



2022 Community Health Needs Assessment

Ottawa County
INTEGRIS Miami Hospital



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Executive Summary

INTEGRIS Health is pleased to present the 2022 Community Health Needs Assessment (CHNA). The purpose of the CHNA report is to provide an overview of the health needs and priorities associated within Ottawa County. INTEGRIS Miami Hospital has identified this geographic area as their community. The goal of this report is to provide residents with a deeper understanding of the health needs in their community and to help guide the hospitals in their community benefit planning efforts and the development of an implementation strategy to address identified needs. The CHNA involved a review of both quantitative and qualitative data to attain the full scope of the community needs as they pertain to health, with an emphasis on the economically poor and underserved populations.

This summary is documentation that INTEGRIS Miami Hospital is within compliance with IRS requirements for conducting a Community Health Needs Assessment (CHNA). INTEGRIS Miami Hospital last conducted a CHNA in 2018.

The Affordable Care Act (ACA) requires 501(c)(3), tax-exempt hospitals to conduct a CHNA every three tax years and to adopt a strategic implementation plan for addressing identified needs.

Identified priorities for the next cycle include: Access to Care, Access to Healthy Food, and Tobacco. Many of the initiatives identified and implemented in the previous CHNA will be continued along with new programs.

Community Served by the Hospital



Source: (1) Wellness County Profile. Ottawa County. 2019

Ottawa County in northeastern Oklahoma is comprised of two cities; Commerce and Miami, and six towns (Afton, Fairland, North Miami, Peoria, Quapaw, Wyandotte). Other census-designated communities include Dotyville and Narcissa. The county is bordered on the east by the state of Missouri. The northern part of the county is bordered by the state of Kansas. Ottawa County is bordered by Delaware County to the south and Craig County to the west.

In 2019, the county population was 30,285.

The county seat, located in the city of Miami, has a population of 13,570. Miami is approximately 90 miles northeast of the Tulsa metropolitan area and 190 miles northeast of the Oklahoma City metropolitan area. The largest employers in the county include education, health care, entertainment, and manufacturing. One hospital serves Ottawa County; INTEGRIS Miami Hospital.

Ottawa County Demographics

Median Age

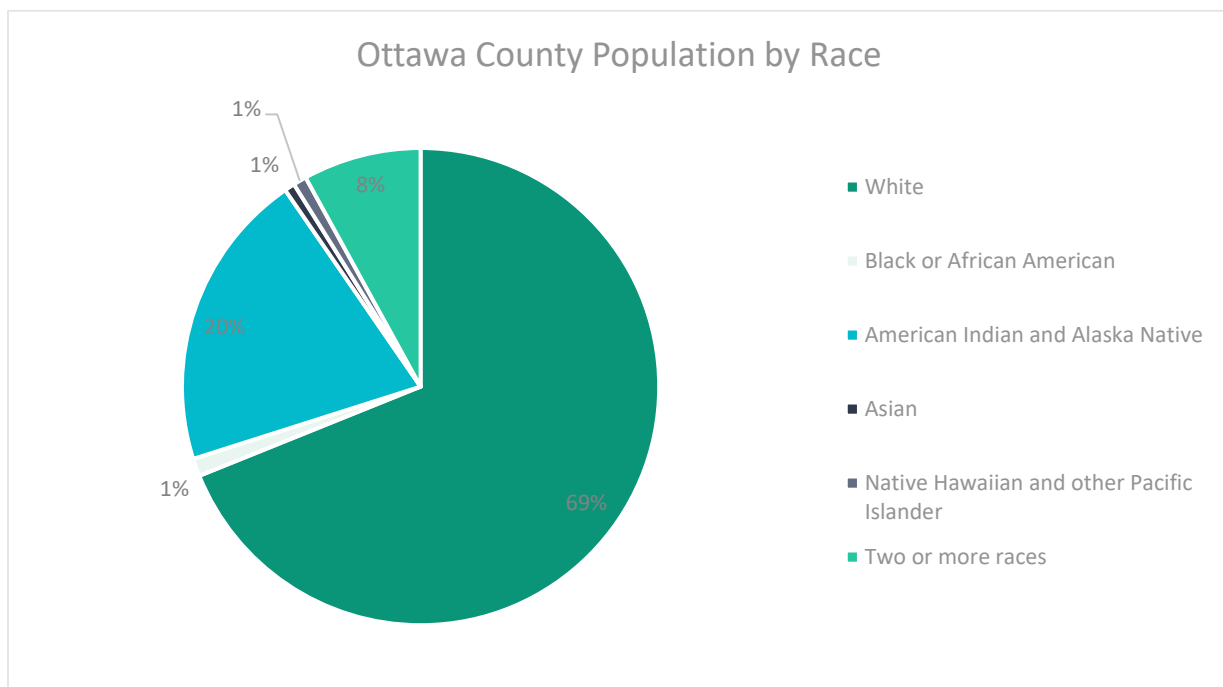
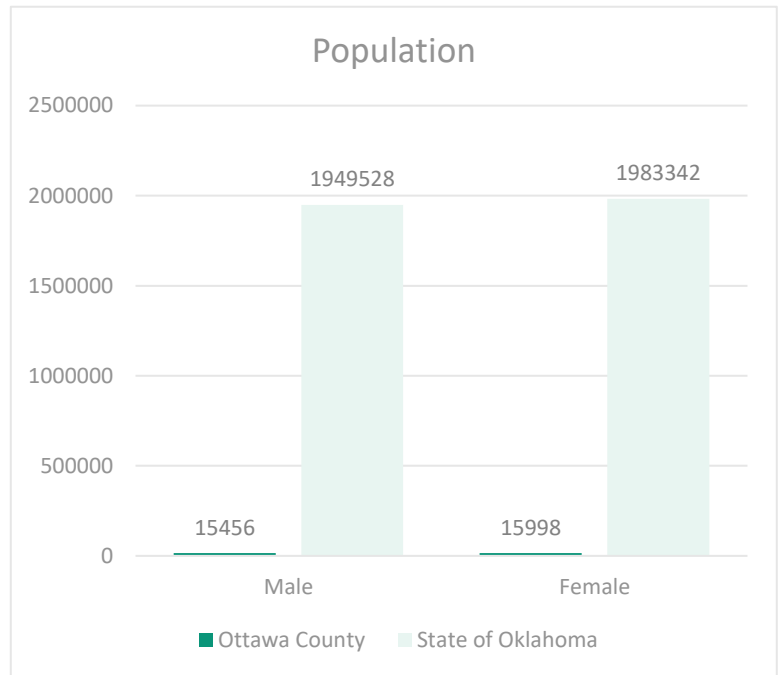
- Ottawa County: 38 years
- Oklahoma: 37 years

Persons in Poverty

- Ottawa County: 20.7%
- Oklahoma: 15.2%

Median Household Income

- Ottawa County: \$39,872
- Oklahoma: \$54,449



Source: (2) U.S. Census Bureau

	Ottawa County	Oklahoma
Education		
High school graduate or higher, percent of persons age 25 years+, 2015-2019 (2)	85.3%	88%
Bachelor's degree or higher, percent of persons age 25 years+, 2015-2019 (2)	14.5%	25.5%
Health		
With a disability, under age 65 years, percent, 2015-2019 (2)	14.8%	11.5%
Persons without health insurance, under age 65 years, percent (2)	19.7%	16.8%
Persons enrolled in Medicaid (3)	13,195	1,135,844
Persons enrolled in Medicare (4)	7,131	761,099
Families & Living Arrangements		
Households, 2015-2019 (2)	11,847	1,480,061
Persons per household, 2015-2019 (2)	2.56	2.58
Living in same house 1 year ago, percent of persons age 1 years+, 2015-2019 (2)	84.4%	83.2%
Language other than English spoken at home, percent of persons age 5 years+, 2015-2019 (2)	5.9%	10.5%
Transportation (minutes)		
Mean travel time to work (minutes), workers age 16 years+, 2015-2019 (2)	20.5	21.9
Access to Care (people per one provider)		
Primary Care Physicians (5)	1,950	1,640
Dentists (5)	4,450	1,610
Mental Health Professionals (5)	240	200

Source: (2) U.S. Census Bureau

Source: (3) Oklahoma Health Care Authority. Fast Facts. October 2021

Source: (4) Centers for Medicare and Medicaid Services. Medicare Enrollment Dashboard. August 2021

Source: (5) 2021 County Health Rankings. Ottawa County. 2021

Hospital Information

INTEGRIS Miami Hospital

Since 1919, INTEGRIS Miami Hospital has been providing medical care to patients in northeast Oklahoma. INTEGRIS Miami remains dedicated to its mission. As a member of INTEGRIS Health, the state's largest locally owned health care system, area residents have peace of mind knowing their health care is delivered by professionals committed to the highest standards of patient care.

Fully accredited by the Joint Commission, INTEGRIS Miami Hospital is also one of the largest employers in Ottawa County. The hospital employs more than 400 caregivers and has a compassionate force of more than 60 volunteers.

Services provided/major specialties:

INTEGRIS Miami Hospital is licensed for 123 beds and has more than 50 physicians and advanced practice providers on its medical staff. The hospital provides a host of inpatient and outpatient services including intensive care and surgical services, comprehensive rehabilitation, hospice, home health care and home medical equipment.



Community Health Needs Assessment Process

INTEGRIS Health collaborated with local community partners to conduct the community health needs assessment.

Methods of collecting and analyzing data and information included online surveys, focus groups, published data, and hospital specific data.

Focus groups were conducted to dialogue directly with local community members. There was a targeted effort to conduct focus groups with at-risk populations in low socioeconomic zip codes. Community partners that assisted in data collection for community chats included Miami Public Library and local health coalitions.

Community surveys were available online. Each partner utilized social media to publicize the survey to residents in their service area. The dissemination of the online survey included Miami Rotary, local coalitions, partnerships and INTEGRIS Miami staff.

Primary Data

INTEGRIS Health gathered community input from Ottawa County residents of all backgrounds, socioeconomic status, and demographics. Contributors included members of underserved, low-income, and minority populations. Additionally, the hospitals provided internal data for analysis and consideration in the CHNA process.

Published Secondary Data

In addition to the input from community chats and online surveys, the compilation of public health data, state and national data, gave a broader view of the overall health status of the county. By looking at past and present data and identifying trends, strategic development for the Community Health Improvement Plan (CHIP) will be more efficient and ultimately more effective.

Due to the COVID-19 pandemic, local health departments were unable to publish updated public health data. INTEGRIS Health reviewed and used the most current available data for the purpose of providing a comprehensive overview of the community.

Community Input

Methodology

In total, the online survey was administered to 137 individuals, and focus group surveys were conducted among 14 participants to gather qualitative data. The focus groups were adapted due to COVID-19 restrictions. After INTEGRIS Health collected this qualitative and quantitative data, they returned it to the INTEGRIS Community Benefit & Wellness Department for analysis.

Data Collection

INTEGRIS Health representatives provided opportunities for individuals to participate in both quantitative and qualitative surveys in the INTEGRIS Miami Hospital service area. The final breakdown of data collection at the facilities included:

Online Quantitative Surveys (collected May 2021 – June 2021):

TOTAL: 137

Online Quantitative Surveys	Category	Count
Total Participants		137
Age	25 to 34	21
	35 to 44	31
	45 to 54	38
	55 to 64	36
	Over 65 years of age	8
	Skipped	3
Gender	Male	18
	Female	107
	Prefer not to say	1
	Skipped	11

Race	White	108
	American Indian or Alaska Native	25
	Asian	2
	Other	1
	Skipped	11
Highest Level of Education	High school graduate	14
	GED	1
	Some college	38
	Bachelor's degree	66
	Skipped	18

Focus Group (conducted May 2021):

Miami Public Library- 7

Miami Public Library- 7

TOTAL: 14

Focus Group Data	Category	Count
Total Participants		14
Gender	Male	3
	Female	11
Race	White	12
	American Indian or Alaska Native	2
Highest Level of Education	High school graduate	1
	Some college	4
	Bachelor's degree	5
	Graduate or professional degree	4

Yearly Household Income	\$10,000 to less than \$30,000	0
	\$30,000 to less than \$45,000	1
	\$45,000 to less than \$60,000	5
	\$60,000 to less than \$80,000	5
	More than \$80,000	3
Marital Status	Married	11
	Divorced	1
	Widowed	2
	Single	1
Zip Code	74354	10
	66713	1
	74344	2
	74358	1

Primary Data

Findings and Recommendations: Online Quantitative Surveys

When reviewing the quantitative surveys among the 137 participants in Ottawa County, all surveys were analyzed to find commonalities and important findings.

Overall, feedback from community members in the quantitative surveys highlights a need to address neighborhood and built environment determinants of health (including bad air quality and dangerous roads), increase in affordable foods and access to healthy food. INTEGRIS Health is well positioned to continue to build upon its reputation as a trusted partner in the Ottawa County community.

Findings and Recommendations: Quantitative Focus Group Surveys

When analyzing qualitative feedback from 14 participants completing their focus group surveys, several themes arose across the two focus groups and twelve open-ended questions. These included: a need and desire for greater access to areas for physical activity (including both walking and biking trails); educational services (including nutrition education; health education for a variety of health issues as well as disease prevention and treatment); environmental determinants of health (including but not limited to food security issues, education, and affordable care); and finally, ensuring that older adults in communities are included in the planning and implementation of programs and services provided.

