavioral Health Access Center to improve access and offload system EDs
- Developed depression screening workflow (PHQ-2) with INTEGRIS Health Medical Group leadership - pilot went live Dec. 5
 - Plans to strategically expand following successful pilot

Intensive Medicine CP Update – Melissa Gullotto, Drs. Mueggenborg, Biedermann, El Banayosy and Britt

- Implemented Enteral Nutrition Part 2 Nov. 1
- Glycemic Management Part 1: Hyperglycemia Management Protocol – phased go-live begins the week of Feb. 20
- Finalizing current state sepsis value stream map based on recent observations and interviews

Oncology CP Update – Kim Frank, Dr. Showalter

- Improving access – diagnosis to treatment – new patient referral checklist for medical records needed. Example – suspicion of cancer records needed progress note and what causes suspicion (x-ray, CT, etc. Biopsy not required) [Please see checklist here.](#)
- Implementing Elsevier ClinicalPath software to reduce clinical variation, increase clinical trial utilization, and provide data analytics for treatment protocols specific for oncology – build began Jan. 2023 (implementation goal of Sept. 2023)

Surgical Services Update – Melissa Flowers, Dr. O’Leary

- Standardized pre-admission testing and preoperative orders for patients undergoing a colon procedure – anticipated go-live Feb. 2023 to be followed by post-operative admission orders go live in March 2023
- Optimization of Epic to include improved functionality for IHP physician ability to enter case request
- Transition of advanced energy devices from Medtronic (Ligasure) to Ethicon (Enseal)
- Communicating updates to the case request order – effective Feb. 16; CPT will be linked to procedures in the case request order
 - Search by CPT when entering the procedure

IACC/NZTI Update – Kay Shields Ragan

- Implemented eCPR for select patients undergoing resuscitation, initial outcomes are above nationally reported results; will reassess at six months to determine possibility of expanding coverage hours
- Reviewing LVAD ICU admission orders for best practice processes as well as potential CFIP opportunities

- Implementing XynQAPI tool to assist with evaluation and improved tracking of transplant related quality events
 - Completed work with CI team of NCNS rates in Hepatology clinic to review and elicit possible reasons for high No Show for appointments. Next steps are review of potential interventions.
-

APP Update

Calendar of Events: APP Council:

Held the second Wednesday of each month at 7 a.m. on Teams. Please email Barbara.Carey@integrisok.com to be added to the invitation. This mailing list is also kept updated for email distributions of important information including:

- Current issues involving APPs
- Consent agenda which has the Clinical Programs updates and any system updates that are relevant to APPs
- Epic updates
- Subcommittees – Inpatient, Outpatient, Legislative, Educational – these groups will report out each month
- Monthly JHACO or important system training – CME credit– March topic pending

Calling all Leaders:

The Emerging Leader Academy of INTEGRIS Health has opened applications for the 2023/2024 class. Applications are due Mar.17. More information is available at the QR code and included in the Emerging Leader Academy section of this newsletter.

Legislative Updates:

Bills pertinent to APPs include SB458 (brief description below) and continued discussions regarding PAs prescriptive authority for non-onsite administration.

From OANP:

How will SB 458 affect your APRN practice? Briefly, the bill does three things for APRNs with prescriptive authority. *(If you are an APRN without prescriptive authority this legislation does not affect you.)*

1. Presently, APRNs with prescriptive authority must pay to have a supervisory physician with a contract on file with the Board of Nursing (OKBON). SB 458, stipulates that if an APRN has 2,000 hours of qualified work experience and their record with OKBON is clear, they may apply to the OKBON to be independent. A supervising physician will no longer be required.
2. APRNs with five years APRN experience, in good standing with OKBON, will be able to apply for independence without these barriers. The two-years of physician supervision will count toward the five-year requirement.
3. APRNs with five years APRN experience, in good standing with OKBON, will be able to supervise APRNs - instead of needing a physician.

Please send any concerns, needs or questions to the System Manager, Office of Advanced Practice – Dee Carey at Barbara.Carey@integrisok.com or by cell phone at 405-513-3899.

Emerging Leader Academy

The Emerging Leader Academy (ELA) is now accepting applications for its upcoming program which is designed to foster the development of up-and-coming physician and advanced practice provider leaders. Participation in this academy is a one-year commitment with courses beginning late summer/early fall 2023. For more information and to apply please click the link here: [Emerging Leader Application 2023-2024](#) . Please direct any questions to Nadine.Rayan@integrisok.com or 405-833-0130.

