



2022

COMMUNITY BENEFIT REPORT



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FISCAL YEAR 2023 INTEGRIS HEALTH BOARD OF DIRECTORS

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- Chris Turner**
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- Mark Werner, M.D.**
Vice Chair
- Timothy Pehrson**
President and CEO

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- Georgianne Snowden, M.D.
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- Joey Sager
- Karla Marshall, PhD.
- Linda Vytlačil
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- Neal Hogan PhD.

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- Sam Combs
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- Timothy Pehrson

A MESSAGE FROM OUR PRESIDENT AND CEO

INTEGRIS Health is Oklahoma's largest not-for-profit health system and has cared for Oklahomans for more than 100 years. Our mission is partnering with people to live healthier lives.

As a not-for-profit health system, we are committed to improving the health of those in our community. We exist to serve and care for our fellow neighbors, which extends beyond our hospitals and clinics. We partner with other organizations to bring more programs into our communities, such as free clinics, health screenings, wellness promotions, health education, health support groups, mentoring programs for at-risk youth, assistance for the elderly and serve as a leader during a pandemic.

I hope you enjoy our 2022 Community Benefit Report, which highlights in greater detail ways INTEGRIS Health positively impacted our communities last year. Thank you for trusting INTEGRIS Health to care for you and your family.

Warmly,

Timothy Pehrson
President and CEO



INTRODUCING OUR NEW MISSION, VISION AND VALUES



MISSION

Partnering with people to live healthier lives.

VISION

The Most Trusted Partner for Health

VALUES

- iCare**
- Integrity
 - Compassion
 - Accountability
 - Respect
 - Excellence





INTEGRIS HEALTH COMMUNITY BENEFIT HIGHLIGHTS

Serving our community

INTEGRIS Health's mission is partnering with people to live healthier lives. As Oklahoma's largest not-for-profit community health system, INTEGRIS Health has long served this mission through innovative and transformative community health programs. We learned a long time ago that we can't fully care for our community by staying exclusively within the walls of our facilities. That's why "returnship" is such an important part of our philosophy.

What is returnship?

It's giving back part of ourselves to the communities we serve.

At INTEGRIS Health, the physicians, staff and volunteers take their education and skills into the community to make a difference in the lives of their fellow Oklahomans. Their dedication, combined with our resources, helps accomplish a variety of things – from providing free clinical services, screenings and education programs to providing greater access to healthy food and tobacco cessation services.

We also realize that the health of a community isn't just physical and mental – it's economic and spiritual as well. That's why we offer a myriad of programs that address all of these important issues.



Yukon Public Schools Health Fair 2022

INTEGRIS Health Mobile Care Clinic

Name of Project:

Yukon Public Schools Health Fair

Program/Project Overview:

Yukon Public Schools (YPS) and the INTEGRIS Health Mobile Care Clinic team up every year to coordinate the YPS Employee Health Fair. During this event INTEGRIS Health provides free health and wellness screenings to hundreds of teachers and staff from all of the Yukon Public Schools. The event also invites community organizations from all over Yukon to the event to provide information on their services.

Highlights:

Jason Brunk, assistant superintendent of human resources, shared that once again the health fair was well received. The event had more than 100 attendees this year and there are plans to have more at next year's event. He mentioned that they will be working on some ideas to incorporate a participation competition between buildings.

Brunk pointed out a success story from one of his staff members that attended the health fair. He said that right after the event, one of his teachers told him that thanks to the screening provided by INTEGRIS Health Mobile Care Clinic, she was able to find out that both her blood pressure and cholesterol were at a high level. According to Brunk, she followed up with her primary care provider the next day to start treating these conditions.

INTEGRIS Health James R. Daniel Stroke Center

Name of Project:

Community Stroke Education

Program/Project Overview:

Up to 80 percent of strokes are preventable and it's the thing most likely to disable you and make you dependent on your family for your needs. INTEGRIS Health is Oklahoma's leading provider of stroke medicine, specializing in prevention, treatment and rehabilitation with a commitment to excellence, integrity and compassion. Strokes happen every 40 seconds in the U.S., and we want our communities to know we are "stroke ready."