Significant Community Health Needs- Ottawa County

Primary and secondary data were evaluated and synthesized to identify significant community health needs in Ottawa County. These needs span the following topic areas and are often inter-related:

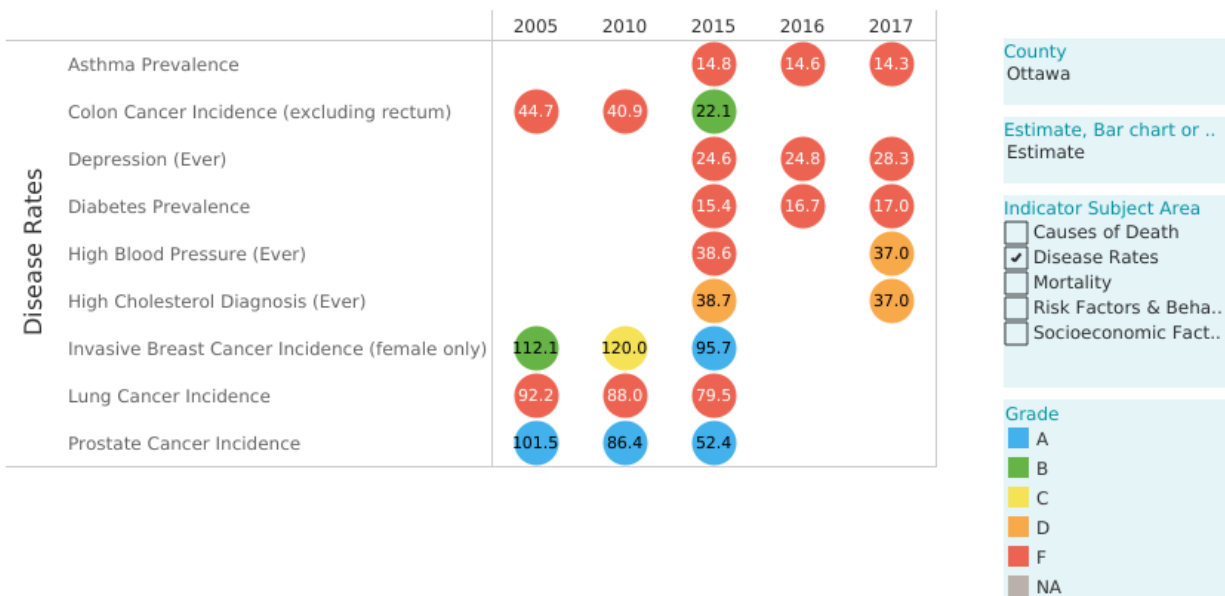
- Bad air quality
- Car accidents / dangerous roads
- Access to food / healthy food
- Obesity
- Cardiovascular Disease
- Health Education and Promotion
- Access to care
- Chronic disease prevention/management
- Sedentary lifestyle
- Tobacco
- Mental health

*See appendix for complete community input data

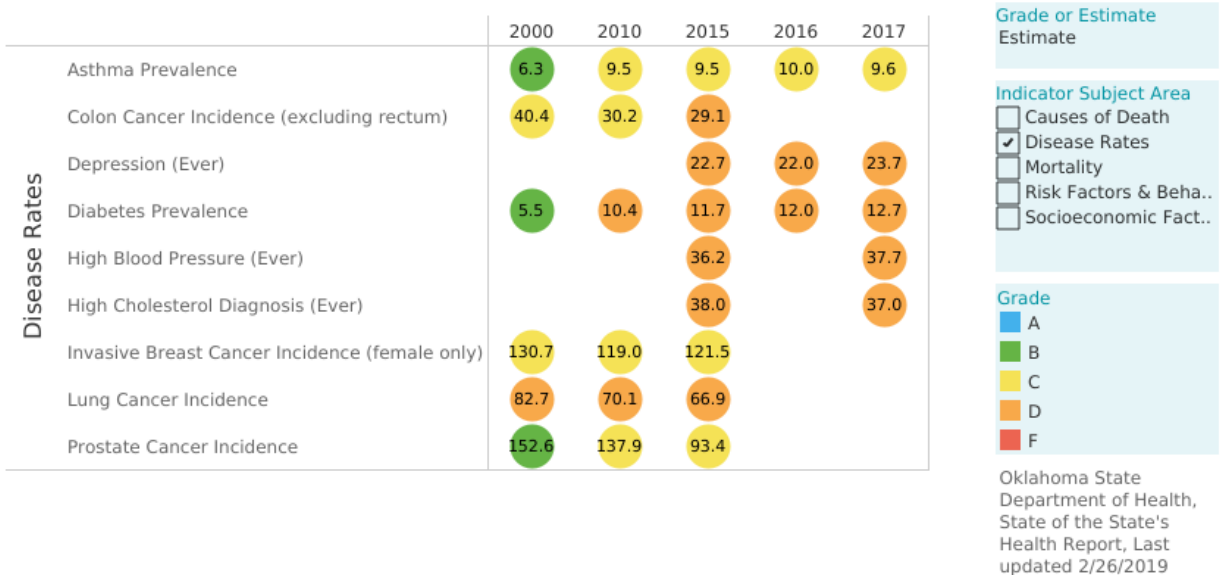
Secondary Data

Ottawa County Health Outcomes

Oklahoma State of the State's Health Report Ottawa County Snapshot

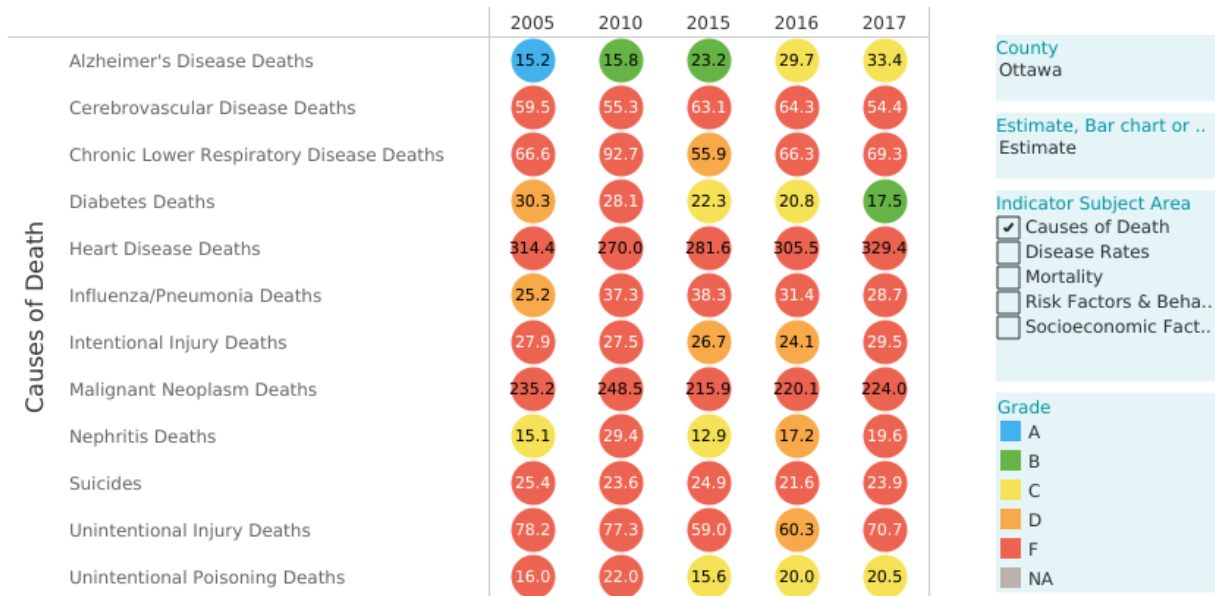


Oklahoma State of the State's Health Report Summary

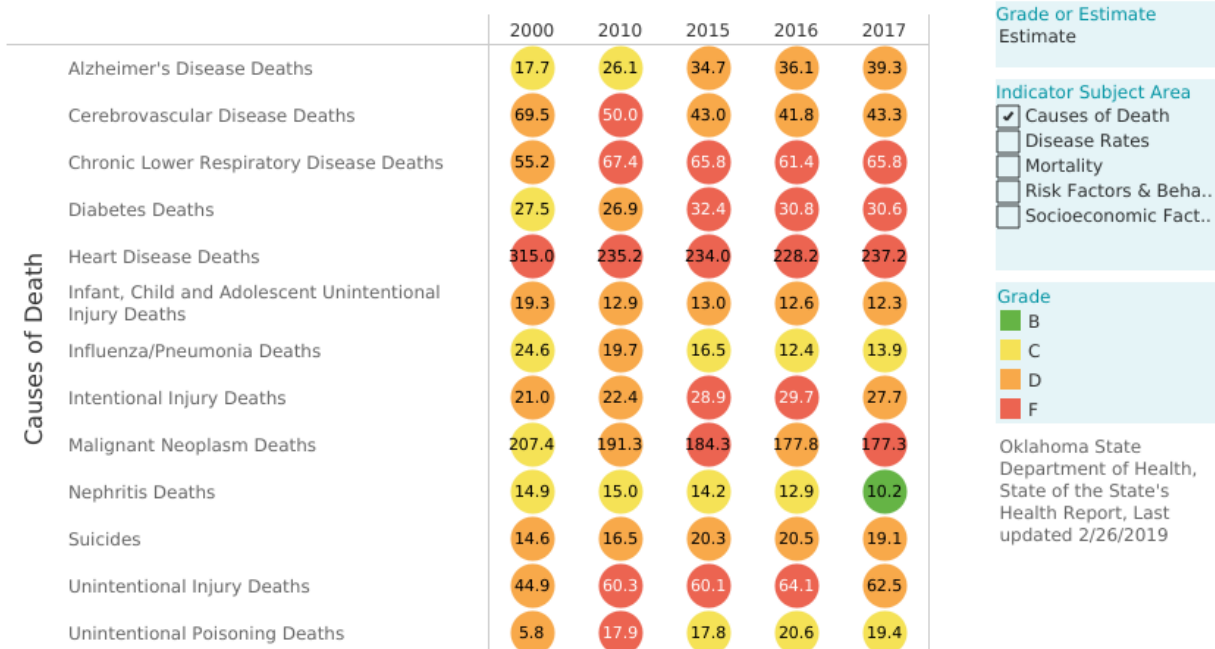


Source: (6) Oklahoma State of the State's Health Report. Ottawa County. 2019

Oklahoma State of the State's Health Report Ottawa County Snapshot



Oklahoma State of the State's Health Report Summary



Source: (6) Oklahoma State of the State's Health Report. Ottawa County. 2019

Oklahoma State of the State's Health Report Ottawa County Snapshot

	2005	2010	2015	2016	2017	
Mortality	Infant Mortality	7.6	8.3	8.3	7.1	7.3
	Life Expectancy at Birth	73.5	73.9	73.0	73.2	
	Total Mortality	1,039.0	1,090.1	1,029.1	1,080.8	1,111.6

County
Ottawa

Estimate, Bar chart or ..
Estimate

Indicator Subject Area

- Causes of Death
- Disease Rates
- Mortality
- Risk Factors & Beha..
- Socioeconomic Fact..

Grade

- A
- B
- C
- D
- F
- NA

Oklahoma State of the State's Health Report Summary

	2000	2010	2015	2016	2017	
Mortality	Infant Mortality	8.5	7.6	7.3	7.4	7.7
	Life Expectancy at Birth	75.4	76.0	75.8	75.9	
	Total Mortality	983.0	915.5	904.3	888.4	902.4

Grade or Estimate
Estimate

Indicator Subject Area

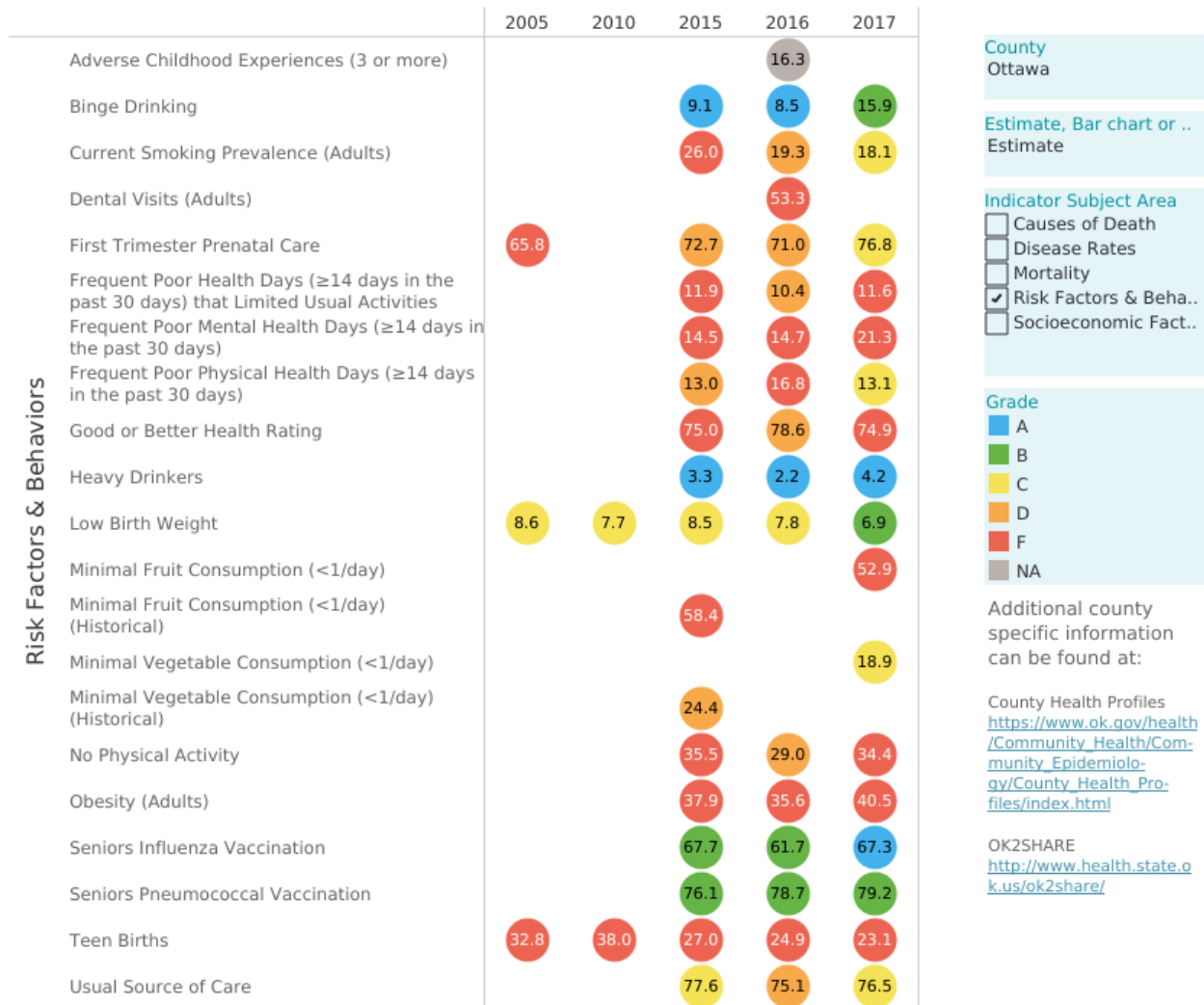
- Causes of Death
- Disease Rates
- Mortality
- Risk Factors & Beha..
- Socioeconomic Fact..