Pediatric Headache Tip Sheet

The INTEGRIS Health pediatric neurology team has produced a document containing suggestions and recommendations around managing pediatric headaches. The document provides information around what pieces of information are needed for a productive and efficient referral as well as tips on ways to manage headaches while waiting for the referral to happen. Please see the document [here](#).

Epic Care Link

INTEGRIS Health has partnered with Epic to offer the EpicCare Link to our independent providers in IHP. The EpicCare Link system offers free, read-only access to INTEGRIS Health medical records allowing community providers access to review patients' charts creating a more transparent flow of information between physicians.

IHP providers interested in using the INTEGRIS EpicCare Link system can request access by going to https://epiccarelink.integrisok.com/EpicCareLink/common/epic_login.asp and clicking on Request New Account.

If you have trouble registering for an account, please contact the INTEGRIS Health IT Help Desk at 405-949-4086 or Toll Free at 866-609-4357.

INTEGRIS Health Epic Connect

INTEGRIS Health values our health care partners and needs your support to provide an integrated experience of care for our patients. As a result, we offer INTEGRIS Health Connect to affiliated independent physicians and community hospitals for the purpose of improving clinical outcomes, the quality and experience of patient care, and communication among providers across care settings.

INTEGRIS Health Connect is a program to link providers, patients, and facilities efficiently and affordably. Through Connect, providers gain access to over two million individual patients across Oklahoma. As our patients access care from providers and facilities using Epic and Connect, these shared patients will virtually carry their records with them.

Accessing this single record for each communal patient saves valuable time in the private office while also providing a community aligned patient record.

INTEGRIS Health Connect enhances coordination of care among physicians throughout our region and improves access to essential patient information for every provider joining the platform.

Those interested in learning more about the INTEGRIS Health Connect system can fill out an inquiry form at the following: [INTEGRIS Health Connect | INTEGRIS Health \(integrisk.com\)](#).

Outmigration (Care Continuity)

To advance population health, reduce cost and duplication of services, and improve patient and provider experience, IHP is working to ensure health care services in the network are delivered, coordinated and managed by in-network providers and facilities.

To do so, we have stood up the Outmigration workstream. This program's goal is to optimize referral decision-making and close the referral loop through:

- **Best practices and communication support** for referring and receiving providers, including strategies for building network awareness
 - **HER-integrated referral tool** to empower care teams with relevant network info and referral decision support at the point of service (provider directory, search and match algorithm, tracking and reminders)
 - **Data and analytics** to monitor and support continued performance improvement and identify root-cause of out-of-network referrals
-

Update Your INTEGRIS Health Partners Profile

Our INTEGRIS Health Partners team has been hard at work updating the IHP Provider Roster and Directory. In an effort to ensure accuracy, we ask that you take time to fill out this short 10-minute survey to update your information if you have not already: [INTEGRIS Health Partners Profile Update Form](#).

This will be used to update our IHP Provider Roster and Directory, as well as your INTEGRIS Health website provider profile.

Please reach out Robyn.Burk@integrisk.com with any questions you have regarding this form.