- Raise awareness about controllable risk factors.
- Learn how to respond quickly to stroke symptoms.
- Regain maximum abilities with immediate stroke rehabilitation interventions.

Highlights:

Stroke community education partners with community organizations ranging from students in 3rd grade to seniors and from churches to wellness clinics and health clubs. Hundreds of patrons have received INTEGRIS Health stroke awareness training during and post pandemic. However, at-risk populations have been difficult to reach. During the May 2022 Stroke Awareness Campaign, a new partnership with black communities permitted a large distribution of stroke education flyers, live stroke awareness presentations and informational booth exhibits.



Stroke Awareness Campaign 2022

INTEGRIS Health Community Clinic



Catalina Serrano, INTEGRIS Health Community Clinic patient

"It's been wonderful to have these services at the IHCC. I was given eye drops and my headaches are gone for good. For years I had headaches and at work my eyes would get irritated and teary wearing the eye gear that I needed. I do not need eyeglasses yet, but if it ever becomes necessary, I know I can get help with them."

Our health care system in the United States continues to change due to an aging population, an increase in chronic diseases and increasing costs for care. What many across our country are recognizing is the need for timely identification of health risks. Following Medicaid expansion, INTEGRIS Health Community Clinic patient population has changed. The patients seen at the clinic are immigrants and often need chronic disease management. They do not have access to government programs.

INTEGRIS Health recognizes many vulnerable populations do not have access to consistent care. We are committed to being part of health care accessibility through the INTEGRIS Health Community Clinic (IHCC), providing them with consistent access to medical care, education, assistance with resources. We also have the ability to follow patients through a secure database in order to support our long-term goal of improving the health of the communities we serve.

Since January 1993, INTEGRIS Health opened the IHCC, a free medical clinic in Oklahoma City. The clinic is staffed by INTEGRIS Health caregivers and offers free medical care to low-income, uninsured and underinsured populations. The clinic offers adult care of chronic diseases, on-site pharmacy, diabetes education classes, physical, occupation and speech therapies, vision services and fresh produce distribution for food insecure families.

Name of Project:

Eye Clinic Services/Dean A McGee Eye Institute Residents

Program/Project Overview:

Once a month, Dean A McGee's ophthalmology residents see patients at the IHCC and refer patients to Dean A McGee Eye Institute for surgery or to Lens Crafters for free eyeglasses when needed.

Highlights:

Catalina Serrano is one of the patients that has received services: eye exam, diagnostic screenings and the peace of mind knowing that she's been treated by the best team.

INTEGRIS Health Community Clinic

Name of Project:

Patient Care and Prescription Assistance

Program/Project Overview:

The INTEGRIS Health Community Clinic serves uninsured and underinsured patients on Mondays. The IHCC is a primary care clinic with full prescription assistance to those who need it most.

Highlights:

Nibia Iglesias has benefitted through the INTEGRIS Health Community Clinic for two years, receiving medical care and free prescriptions for her diabetes, allergies and a recent cyst removal from her neck.

Nibia states "Thanks to the INTEGRIS Health Community Clinic I am in a better place now. Here they have helped me to understand my condition as a diabetic and I've adopted life-changing habits in my nutrition and physical activity after I attended the nutrition and diabetes class series."

Name of Project:

Physical, Occupational and Speech Therapy

Program/Project Overview:

INTEGRIS Health Jim Thorpe Rehabilitation provides free consultations and therapy sessions without a diagnosis to INTEGRIS Health Community Clinic patients and referred patients from other free and low-cost clinics. Therapists volunteer their time everyday that the clinic is open.

Highlights:

Michelle, a kidney transplant recipient, experienced sciatica nerve pain and was seen as a walk-in patient in the physical therapy clinic and was referred for an MRI and follow-up visits with her PCP. She was able to go back to her normal activities in a few days.

"I will always be grateful to INTEGRIS Health Community Clinic and the therapists. They helped me to get treatment without delay and saved me from staying at home with an excruciating pain for days and without diagnostic," said Michelle. "I know I can get help with them through the INTEGRIS Health Community Clinic."