Grade

- C
- F
- NA

Source: (6) Oklahoma State of the State's Health Report. Ottawa County. 2019

Oklahoma State of the State's Health Report Ottawa County Snapshot



Source: (6) Oklahoma State of the State's Health Report. Ottawa County. 2019

Oklahoma State of the State's Health Report Summary

	2000	2010	2015	2016	2017	Grade or Estimate Estimate
Binge Drinking		13.0	13.1	11.9	13.4	
Current Smoking Among High Schoolers (YRBSS)			13.1		8.7	
Current Smoking Prevalence (Adults)	23.3	23.7	22.2	19.6	20.1	
Dental Visits (Adults)		57.2		58.2		
First Trimester Prenatal Care	79.1	65.5	74.6	72.8	72.5	
Frequent Poor Health Days (≥14 days in the past 30 days) that Limited Usual Activities		9.3	11.0	10.0	11.0	
Frequent Poor Mental Health Days (≥14 days in the past 30 days)		13.4	13.1	14.3	15.6	
Frequent Poor Physical Health Days (≥14 days in the past 30 days)		13.8	14.8	14.8	14.7	
Good or Better Health Rating	84.7	79.5	78.2	79.8	78.4	
Heavy Drinkers		3.8	4.2	3.7	4.2	
HPV Vaccination Series Completed, Boys 13-17 years			35.7	35.0	37.5	
HPV Vaccination Series Completed, Girls 13-17 years		31.1	32.2	43.6	45.6	
Immunization <3 Years (4:3:1:3:3:1:4 Series)			75.4	67.0	67.3	
Low Birth Weight	7.5	8.4	7.9	7.8	7.9	
Meningococcal Vaccination Coverage (13-17 yrs)		42.6	68.1	73.6	71.1	
Minimal Fruit Consumption (<1/day)					45.8	
Minimal Fruit Consumption (<1/day) (Historical)			51.1			
Minimal Vegetable Consumption (<1/day)					17.1	
Minimal Vegetable Consumption (<1/day) (Historical)			24.5			
No Physical Activity	34.4	29.9	33.2	28.5	32.4	
Obesity (Adults)	19.7	31.3	33.9	32.8	36.5	
Obesity Among High Schoolers (YRBSS)			17.3			
Seniors Influenza Vaccination		70.9	68.9	64.3	68.5	
Seniors Pneumococcal Vaccination		72.6	76.6	77.5	80.3	
Teen Births	32.9	25.9	15.9	14.3	12.5	
Usual Source of Care			74.8	75.3	75.2	

- Indicator Subject Area**
- Causes of Death
 - Disease Rates
 - Mortality
 - Risk Factors & Beha..
 - Socioeconomic Fact..

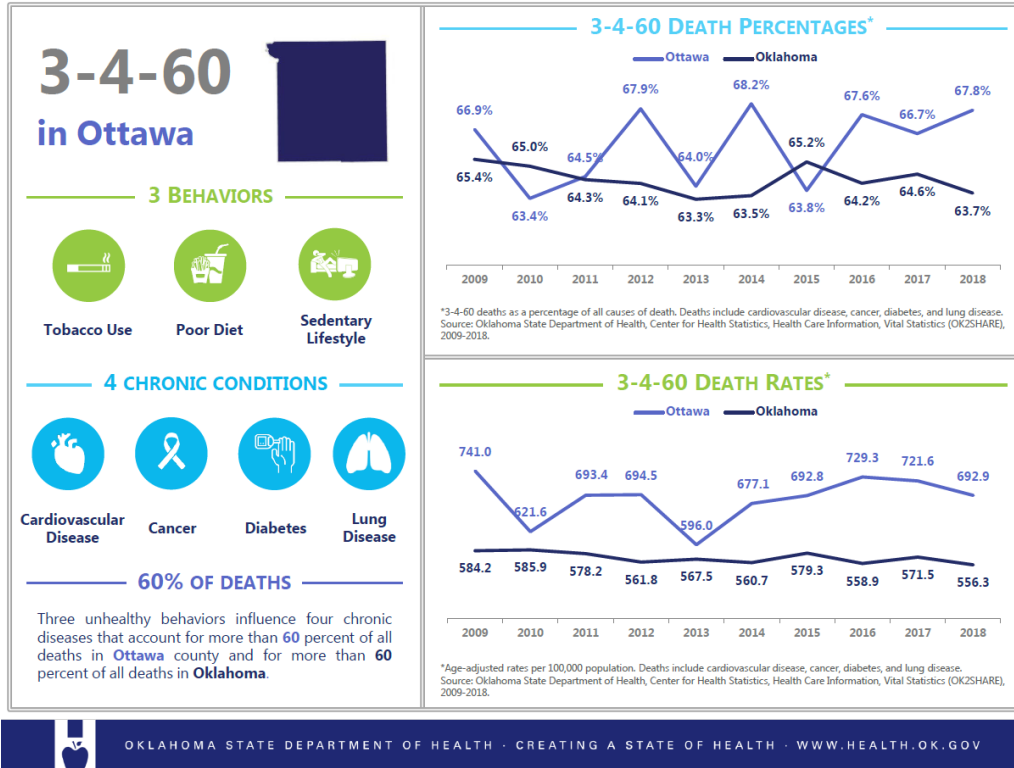
Grade

- A
- B
- C
- D
- F
- NA

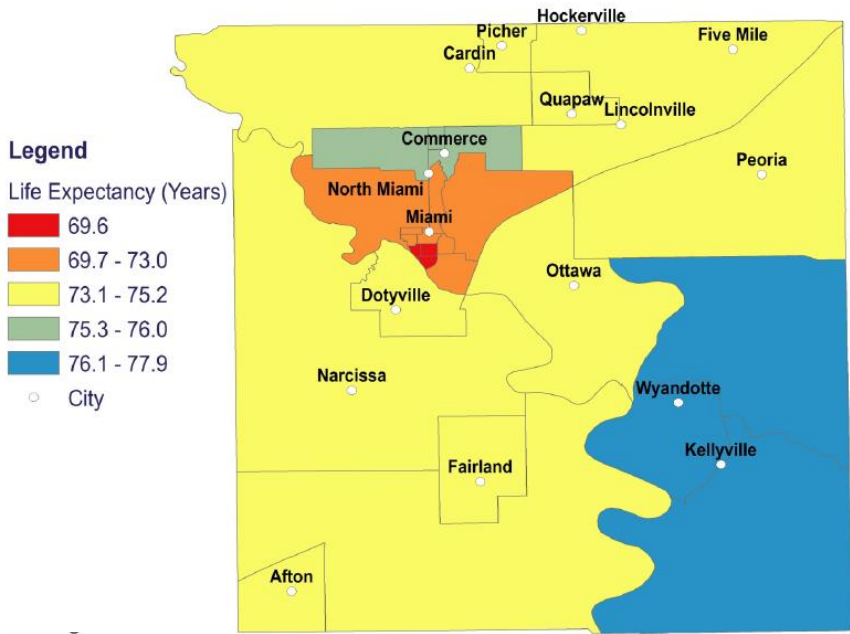
Oklahoma State Department of Health, State of the State's Health Report, Last updated 2/26/2019

Source: (6) Oklahoma State of the State's Health Report. Ottawa County. 2019

Ottawa County 3-4-60

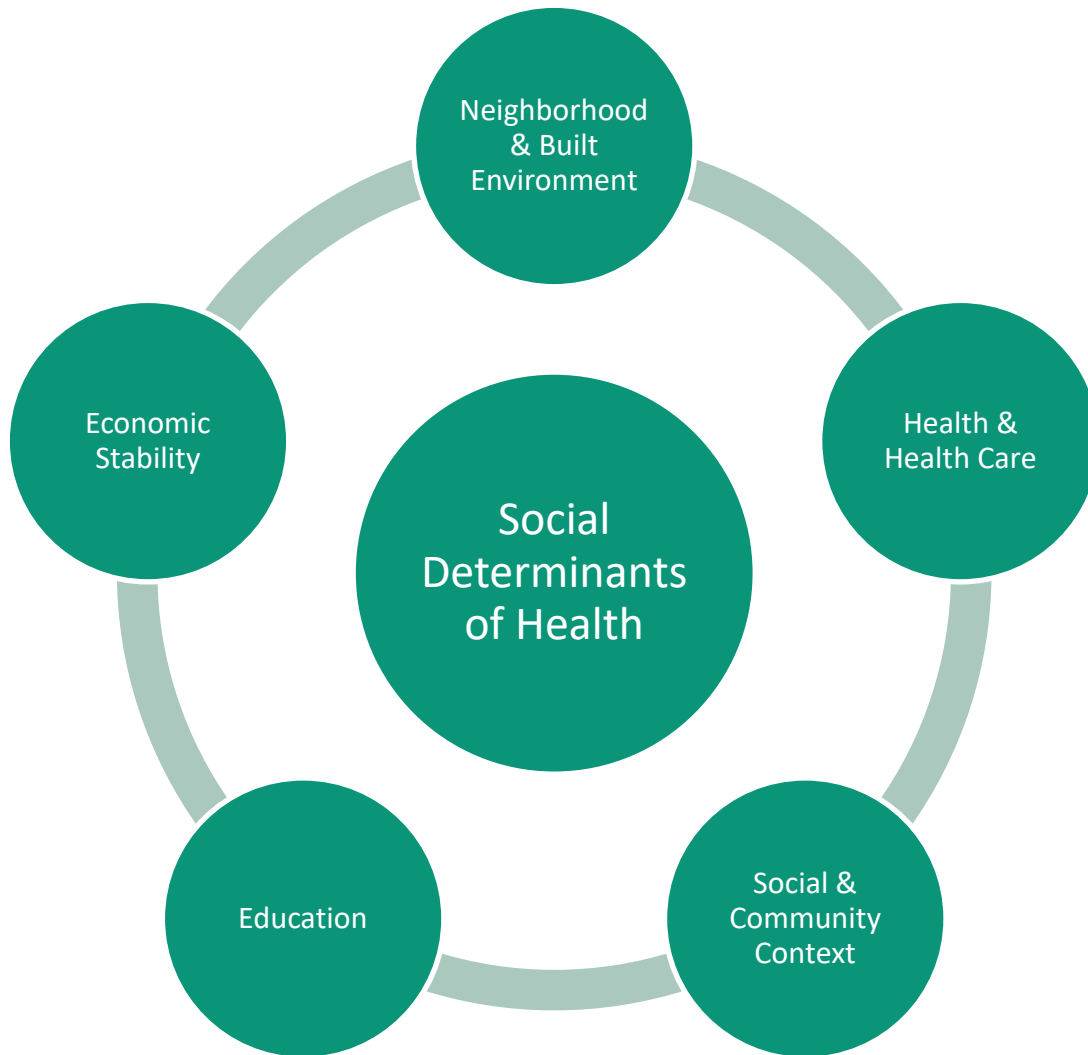


Ottawa County Life Expectancy



Source: (1) Wellness County Profile. Ottawa County. 2019

Prioritized Significant Community Health Needs



Source: (7) Healthy People. 2020

Community Priority Issues

Primary and secondary data were evaluated and synthesized to identify significant community health needs in Ottawa County. Community health needs were prioritized based on several criteria: magnitude/severity of health; opportunity to intervene at a prevention level; circle of influence/ability to impact change; support from the community; capacity to address underserved populations as well as populations deemed vulnerable. The following community health needs were selected as the top four priorities:

Health & Healthcare

Obesity

Currently, 36.5 % of adults in Oklahoma are obese. (6) Citizens rely on cars, trucks, and buses more than ever for their commute to work and school. This can often lead to sedentary lifestyles that contribute significantly to weight gain. The increased convenience of unhealthy, inexpensive fast food coupled with the inability to access low-cost healthy food is a major factor in the obesity epidemic.

Obesity (2017)	Ottawa County	Oklahoma
Obesity Prevalence	40.5%	36.5%
Physical Activity Prevalence	65.6%	67.6
Minimal Vegetable Consumption Prevalence	18.9%	17.1%
Minimal Fruit Consumption Prevalence	52.9%	45.8%
Diabetes Prevalence	17.0%	12.7%
Hypertension Prevalence	37.0%	37.7%

Source: (1) Wellness County Profile. Ottawa County. 2019

Chronic Disease Prevention/Management

Many chronic diseases are caused by risk behaviors such as smoking, poor nutrition, lack of physical activity and excessive alcohol use. The leading causes of death in Ottawa County are from chronic diseases. Chronic disease come at a health and economical cost in the United States. Preventing chronic diseases, or managing symptoms when prevention is not possible, can reduce these costs. (8)

Mortality (2017)	Ottawa County	Oklahoma
Cardiovascular Disease Age-Adjusted Death Rate	413.8	297.8
Cancer Age-Adjusted Death Rate	217.9	177.2

Source: (1) Wellness County Profile. Ottawa County. 2019

Neighborhood and Built Environment

Tobacco

Ottawa County has improved the smoking prevalence rates from 2013 to 2017, dropping from 31.1% to 18.1%. Tobacco use continues to be a part of the Oklahoma State Department of Health’s “3-4-60” in Ottawa County. Tobacco use is one of the three behaviors, in addition to four chronic conditions, that contribute to more than 60% of deaths in this county. (1)

Tobacco (2017)	Ottawa County	Oklahoma
Smoking Prevalence	18.1%	20.1%
COPD / Emphysema / Chronic Bronchitis Prevalence	10.8%	8.6%

Source: (1) Wellness County Profile. Ottawa County. 2019

Access to Healthy Foods

Access to healthy foods can help lower the prevalence of chronic diseases. According to the 2019 Ottawa County Wellness County Profile, low income populations with low food access prevalence was at 17.9%. In addition, 64.5% of the population in Ottawa County had no healthy food outlet (poor access). (1)

Modified Retail Food Environmental Index (percent of population)	
High Healthy Food Access (High Access)	0.0%
Moderate Healthy Food Access (Moderate Access)	18.7%
Low Healthy Food Access (Low Access)	16.8%
No Healthy Food Outlet (Poor Access)	64.5%
No Food Outlet (No Access)	0.0%
Total	100%

Source: (1) Wellness County Profile. Ottawa County. 2019

Source: (1) Wellness County Profile. Ottawa County. 2019

Source: (6) Oklahoma State of the State’s Health Report. Ottawa County. 2019

Source: (8) Centers for Disease Control and Prevention. Health and Economic Costs of Chronic Diseases