New Physicians and Advanced Practice Providers

Ginger Anderson, APRN Nurse Practitioner, Family Medicine Healthcare One Associates, PLLC 315 W. Kansas Ave Okarche, OK 73762 405-295-2900	Obaid Ashraf, MD Critical Care Medicine INTEGRIS Medical Group INTEGRIS Health Medical Group Baptist Pulmonary Medicine 3366 NW Expressway Suite 660 Oklahoma City, OK 73112 405-947-3345	Audra Ball, PA Physician Assistant The Physicians Group, LLC 6600 N. Olie Suite C Oklahoma City, OK 73116 405-608-8060	Jami Benton, MD Nurse Practitioner, Family Medicine Faith Family Clinic, PLLC 4125 W. Garriott Rd Suite A-1 Enid, OK 73703 580-616-3007
Amanda Berry, DO Obstetrics and Gynecology INTEGRIS Medical Group INTEGRIS Health Medical Group Women's Canadian Valley 1205 Health Center Parkway Suite 100A Yukon, OK 73099 405-717-5496	Yvonne Chambers, APRN Nurse Practitioner, Family Medicine The Physicians Group, LLC Total Healthcare Partners 4400 Grant Blvd. Suite 103 Yukon, OK 73099 405-787-8555	Noni Chau, PA-C Physician Assistant Oklahoma Hospital Medicine Physicians, LLC INTEGRIS Hospitalists - Baptist 3300 NW Expressway Oklahoma City, OK 73112 405-713-7403	Savannah Coote, DO Hospitalist Oklahoma Hospital Medicine Physicians, LLC INTEGRIS Hospitalist - Southwest 4401 S. Western Ave Oklahoma City, OK 73109 405-945-5215
Thai Do, MD Ophthalmology Dean McGee Eye Institute 608 Stanton L. Young Blvd Oklahoma City, OK 73104 405-271-6060	Victoria Ford, PA Hospitalist Oklahoma Hospital Medicine Physicians, LLC INTEGRIS Hospitalists - Baptist 3300 NW Expressway Oklahoma City, OK 73112 405-945-5215	Stacey Foshee, MD Internal Medicine/Pulmonary Disease Healthcare One Associates, PLLC 508 W. Vandament Ave Yukon, OK 73099 405-350-8100	Amber Garretson, APRN-CNS Adult Gerontology INTEGRIS Cardiovascular Physicians 4221 S. Western Ave Suite 2010 Oklahoma City, OK 73109 405-644-5120
Andraya Gower, MD Dermatology R&R Dermatology Services, PPLC Dermatology and Aesthetics of Oklahoma 13301 N. Meridian Ave Oklahoma City, OK 73142 405-803-8020	Gina Grady, APRN Nurse Practitioner, Family Medicine JWS Medical PLLC 3411 W. Rock Creek Rd. Suite 120 Norman, OK 73072 405-759-8407	John Lazenby, PA Physician Assistant The Physicians Group, LLC 10914 Hefner Ponte Dr. Suite 200 Oklahoma City, OK 73120 405-463-3337	Ashley Lindsey, APRN Nurse Practitioner, Family Trail Creek Wellness, PC Trail Creek Wellness, PC 1001 Hospital Circle Kingfisher, OK 73750 405-375-7935
Tracy Mast, APRN Nurse Practitioner, Family Medicine Norman Pediatric Associates 3231 Healthplex Dr. Norman, OK 73072 405-321-5114	Sheila Moss, APRN Nurse Practitioner, Family Medicine The Physicians Group, LLC Total Healthcare Partners 4400 Grant Blvd. Suite 103 Yukon, OK 73099 405-787-8555	Andrew Parkinson, MD Orthopedic Spine Surgery Orthopedic Spine Associates 14100 Parkway Commons Dr. Suite 101 Oklahoma City, OK 73134 405-463-3370	Jonathan Robinson, MD Rheumatology Oklahoma Arthritis Center 808 Wall Street Norman, OK 73069 405-977-4321
Murphi Scarborough, PA Physician Assistant - Orthopedic Surgery The Physicians Group, LLC 9800 Broadway Extension Suite 203 Oklahoma City, OK 73114 405-424-5415	Kanwardeep Singh, MD Hospitalist, Family Medicine Oklahoma Hospital Medicine Physicians, LLC INTEGRIS Hospitalist - Southwest 4401 S. Western Ave Oklahoma City, OK 73109 405-945-5215	Laura Stearman, MD Urology Urogynecology of Oklahoma, PLLC 11100 Hefner Pointe Dr. Suite B Oklahoma City, OK 73120 405-400-8188	Kelly Testin, PA-C Physician Assistant INTEGRIS Medical Group INTEGRIS Health Pediatric Hospitalist 3300 NW Expressway Oklahoma City, OK 73112 405-949-4100
Jana Thomas, APRN Nurse Practitioner, Family Medicine Healthcare One Associates, PLLC 1900 South Country Club Rd El Reno, OK 73036 405-717-5496	Bethany Triana, PA Physician Assistant R&R Dermatology Services, PPLC Dermatology and Aesthetics of Oklahoma 3863 S. Blvd Suite 200 Edmond, OK 73013 405-216-5444		

To see previous issues of the IHP Newsletter, please visit the archive at [Newsletters | INTEGRIS Health \(integrisk.com\)](https://www.integrisk.com/newsletters).