Nibia, INTEGRIS Health Community Clinic patient



Michelle, INTEGRIS Health Community Clinic patient

INTEGRIS Health Community Giving Fund

Name of Project:

YWCA Enid

Program/Project Overview:

The YWCA Enid has served the community for 101 years, providing emergency shelter, forensic exams, counseling, court advocacy and more to those escaping intimate partners violence. They empower survivors to rebuild their lives free from shame, blame and future violence.

The INTEGRIS Health Community Giving Fund has provided funding for the YWCA Enid's Sexual Assault Nurse Examiner (SANE) Program. The SANE Program offers free forensic exams to adult victims of sexual assault and domestic violence in a comfortable and confidential medical room on-site. The SANE Program is the only adult program in the area.

Highlights:

There is an average of 45 to 50 SANE exams done each year. Support services for victims are also provided if they choose to forego the exam. The YWCA provides SANE exams for both men and women. Each person will have a sexual assault response advocate (SARA) there, so they do not have to be alone during the exam or their time at the YWCA.

YWCA has an agreement with Vance Air Force Base where the exams are provided to the Department of Defense, and the base will send an advocate team member with the victim.

Courtney Dennis, Executive Director, says, "I think SANE is the most important program we provide. If we did not provide this service, victims would have to get into a police car to Woodward or Stillwater for the exams. We can provide safe, trauma-informed exams for sexual assault survivors right here in our community."



Courtney Dennis, Executive Director YWCA Enid



On the Road to Health biometric testing at South Walker Church of Christ

INTEGRIS Health Community Giving Fund

Name of Project:

Boys & Girls Club of Ottawa County

Program/Project Overview:

As the leading nonprofit out-of-school-time provider within this community, Boys & Girls Clubs of Ottawa County is part of a national Movement of other Boys & Girls Clubs. Together, we stand ready to solve gaps in healthy eating, physical activity and general healthy lifestyle development.

Our goal is to provide access and opportunities to support youth in three key ways:

- Make healthy food choices
- Participate in daily physical activity
- Develop the skills and desire to create sustainable, healthy routines

Highlights:

The Club has seen and reported 478 youth that are completing at least 60 minutes of physical activity per day while also participating in either our TRAIL program or Healthy Habits. They have also been able to train an additional three staff members on Healthy Habits programming and 32 staff members during the summer program. Since the start of the grant year, the Club implemented a CACFP feeding program across three of the locations, serving dinner each evening.

The implementation of the CACFP feeding program was transformational for the Club kids and community because the program ensures kids leave the facility with dinner. Each evening, three of the five locations serve dinner to all youth. So, between the school district and the Boys & Girls Club they are ensuring all youth have at least three meals per day. Overall, this is improving access to healthy and affordable food options for kids and families.

INTEGRIS Health Mobile Care Clinic

Name of Project:

On the Road to Health

Program/Project Overview:

The Lynn Institute's "On the Road to Health" program is in partnership with the INTEGRIS Health Mobile Care Clinic. The clinic has partnered with the Lynn Institute to provide support in both the biometric collection and education components of the program. The goal of the program is to motivate and change the lifestyle of the participants to live healthier lives through an eight-week series of in-person classes where participants receive education and information about nutrition, exercise and the science of hope.

Highlights:

Through the mobile care clinic biometric screenings, the clinic team was able to identify abnormalities in the participants' screening values and address them by providing education and referrals. During the initial biometric collection for the program, the clinic team identified a female participant with an A1C of 14 (normal is below 5.7). She was determined to make a healthy change in her life. She attended all the program sessions and learned how and why it is important to take her medicine as indicated. During the final biometric collection, her A1C had dropped to 7.2 (almost half of what she had when she started the program). She was happy with the improvements she had made and started to motivate others in the program to keep attending and progressing with their goals.



2022 BENEFITS TO THE COMMUNITY BY THE NUMBERS

INTEGRIS Health provided **\$108,551,020.29** in community benefits. This includes our returnship, community building efforts, uncompensated services and Medicaid services.