Potentially Available Resources

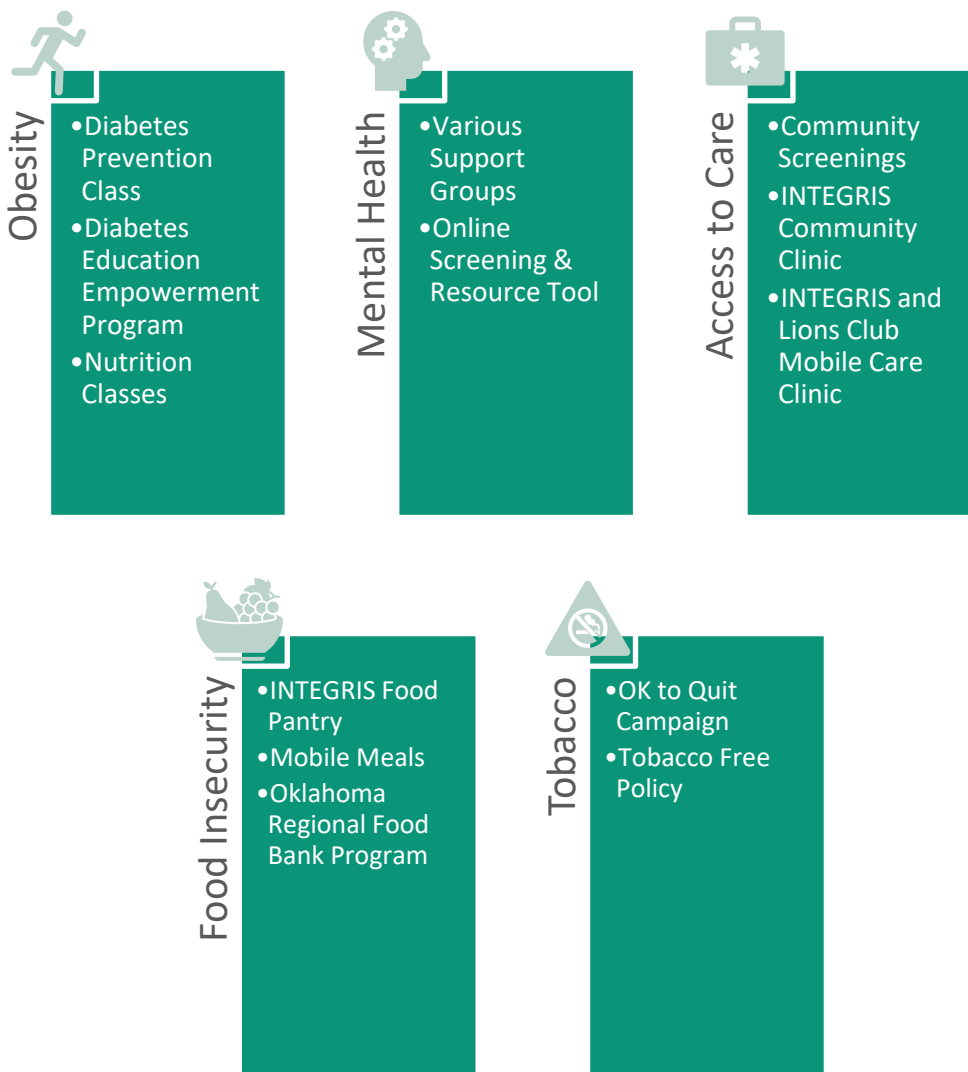
Available community resources were identified through conducting the needs assessment. Barriers, whether potential or perceived, were also identified. By understanding the relevance of available resources and barriers, greater public health awareness will bolster and foster strong partnerships with existing resources. This will allow for duplicate efforts and gaps in care to be identified. Listed below are resources documented at community chats. These organizations are currently addressing the identified needs and have been identified as potential future partners for the next three years.



Evaluation of Impact

INTEGRIS Miami Hospital developed a CHIP (Community Health Improvement Plan) designed to meet the needs of the community based on the results of a CHNA (Community Health Needs Assessment). This health improvement plan focuses on Obesity, Mental Health, Access to Care/Food Insecurity and Tobacco. These issues were chosen based on state and local data, surveys, identifiable gaps, available resources, and small community chats. The CHIP was developed using the results of the community’s health priorities. Implementation steps are based upon the key strategies of prevention, education, and collaboration.

INTEGRIS Miami Hospital FY 2020 – FY 2021	FY 2020	FY 2021
Total CHIP Events	137	71
Total CHIP Facility Participants	8,180	1,588
Total Screened	723	48



Appendices

2021 CHNA Online Survey

2021 Community Health Needs Assessment Survey



We are looking to better understand ways that we can serve our community. Please take this 10 minute survey. Thank you!

Why is this survey being done? The purpose is to learn more about the health needs in the community. **How many people will take part in this survey?** We hope to get opinions from as many community members as possible. **What are the risks, benefits, and options of the survey?** There are no risks or specific benefits to you for participating. You will be given the opportunity to voice your experiences and suggestions. You may choose not to participate. **What about confidentiality?** You will not be asked to provide your name, email, or any other identifiable information in this survey. **What are my rights as a participant?** Taking part in this survey is voluntary. You may choose not to take part or may stop answering questions at any time. **Whom do I contact if I have questions?** If you have any questions about the survey, you may contact us at Mike.Chavez@integrisok.com. Your participation in the survey signifies your consent.

Please select "agree" below to continue with the survey or "Do not agree" to end the survey.

- Agree Do not agree

Are you...

- Less than 18,
 18 to 24,
 25 to 34,
 35 to 44,
 45 to 54,
 55 to 64, or
 Over 65 years of age

If you answered that you are less than 18 years old or prefer not to answer, we apologize you are not eligible to complete this survey.

In general, would you say your health is...?

- | | |
|------------------------------------|--|
| <input type="checkbox"/> Excellent | <input type="checkbox"/> Fair |
| <input type="checkbox"/> Very good | <input type="checkbox"/> Poor |
| <input type="checkbox"/> Good | <input type="checkbox"/> Don't know / not sure |

**Which of the following have a negative effect on your health and well-being?
(Select up to 5 that are most important to you)**

- | | |
|--|--|
| <input type="checkbox"/> Bad air quality | <input type="checkbox"/> Hunger |
| <input type="checkbox"/> Bad/unsafe housing | <input type="checkbox"/> Immigration status/papers |
| <input type="checkbox"/> Cannot find medical care/doctor in my area | <input type="checkbox"/> Jail/prison-my own/partner/family member |
| <input type="checkbox"/> Car accidents/dangerous roads | <input type="checkbox"/> Lead in my home |
| <input type="checkbox"/> Childcare | <input type="checkbox"/> No high school diploma/GED |
| <input type="checkbox"/> Discrimination/racism | <input type="checkbox"/> Not a good reader |
| <input type="checkbox"/> Don't feel safe in my neighborhood | <input type="checkbox"/> Not enough healthy/nutritious food |
| <input type="checkbox"/> Don't feel safe in my relationship | <input type="checkbox"/> Not enough job opportunities |
| <input type="checkbox"/> Feeling alone or isolated | <input type="checkbox"/> Not enough spaces for exercise |
| <input type="checkbox"/> Fruits and vegetable cost too much | <input type="checkbox"/> Public transit route/schedules don't fit my needs |
| <input type="checkbox"/> Homelessness (living in shelter housing or with others) | <input type="checkbox"/> Trouble paying for medications/care |
| <input type="checkbox"/> Housing is unstable or costs too much | <input type="checkbox"/> Water isn't safe to drink |
| | <input type="checkbox"/> No health concerns |
| | <input type="checkbox"/> Other (Please specify) |

About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

- Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- Within the past 5 years (2 years but less than 5 years ago)
- 5 or more years ago
- Never
- Don't know / not sure

When you are sick, how likely are you to visit a healthcare provider?

- Always
- Usually
- Sometimes
- Rarely
- Never

Everyone in my household can get the health services we want and need including physical, mental and dental health services.

- Always
- Usually
- Sometimes
- Rarely
- Never

Which types of health services are difficult to get for your household members? Please select all that apply.

- Dental health services
- Mental health services
- Physical health services

Why is getting these health services a challenge for your household members? Please select all that apply.

- Healthcare services are too expensive and/or the deductible or copay is too high
- Healthcare providers do not accept my health insurance
- I do not have health insurance
- We can't get an appointment and/or waitlists are too long
- We don't feel welcome
- We don't know how to find the healthcare providers we need
- We have language and/or cultural barriers
- We have schedule problems (when we are available, healthcare services are closed)
- We have transportation problems
- Other (please describe) _____

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service?

- Yes
- No
- Don't know / not sure

Do you currently have dental insurance?

- Yes
- No
- Don't know / not sure

Consider your neighborhood as the area within a 20-minute walk or about a mile from your home. How much do you agree with this statement, "It is easy to purchase a variety of affordable fresh fruits and vegetables in my neighborhood."

- Strongly agree
- Agree
- Neutral (neither agree nor disagree)
- Strongly disagree
- Don't know / not sure

I can get healthy food for my family.

- Always
- Often
- Sometimes
- Rarely
- Never

Why is getting healthy food a challenge for you? Please select all that apply.

- Healthy food is not available in my community
- Healthy food is too expensive in my community
- I don't have the time to buy or prepare healthy food
- I don't know how to find food pantries and other sources of free food
- I have schedule problems in accessing stores with healthy foods
- I have transportation problems
- The store I go to does not take EBT/FoodShare
- The store I go to does not take WIC
- Other (please specify) _____

How would you describe your current financial situation? Please select all that apply.

- I don't have enough money to pay the bills to meet household needs
- Money is a major stressor in my life
- I live paycheck to paycheck
- I am financially secure and meet my and my family's needs
- I have enough money to live comfortably without stress

What is your employment status? Please select all that apply.

- Full-time (includes self-employed)
- Employed part-time (includes self-employed)
- Working more than one job to make ends meet
- Out of work for more than 1 year
- Out of work for less than 1 year
- Caregiver
- Student
- Retired
- Veteran
- Unable to work
- Living with my own disability that prevents me from working

In the past year, have any of the following things made it hard for you to work? Please select all that apply.

- Cost of childcare
- Childcare was unavailable
- Transportation issues
- Health insurance not provided through your work
- Your own health
- Family member's health
- Your own permanent disability
- Lack of training or skills
- Lack of resources to start your own business
- Conflicts with school
- None
- Other (please specify) _____

What is the highest grade or year of school you completed?

- Never attended school or only attended kindergarten
- Grades 1 through 8 (Elementary)
- Grades 9 through 11 (Some high school)
- Grade 12 (High school graduate)
- GED
- College 1 year to 3 years (Some college or technical school)
- College 4 years or more (College graduate)
- Don't know / not sure

If you would like to go back to school, which of the following would help you go back to school? Please select all that apply.

- Classes at a convenient location in my neighborhood or community
- Weekend and evening courses
- Transportation to school
- More education about various career opportunities
- College or Career Tech tied directly with work internships
- More financial aid for educational opportunities
- More individual help when having trouble
- Ways to get college general education requirements completed while in high school
- Instruction to help me learn how to be a better test taker
- Shorter degree programs
- Less expensive, more available childcare
- More opportunities for partial online and partial in-class courses or more online classes
- Counselors and enrollment personnel available after hours
- Courses offered in my native language
- I am not interested in going back to school

Are you a registered voter in the state of Oklahoma?

- Yes
- No
- Don't know / not sure

Did you vote in the past year?

- Yes
- No
- Don't know / not sure

What is your main reason for not voting?

- I don't feel my voice is heard
- I don't feel my vote matters
- I don't have enough time to get to the polls
- I don't know where my poll is located
- I don't have the appropriate identification
- Other (please specify) _____

Have you faced challenges to voting?

- Yes
- No
- Don't know / not sure

What challenges have you faced?

What sex were you assigned at birth?

- Male
- Female
- Prefer not to say

Are you Spanish, Hispanic, or Latino origin?

- Mexican, Mexican-American, Chicano/a
- Puerto Rican
- Cuban
- Another Hispanic, Latino/a, or Spanish origin?
(Please specify) _____
- No (not of Hispanic/Latino origin)
- Don't Know / not sure

Which one or more of the following would you say is your race? Please select all that apply.

- White
- Black or African-American
- American Indian or Alaska Native
- Asian
- Native Hawaiian or Other Pacific Islander
- Other (please specify) _____

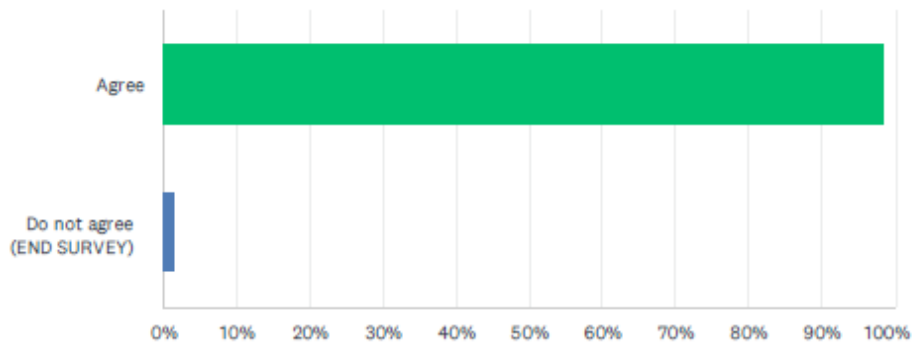
What is your zip code?

2021 CHNA Online Survey Results

2021 Ottawa County Community Health Needs Assessment Survey

Q1 Please click "agree" below to continue with the survey or "do not agree" to end the survey.

Answered: 136 Skipped: 1

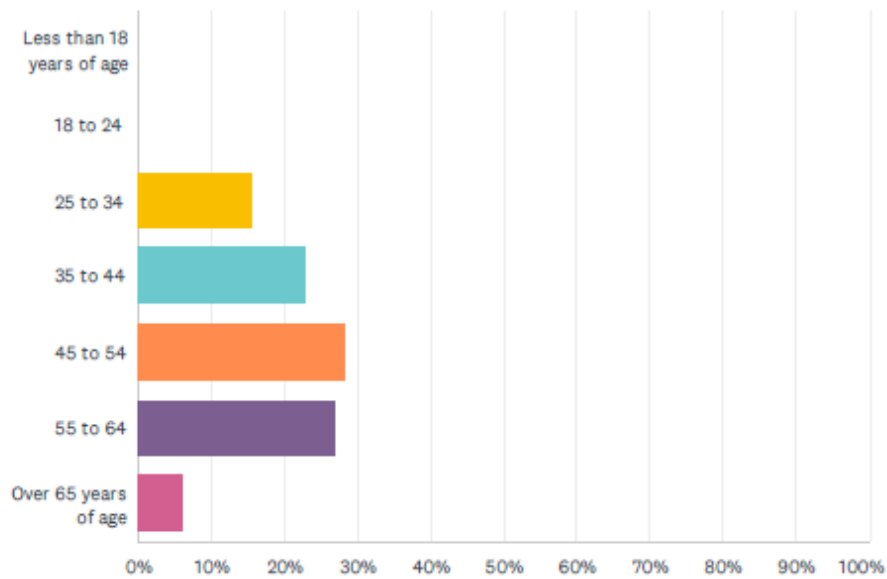


ANSWER CHOICES	RESPONSES	
Agree	98.53%	134
Do not agree (END SURVEY)	1.47%	2
TOTAL		136

2021 Ottawa County Community Health Needs Assessment Survey

Q2 Are you...

Answered: 134 Skipped: 3



ANSWER CHOICES	RESPONSES	
Less than 18 years of age	0.00%	0
18 to 24	0.00%	0
25 to 34	15.67%	21
35 to 44	23.13%	31
45 to 54	28.36%	38
55 to 64	26.87%	36
Over 65 years of age	5.97%	8
TOTAL		134

2021 Ottawa County Community Health Needs Assessment Survey

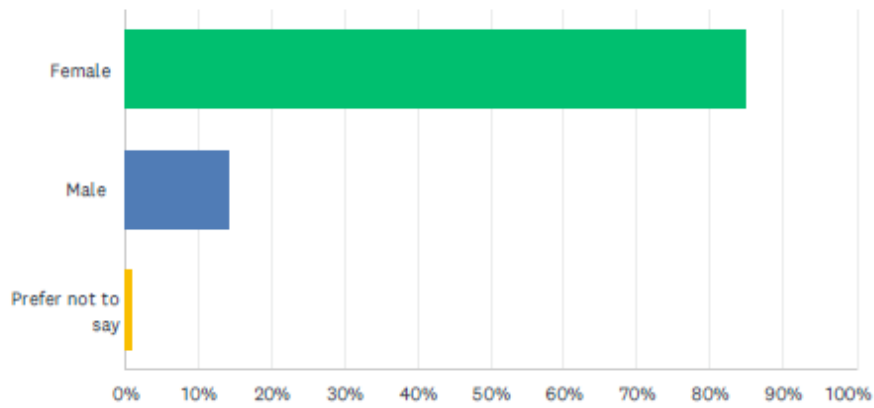
Q3 In what ZIP code is your home located? (enter 5-digit ZIP code; for example, 00544 or 94305)

Answered: 127 Skipped: 10

2021 Ottawa County Community Health Needs Assessment Survey

Q4 What sex were you assigned at birth?

Answered: 126 Skipped: 11

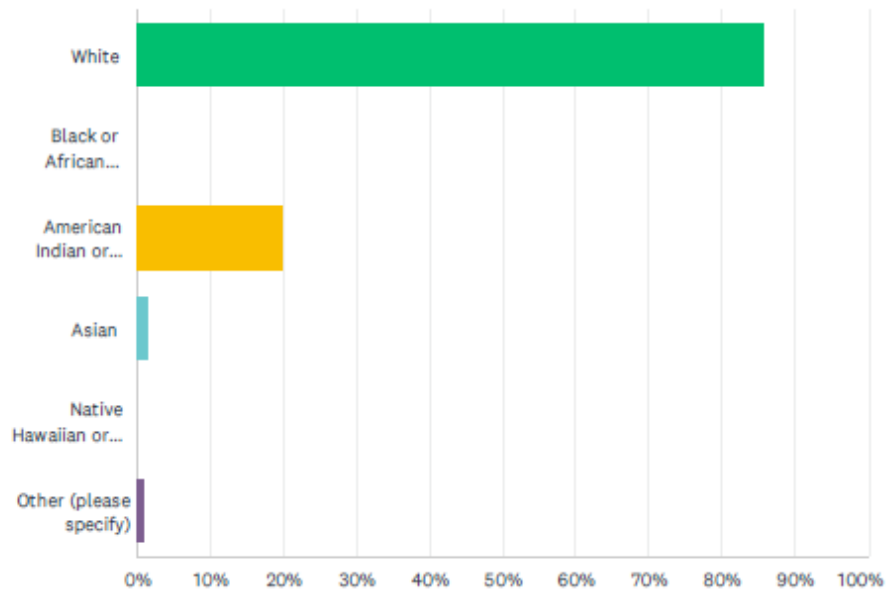


ANSWER CHOICES	RESPONSES	
Female	84.92%	107
Male	14.29%	18
Prefer not to say	0.79%	1
TOTAL		126

2021 Ottawa County Community Health Needs Assessment Survey

Q5 Which one or more of the following would you say is your race? Please select all that apply.

Answered: 126 Skipped: 11

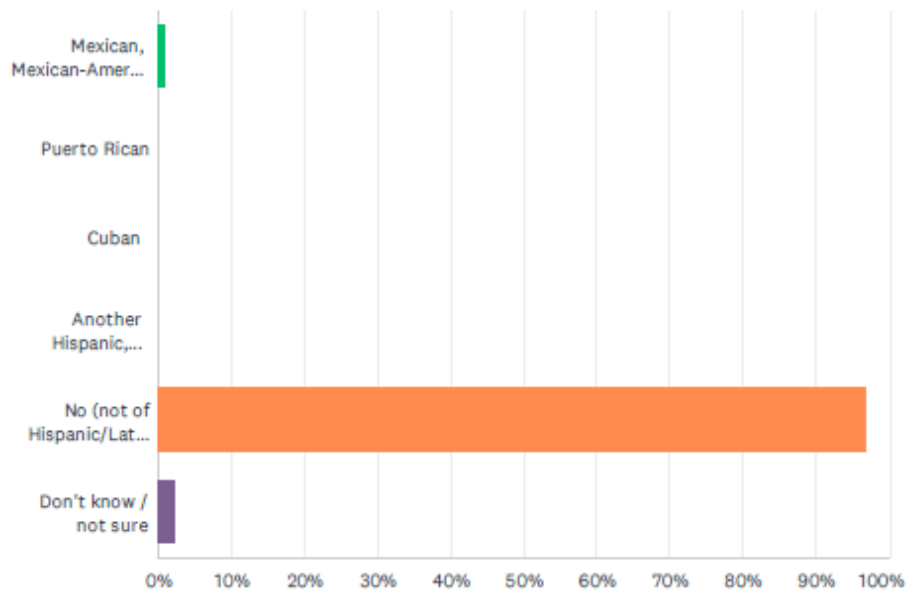


ANSWER CHOICES	RESPONSES	
White	85.71%	108
Black or African American	0.00%	0
American Indian or Alaska Native	19.84%	25
Asian	1.59%	2
Native Hawaiian or Other Pacific Islander	0.00%	0
Other (please specify)	0.79%	1
Total Respondents: 126		

2021 Ottawa County Community Health Needs Assessment Survey

Q6 Are you Spanish, Hispanic, or Latino origin?

Answered: 127 Skipped: 10

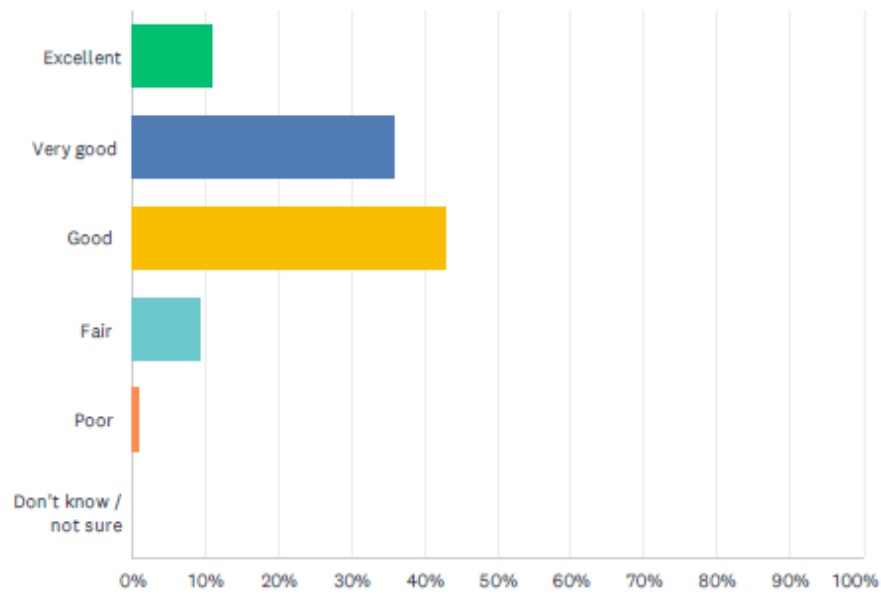


ANSWER CHOICES	RESPONSES	
Mexican, Mexican-American, Chicano/a	0.79%	1
Puerto Rican	0.00%	0
Cuban	0.00%	0
Another Hispanic, Latino/a, or Spanish origin	0.00%	0
No (not of Hispanic/Latino origin)	96.85%	123
Don't know / not sure	2.36%	3
TOTAL		127

2021 Ottawa County Community Health Needs Assessment Survey

Q7 In general, would you say your health is...?

Answered: 128 Skipped: 9

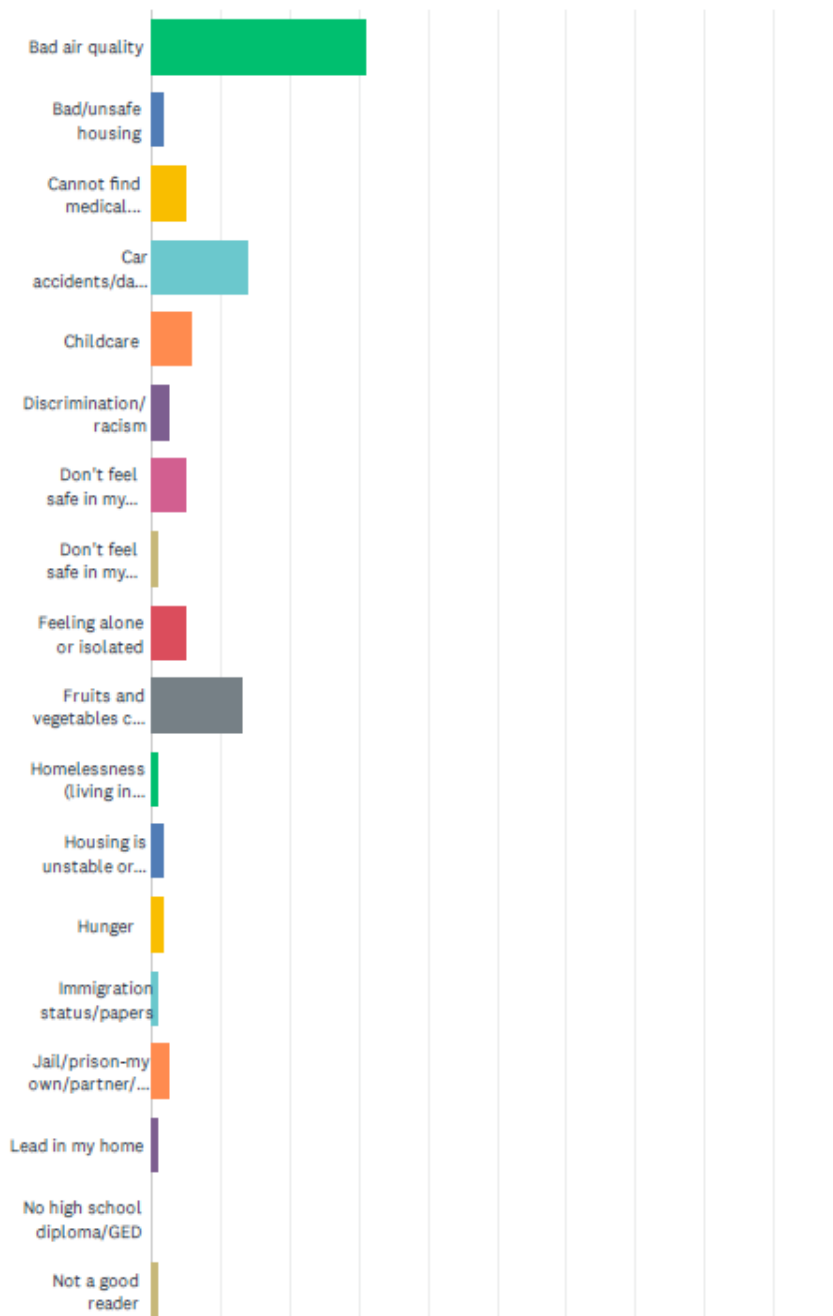


ANSWER CHOICES	RESPONSES	
Excellent	10.94%	14
Very good	35.94%	46
Good	42.97%	55
Fair	9.38%	12
Poor	0.78%	1
Don't know / not sure	0.00%	0
TOTAL		128

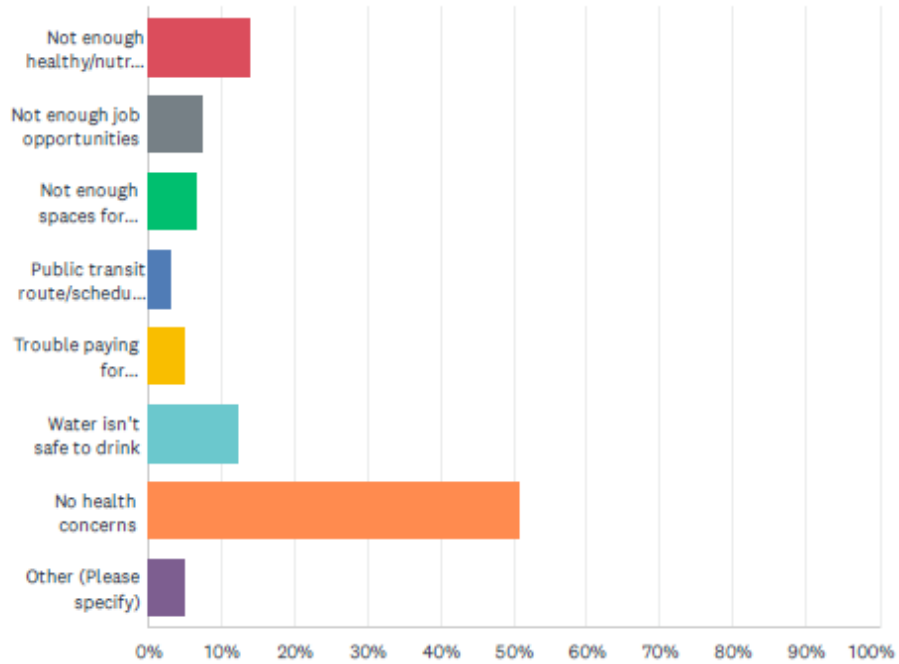
2021 Ottawa County Community Health Needs Assessment Survey

Q8 Which of the following have a negative effect on your health and well-being? Select up to 5 that are most important to you.