Returnship

Returnship epitomizes our mission of giving back to our community. It takes the form of hundreds of programs and acts of charity provided daily across the state of Oklahoma – free health screenings, support groups, medical services, educational programs, health fairs and more as reflected in the previous pages.

Our returnship efforts equaled \$4,747,748.34.

Community Building

Community building is another vital way we give back. These efforts address the root causes of health problems. Some of our activities in community building are physical improvements in housing, economic development, community support, environmental enhancements and advocacy for advancements in community health.

Our community building efforts equaled \$116,032.00.

Uncompensated Services

Uncompensated services are the costs of providing free and reduced-cost care. As a system of not-for-profit hospitals, INTEGRIS Health provides services to everyone, regardless of the ability to pay for their insurance coverage. Thus, we provide a much-needed safety net for members of our community who would otherwise have no access to medical care. INTEGRIS Health is committed to providing medically necessary care by offering financial assistance to qualifying patients. **INTEGRIS Health provided charity care at an estimated cost of \$34,901,770.58.**

Bad Debt

In addition, INTEGRIS Health incurred bad debt with an estimated cost of \$20,452,766.23 based on the overall hospital cost-to-charge ratio.

Medicaid Services

INTEGRIS Health also provides care to patients who qualify for Medicaid programs. This includes the actual unpaid cost of providing care to Medicaid patients and represents a shortfall between cost of care and payments received by Medicaid.

INTEGRIS Health provided Medicaid services at an estimated cost of \$68,785,469.37.



INTEGRIS HEALTH OUTREACH EVENTS AND PROGRAMS

2022 American Lung Association Fight for Air Climb Event

32nd Annual Hispanic Health Fair Cancer Screenings

A Chance to Change

Achievers Under 40 Award Ceremony

ACS Hope Lodge Topping Ceremony

Acupuncture 101

Alzheimer's Association Enid Walk to End Alz

Alzheimer's Association OKC Walk to End Alz

AMBUCS Meeting

American Cancer Society Board Meeting

American Cancer Society Cattle Baron Tournament

American Cancer Society Cattle Baron's Networking

American Cancer Society Cattlebaron's Ball

American Cancer Society Lung Cancer Webinar

American Cancer Society Meeting

American Cancer Society's Cattle Barron Ball Community Awareness

American Lung Association "Fight for Air Climb" Booth

American Lung Association 2022 Planning

American Lung Association Fight for Air Climb Packet pickup

American Lung Association Fight for Air Climb Planning Meeting

Annual Oklahoma Sports Hall of Fame Golf Classic

Autry Tech Center Strategic Planning Session

Benefits of Tea

Cancer Support Group in Spanish

CancerCheck Hispanic Health Fair

CDSA Wine Tour

Celebration of Life, National Cancer Survivors Day

Chamber Community Development Partner- Gold

Chamber of Commerce Membership

Champagne and Diamonds Community Sponsor

Chili Cook off - United Way

City Rescue Mission Hearts of Hope

Clinical Hours Nursing/EMT/Paramedic FY 22

Community Benefit Budget FY 2021-22

Community Benefit Tracking

Community Clinic Flu Vaccine Donation

Community Clinics Budget FY 2021-22

Community Hours for Tim Pehrson, CEO, FY 2021-22

Cristo Rey Entrepreneur

DA Elder Abuse Team Meeting

DEEP (Diabetes Empowerment Education Program)

Diabetes Education at ICC

Economic Development for Tim Pehrson, CEO for FY 2021-22

Edmond Community Health Fair

Enid Chamber of Commerce Annual Meeting

Enid High School Career Fair

Enid Hope Summit

Enid Regional Development Alliance Quarterly Meeting

Enid Stampede/Fairview Triathlons

Enid State of Affairs Meeting

Enid Young Professionals Meeting

Essentials for Somatic Movement



Evening Celebrating OK Healthcare Heroes – March of Dimes
 Executive Leadership Council Meeting
 Facebook Live information sessions in Spanish
 Fight for Air Climb Committee meeting
 FY 23 Community Benefit Hours - Clinical Programs
 Great Land Run- Bronze Sponsor
 Grocery Store Tour
 Health Alliance for the Uninsured
 Health by Chocolate
 Healthy Living, Livestrong at the YMCA
 Hedges Speech and Hearing Silent Movie
 HES 100 Student Internships January 1 to June 30 2022
 HES 200 Student Internships January 1 to June 30 2022
 HES 200 Student Internships July 1 to Dec 31 2021
 Hispanic Health Fair
 Hispanic radio, television and newspaper
 Hospice Circle of Love Benefit Clay Shoot
 Hospice Circle of Love Mint Julep Jubilee
 IBBHC CHIP Meeting
 IBBHC Community Education Stroke Awareness
 IBBHC FY22 Student, Resident, and Fellow Education Hours with Physicians
 I-CREW Enid Welcome Table
 IHBMC Community Education Stroke Awareness
 IHBMC FY22 Expenses for non-employed students, residents, and fellows
 IHBMC FY22 Student, Resident, and Fellow Education Hours with Physicians
 IHBMC Nursing, AUA, Surgical Tech and Paramedic Student Clinicals
 IHBMC OT and OTA 100 Student Internships January 1 to June 30 2022
 IHBMC OT and OTA 100 Student Internships July 1 to Dec 31 2021

IHBMC Pre and Post Conference Rooms for Clinical Nursing Students
 IHBMC Preceptorship for Advanced Degree Nursing Students
 IHCVH Community Education Stroke Awareness
 IHCVH FY22 Student, Resident, and Fellow Education Hours with Physicians
 IHCVH Nursing, AUA, Surgical Tech and Paramedic Clinical Students
 IHE Community Education Stroke Awareness
 IHE Nurses, AUA, Surgical Tech and Paramedic Clinical Students
 IGH FY22 Student, Resident, and Fellow Education Hours with Physicians
 IHMH FY22 Student, Resident, and Fellow Education Hours with Physicians
 IHSMC Community Education Stroke Awareness
 IHSMC FY22 Expenses for non-employed students, residents, and fellows
 IHSMC FY22 Student, Resident, and Fellow Education Hours with Physicians
 IHSMC Nurses, AUA, Surgical Tech, Paramedic Clinical Students
 IHSMC OT and OTA 200 Student Internships January 1 to June 30 2022
 IHSMC OT and OTA 200 Student Internships July 1 to Dec 31 2021
 IHSMC Pre and Post Conference Rooms for Clinical Nursing Students
 IHSMC Preceptorship for Advanced Degree Nursing Students
 In-Kind donation for space for MDA Clinic
 In-Kind donation of staff for MDA Clinic
 INTEGRIS Community Clinic
 INTEGRIS Mobile Care Clinic
 Integris Pharmaceutical Assistance Program FY 2021-22
 ITN Central Oklahoma Programmatic Support
 John Adams-City of OKC/ MAPS 3 Sr Wellness Ground Breaking
 John Adams-OBI Audit Committee Meeting
 John Adams-OBI Board Meeting
 John Adams-Oklahoma Board Institute (OBI) "Virtual" Board Meeting
 John Adams-South Chamber Executive Committee Meeting



John Adams-South OKC Chamber Executive Committee at 8700 S. Penn
 John Adams-South OKC Chamber Executive Committee at Energy FC
 John Adams-South OKC Chamber Executive Committee Meeting
 John Adams-South OKC Chamber Executive Committee-Armstrong Bank
 John Adams-South OKC Chamber Executive Meeting at Earlywine YMCA
 John Adams-South Oklahoma City Chamber Board Meeting
 Joy in July
 JWL Charity Gala - Table Sponsor
 Leadership Greater Enid
 Leadership Greater Enid Games Committee
 Leadership Greater Enid Golf Tournament
 Leadership Greater Enid IBBHC Host Tour
 Leadership Greater Enid Orientation
 Leadership Greater Enid Planning Meeting
 Leukemia & Lymphoma Society - Light the Night Meeting
 Leukemia & Lymphoma Society's Light the Night t-shirt booth
 LGE Golf Tournament Bronze Sponsor
 Light the Night Event
 Loaves and Fishes Board Meeting
 Local Healthcare Workers: A View from Their Eyes
 Lynn Institute Legacy Luncheon
 Make A Wish Oklahoma
 March of Dimes
 Meals Donated to Local Church
 Meals on Wheels FY 2021-22
 Medical Student Family Medicine Rotation 21-22
 Meditation