Answered: 122 Skipped: 15



2021 Ottawa County Community Health Needs Assessment Survey



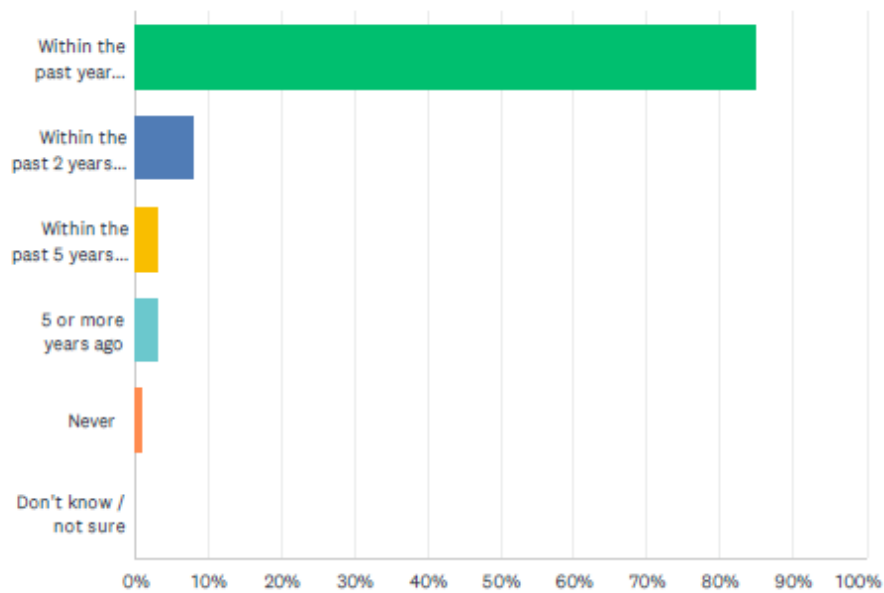
2021 Ottawa County Community Health Needs Assessment Survey

ANSWER CHOICES	RESPONSES	
Bad air quality	31.15%	38
Bad/unsafe housing	1.64%	2
Cannot find medical care/doctor in my area	4.92%	6
Car accidents/dangerous roads	13.93%	17
Childcare	5.74%	7
Discrimination/racism	2.46%	3
Don't feel safe in my neighborhood	4.92%	6
Don't feel safe in my relationship	0.82%	1
Feeling alone or isolated	4.92%	6
Fruits and vegetables cost too much	13.11%	16
Homelessness (living in shelter housing or with others)	0.82%	1
Housing is unstable or costs too much	1.64%	2
Hunger	1.64%	2
Immigration status/papers	0.82%	1
Jail/prison-my own/partner/family member	2.46%	3
Lead in my home	0.82%	1
No high school diploma/GED	0.00%	0
Not a good reader	0.82%	1
Not enough healthy/nutritious food	13.93%	17
Not enough job opportunities	7.38%	9
Not enough spaces for exercise	6.56%	8
Public transit route/schedules don't fit my needs	3.28%	4
Trouble paying for medications/care	4.92%	6
Water isn't safe to drink	12.30%	15
No health concerns	50.82%	62
Other (Please specify)	4.92%	6
Total Respondents: 122		

2021 Ottawa County Community Health Needs Assessment Survey

Q9 About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

Answered: 127 Skipped: 10

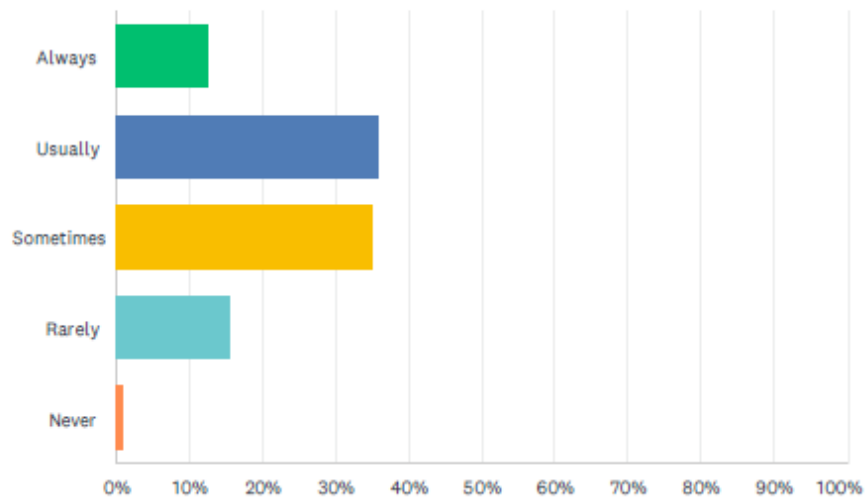


ANSWER CHOICES	RESPONSES	
Within the past year (anytime less than 12 months ago)	85.04%	108
Within the past 2 years (1 year but less than 2 years ago)	7.87%	10
Within the past 5 years (2 years but less than 5 years ago)	3.15%	4
5 or more years ago	3.15%	4
Never	0.79%	1
Don't know / not sure	0.00%	0
TOTAL		127

2021 Ottawa County Community Health Needs Assessment Survey

Q10 When you are sick, how likely are you to visit a healthcare provider?

Answered: 128 Skipped: 9

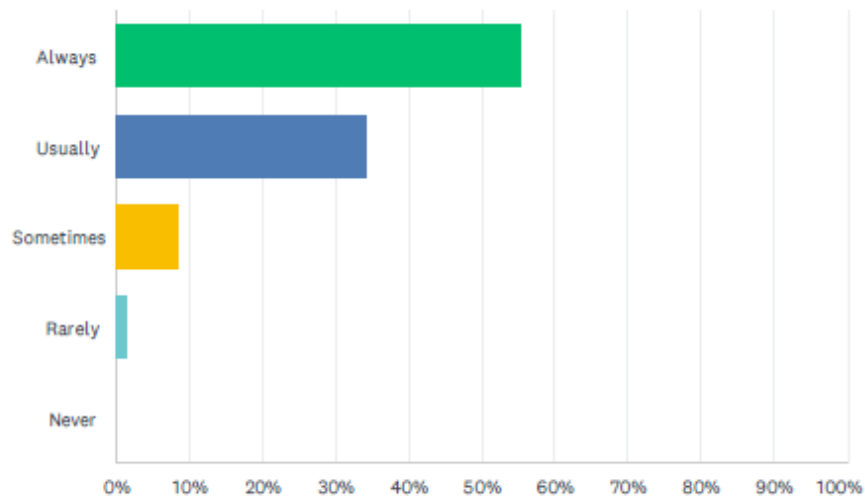


ANSWER CHOICES	RESPONSES	
Always	12.50%	16
Usually	35.94%	46
Sometimes	35.16%	45
Rarely	15.63%	20
Never	0.78%	1
TOTAL		128

2021 Ottawa County Community Health Needs Assessment Survey

Q11 Everyone in my household can get the health services we want and need including physical, mental and dental health services.

Answered: 128 Skipped: 9

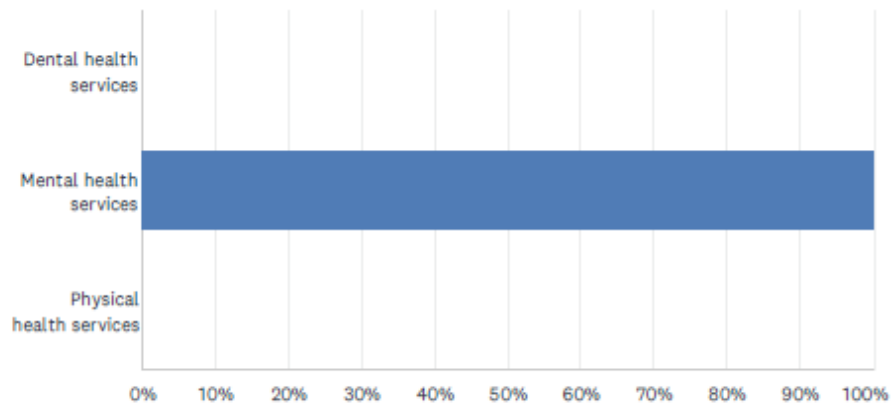


ANSWER CHOICES	RESPONSES	
Always	55.47%	71
Usually	34.38%	44
Sometimes	8.59%	11
Rarely	1.56%	2
Never	0.00%	0
TOTAL		128

2021 Ottawa County Community Health Needs Assessment Survey

Q12 Which types of health services are difficult to get for your household members? Please select all that apply.

Answered: 1 Skipped: 136

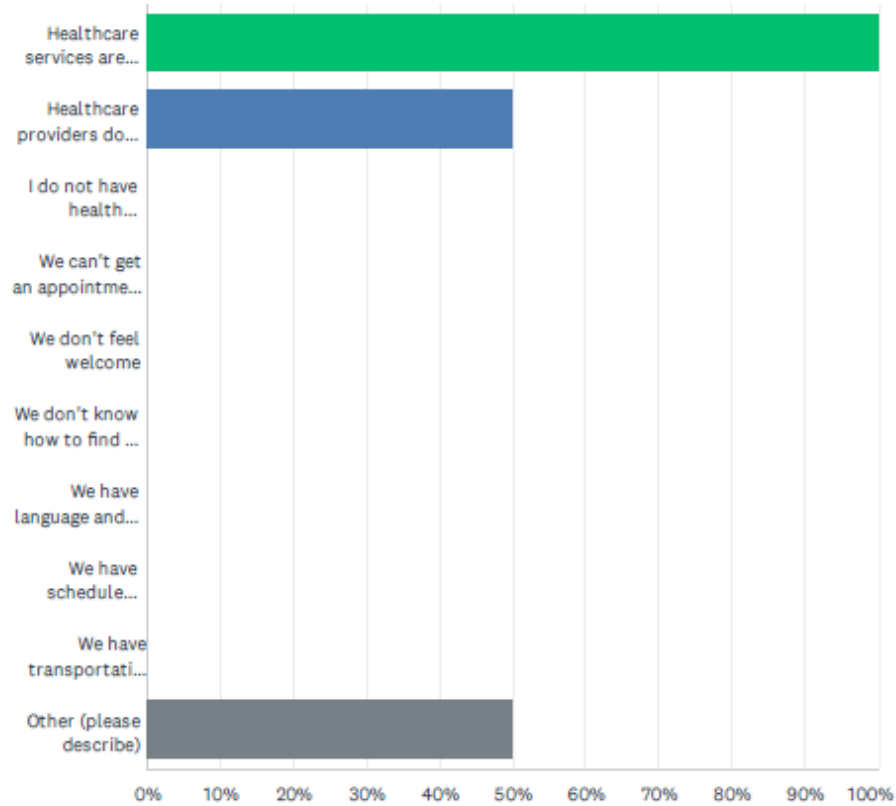


ANSWER CHOICES	RESPONSES
Dental health services	0.00% 0
Mental health services	100.00% 1
Physical health services	0.00% 0
Total Respondents: 1	

2021 Ottawa County Community Health Needs Assessment Survey

Q13 Why is getting these health services a challenge for your household members? Please select all that apply.

Answered: 2 Skipped: 135



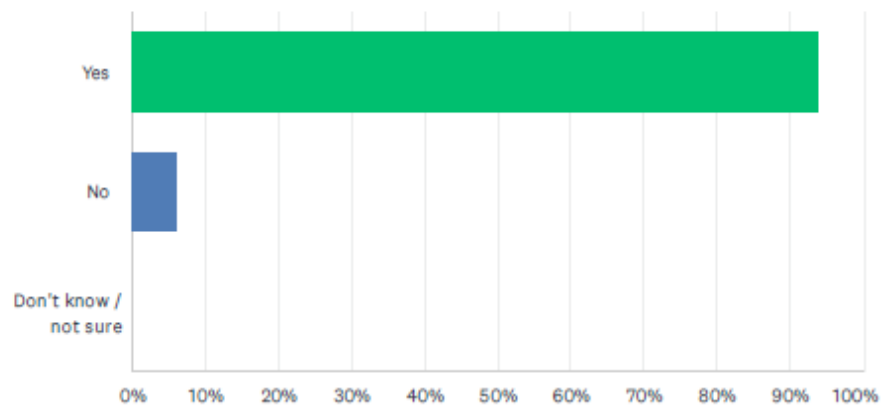
2021 Ottawa County Community Health Needs Assessment Survey

ANSWER CHOICES	RESPONSES	
Healthcare services are too expensive and/or the deductible or copay is too high	100.00%	2
Healthcare providers do not accept my health insurance	50.00%	1
I do not have health insurance	0.00%	0
We can't get an appointment and/or waitlists are too long	0.00%	0
We don't feel welcome	0.00%	0
We don't know how to find the healthcare providers we need	0.00%	0
We have language and/or cultural barriers	0.00%	0
We have schedule problems (when we are available, healthcare services are closed)	0.00%	0
We have transportation problems	0.00%	0
Other (please describe)	50.00%	1
Total Respondents: 2		

2021 Ottawa County Community Health Needs Assessment Survey

Q14 Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Services?