Meeting with Attorney General John O'Conner
 Meeting with Governor Kevin Stitt
 Meeting with St. Mary's COO
 Meridian Technology Students
 Mindfulness
 Mindfulness Meditation
 Mini Health Fairs
 Mobile Meals
 Monthly Lectures in Spanish
 My Health/OK Shine Update w/Dr. Kendrick Zoom Call
 Non-Reimbursed IRB Fees FY 2022 (Jul 2021-Jun 2022)
 Nutrition Class Series in Spanish
 OHA Advocacy Day
 OHA Convention
 OHA Executive Onboarding Meeting
 OHA Federal Vaccine Mandate Zoom Call
 OHA Member Update Zoom Call
 OHA NW Region CEOs and CFOs Medicaid Presentation Zoom Call
 OHA Open Ceremonies
 OHA Public Relations and Marketing Society Session
 OK Men Count Golf Tournament
 OK Project Woman Sponsorship
 OKC Chamber "State of the City"
 OKC Light the Night Executive Committee Breakfast
 Okeene Hospital Site Visit
 Oklahoma Blood Institute Blood Drive at INTEGRIS Bass Baptist Heal
 Oklahoma Caring Foundation Champions of Health

Oklahoma Hospital Association
 Oklahoma Nurses Association
 OSSM Board of Trustees Meeting
 OSSM Foundation Board Meeting
 OSSM Teacher Tour
 Osteopathic Foundation Charity Ball Title Sponsor
 Pacific Islander Health Clinic
 Project 31 Meeting
 Project 31 Paint the Town Pink
 Project 66 Edmond-Resource fair
 Project Woman Meeting
 PT 100 Student Internships January 1 to June 30 2022
 PT 100 Student Internships July 1 to Dec 31 2021
 PT and PTA 200 Student Internships January 1 to June 30 2022
 PT and PTA 200 Student Internships July 1 to Dec 31 2021
 ReMerge Luncheon
 Resource Room
 Rose State College Students
 Rotary Meeting- Guest Speaker
 Scott Anthony-Edmond YMCA Council Meeting
 Seated Somatics
 SHA Community clinic
 Shattuck Hospital Site Visit
 SLP 100 Student Internships January 1 to June 30 2022
 SLP 100 Student Internships July 1 to Dec 31 2021
 SLP 200 Student Internships January 1 to June 30 2022
 SLP 200 Student Internships July 1 to Dec 31 2021
 Stanley Hupfeld Academy Budget FY 2021-22

Stitching For Sanity
 Strategy Team community volunteer effort
 Tenaciously Teal Sponsorship
 The Christ Tree Sponsorship- Title Sponsorship
 Trinity at Edgmere School, Puberty Presentation
 Turkey Donation to Loaves and Fishes
 UCO Community & Public Health Internships
 UCO Fair Booth
 United Way Annual Meeting Sponsor
 United Way Campaign Coordinator's Luncheon hosted by IBBHC
 United Way Chili Cookoff
 United Way Golf Tournament
 United Way Luncheon
 United Way Meeting – Recruiting / Developing Workforce
 United Way of Central Oklahoma 100th Anniversary
 United Way of Central Oklahoma Annual Corporate Gift
 United Way of Central Oklahoma Snowflake Gala 2022
 United Way Teams Meeting
 Vance Spouse's Club Charity Auction
 YMCA Golf Tournament
 Yoda Nidra Experience
 Yoga Healing through Movement / Safer At Home Yoga
 Yukon Chamber of Commerce 2021-2022
 Yukon City Council Meeting
 Yukon Public Schools Reality Check





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