Answered: 128 Skipped: 9

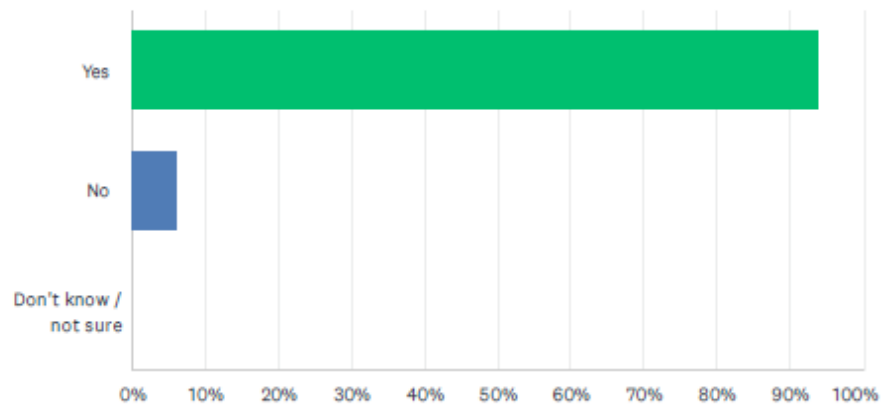


ANSWER CHOICES	RESPONSES
Yes	93.75% 120
No	6.25% 8
Don't know / not sure	0.00% 0
TOTAL	128

2021 Ottawa County Community Health Needs Assessment Survey

Q15 Do you currently have dental insurance?

Answered: 128 Skipped: 9

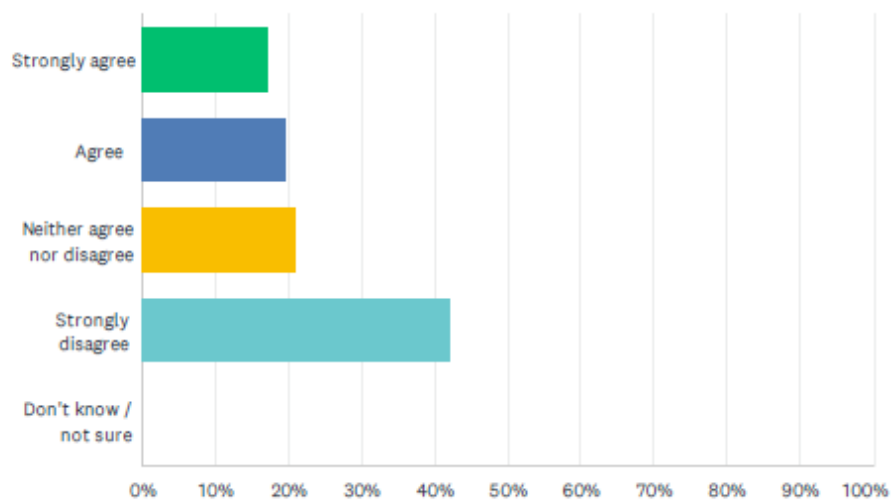


ANSWER CHOICES	RESPONSES	
Yes	93.75%	120
No	6.25%	8
Don't know / not sure	0.00%	0
TOTAL		128

2021 Ottawa County Community Health Needs Assessment Survey

Q16 Consider your neighborhood as the area within a 20-minute walk or about a mile from your home. How much do you agree with this statement, "It is easy to purchase a variety of affordable fresh fruits and vegetables in my neighborhood."

Answered: 128 Skipped: 9

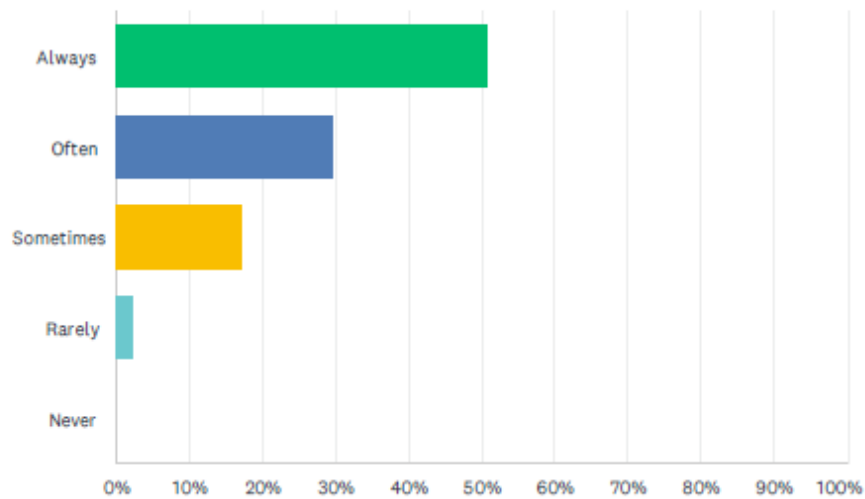


ANSWER CHOICES	RESPONSES	
Strongly agree	17.19%	22
Agree	19.53%	25
Neither agree nor disagree	21.09%	27
Strongly disagree	42.19%	54
Don't know / not sure	0.00%	0
TOTAL		128

2021 Ottawa County Community Health Needs Assessment Survey

Q17 I can get healthy food for my family.

Answered: 128 Skipped: 9

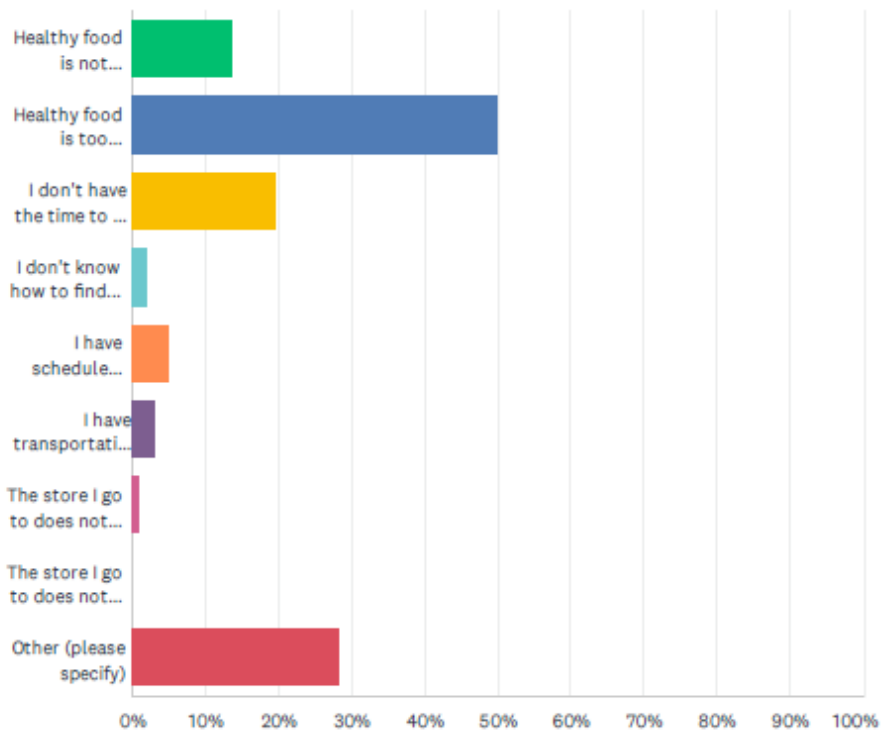


ANSWER CHOICES	RESPONSES	
Always	50.78%	65
Often	29.69%	38
Sometimes	17.19%	22
Rarely	2.34%	3
Never	0.00%	0
TOTAL		128

2021 Ottawa County Community Health Needs Assessment Survey

Q18 Why is getting healthy food a challenge for you? Please select all that apply.

Answered: 102 Skipped: 35

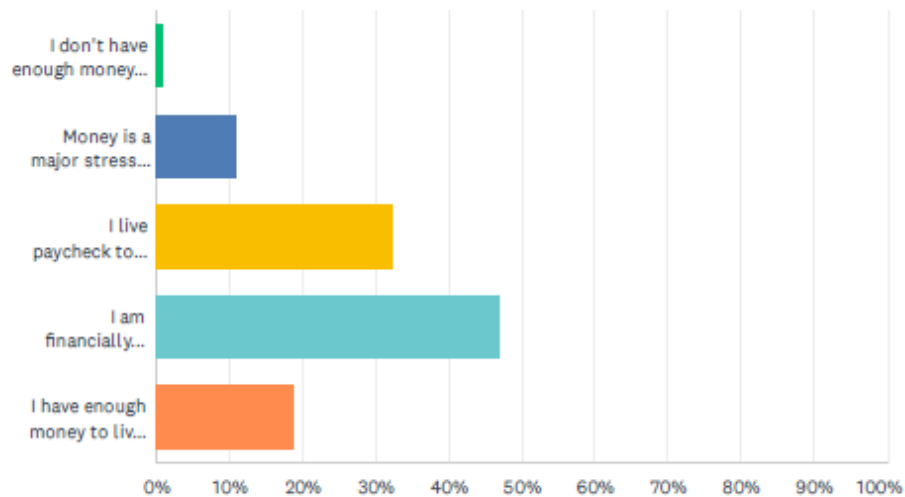


ANSWER CHOICES	RESPONSES	
Healthy food is not available in my community	13.73%	14
Healthy food is too expensive in my community	50.00%	51
I don't have the time to buy or prepare healthy foods	19.61%	20
I don't know how to find food pantries and other sources of free food	1.96%	2
I have schedule problems in accessing stores with healthy foods	4.90%	5
I have transportation problems	2.94%	3
The store I go to does not take EBT/FoodShare	0.98%	1
The store I go to does not take WIC	0.00%	0
Other (please specify)	28.43%	29
Total Respondents: 102		

2021 Ottawa County Community Health Needs Assessment Survey

Q19 How would you describe your current financial situation? Please select all that apply.

Answered: 117 Skipped: 20

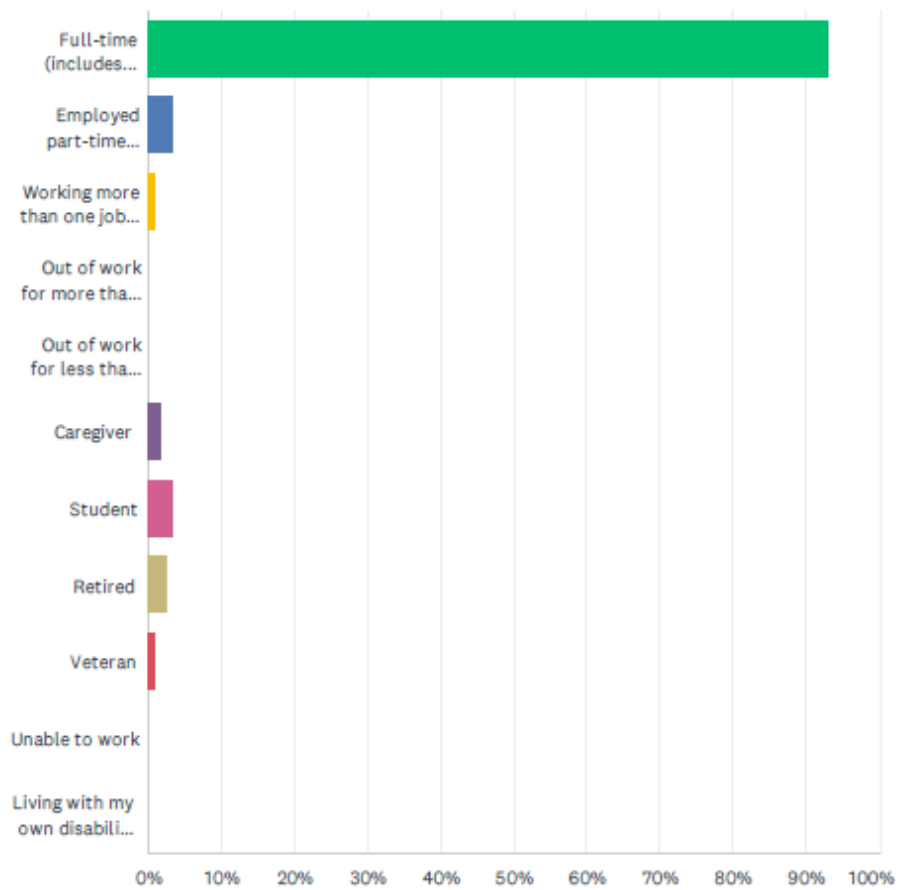


ANSWER CHOICES	RESPONSES	
I don't have enough money to pay the bills to meet household needs	0.85%	1
Money is a major stressor in my life	11.11%	13
I live paycheck to paycheck	32.48%	38
I am financially secure and meet my and my family's needs	47.01%	55
I have enough money to live comfortably without stress	18.80%	22
Total Respondents: 117		

2021 Ottawa County Community Health Needs Assessment Survey

Q20 What is your employment status? Please select all that apply.

Answered: 119 Skipped: 18



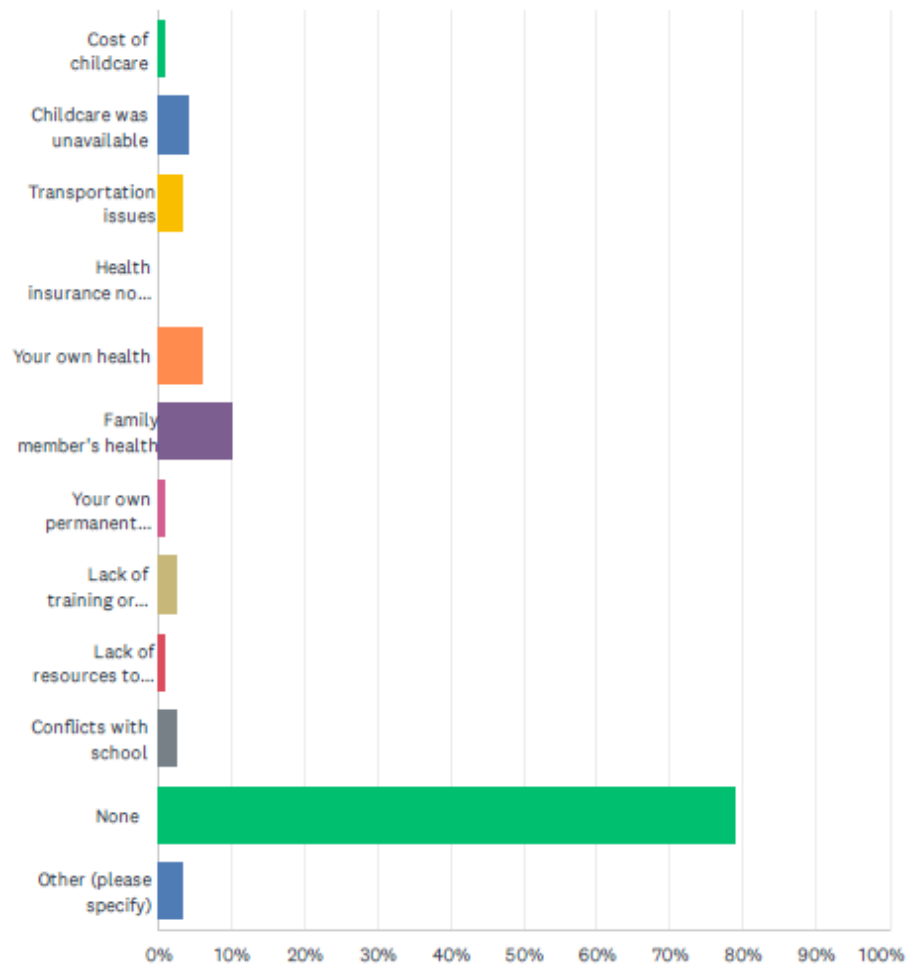
2021 Ottawa County Community Health Needs Assessment Survey

ANSWER CHOICES	RESPONSES	
Full-time (includes self-employed)	93.28%	111
Employed part-time (includes self-employed)	3.36%	4
Working more than one job to make ends meet	0.84%	1
Out of work for more than 1 year	0.00%	0
Out of work for less than 1 year	0.00%	0
Caregiver	1.68%	2
Student	3.36%	4
Retired	2.52%	3
Veteran	0.84%	1
Unable to work	0.00%	0
Living with my own disability that prevents me from working	0.00%	0
Total Respondents: 119		

2021 Ottawa County Community Health Needs Assessment Survey

Q21 In the past year, have any of the following things made it hard for you to work? Please select all that apply.

Answered: 118 Skipped: 19



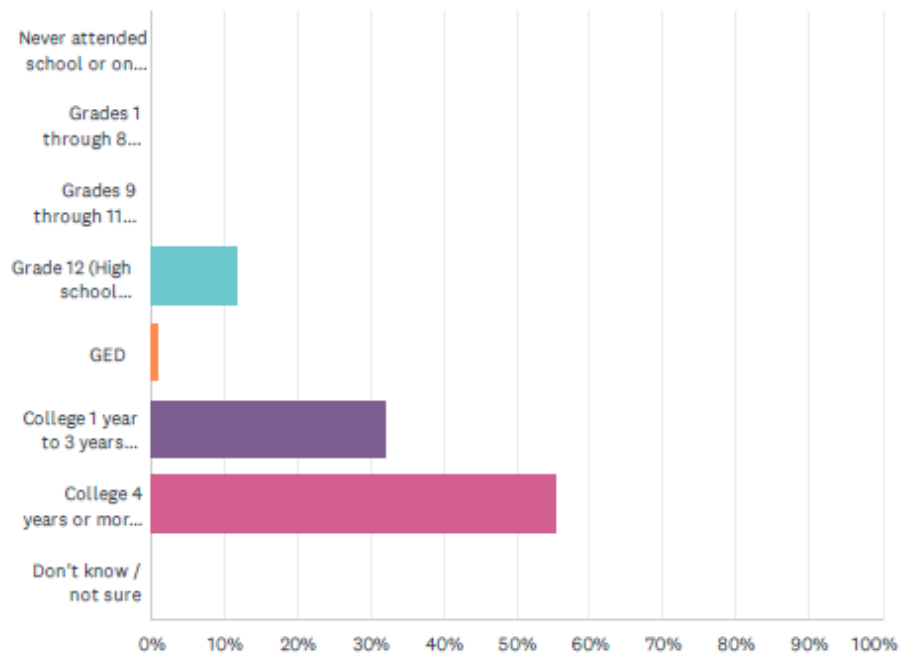
2021 Ottawa County Community Health Needs Assessment Survey

ANSWER CHOICES	RESPONSES	
Cost of childcare	0.85%	1
Childcare was unavailable	4.24%	5
Transportation issues	3.39%	4
Health insurance not provided through work	0.00%	0
Your own health	5.93%	7
Family member's health	10.17%	12
Your own permanent disability	0.85%	1
Lack of training or skills	2.54%	3
Lack of resources to start your own business	0.85%	1
Conflicts with school	2.54%	3
None	78.81%	93
Other (please specify)	3.39%	4
Total Respondents: 118		

2021 Ottawa County Community Health Needs Assessment Survey

Q22 What is the highest grade or year of school you completed?

Answered: 119 Skipped: 18

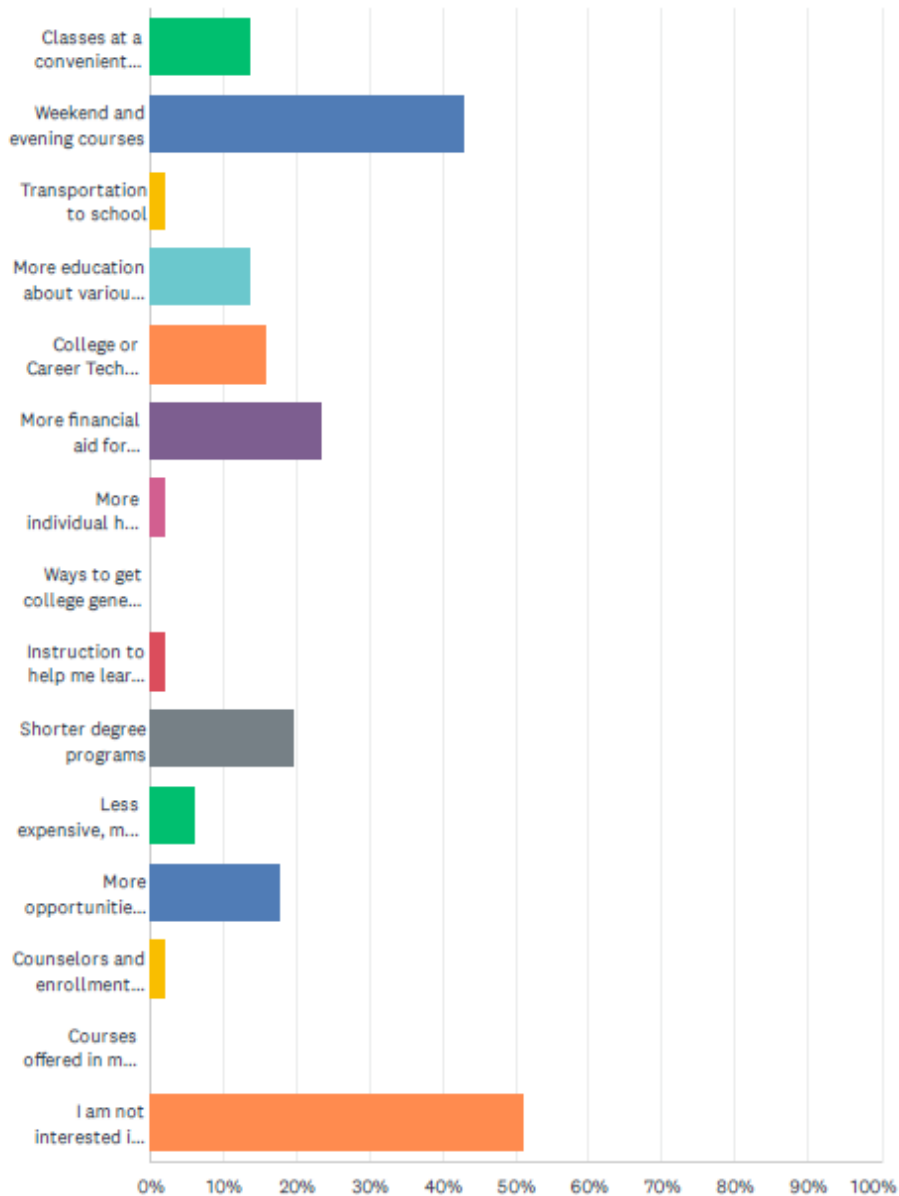


ANSWER CHOICES	RESPONSES	
Never attended school or only attended kindergarten	0.00%	0
Grades 1 through 8 (Elementary)	0.00%	0
Grades 9 through 11 (Some high school)	0.00%	0
Grade 12 (High school graduate)	11.76%	14
GED	0.84%	1
College 1 year to 3 years (Some college or technical school)	31.93%	38
College 4 years or more (College graduate)	55.46%	66
Don't know / not sure	0.00%	0
TOTAL		119

2021 Ottawa County Community Health Needs Assessment Survey

Q23 If you would like to go back to school, which of the following would help you go back to school? Please select all that apply.

Answered: 51 Skipped: 86



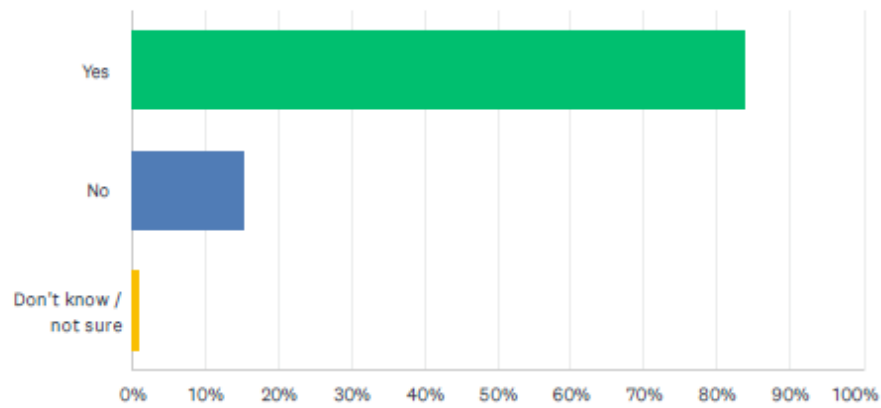
2021 Ottawa County Community Health Needs Assessment Survey

ANSWER CHOICES	RESPONSES	
Classes at a convenient location in my neighborhood or community	13.73%	7
Weekend and evening courses	43.14%	22
Transportation to school	1.96%	1
More education about various career opportunities	13.73%	7
College or Career Tech tied directly with work internships	15.69%	8
More financial aid for educational opportunities	23.53%	12
More individual help when having trouble	1.96%	1
Ways to get college general education requirements completed while in high school	0.00%	0
Instruction to help me learn how to be a better test taker	1.96%	1
Shorter degree programs	19.61%	10
Less expensive, more available childcare	5.88%	3
More opportunities for partial online and partial in-class courses or more online classes	17.65%	9
Counselors and enrollment personnel available after hours	1.96%	1
Courses offered in my native language	0.00%	0
I am not interested in going back to school	50.98%	26
Total Respondents: 51		

2021 Ottawa County Community Health Needs Assessment Survey

Q24 Are you a registered voter in the state of Oklahoma?

Answered: 118 Skipped: 19

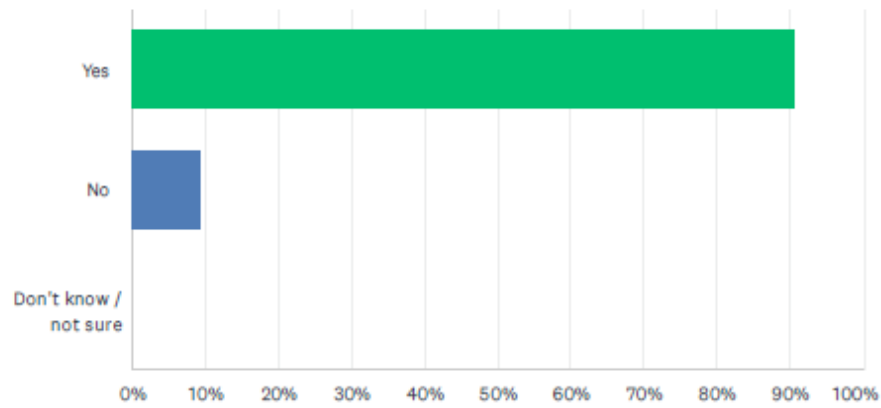


ANSWER CHOICES	RESPONSES	
Yes	83.90%	99
No	15.25%	18
Don't know / not sure	0.85%	1
TOTAL		118

2021 Ottawa County Community Health Needs Assessment Survey

Q25 Did you vote in the past year?

Answered: 117 Skipped: 20

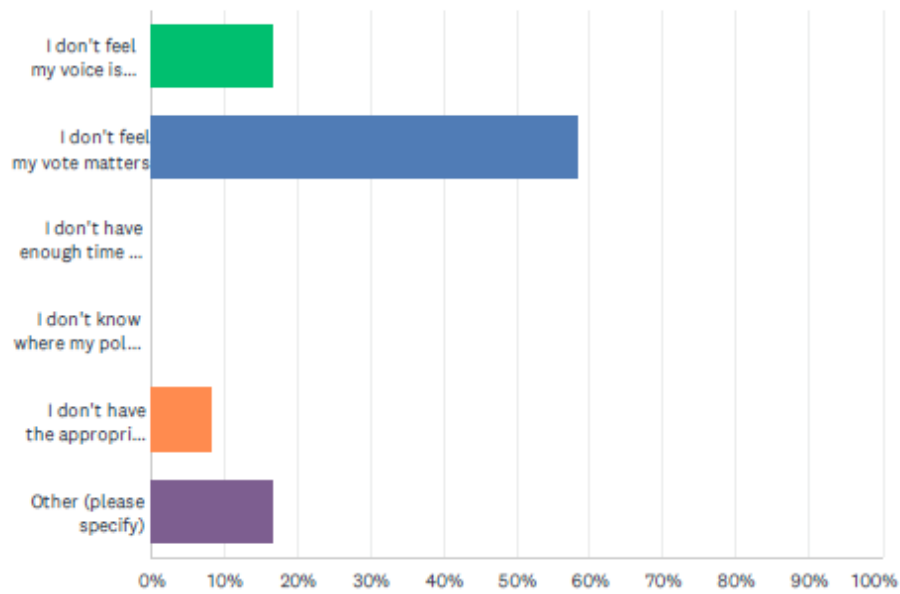


ANSWER CHOICES	RESPONSES	
Yes	90.60%	106
No	9.40%	11
Don't know / not sure	0.00%	0
TOTAL		117

2021 Ottawa County Community Health Needs Assessment Survey

Q26 What is your main reason for not voting?

Answered: 12 Skipped: 125

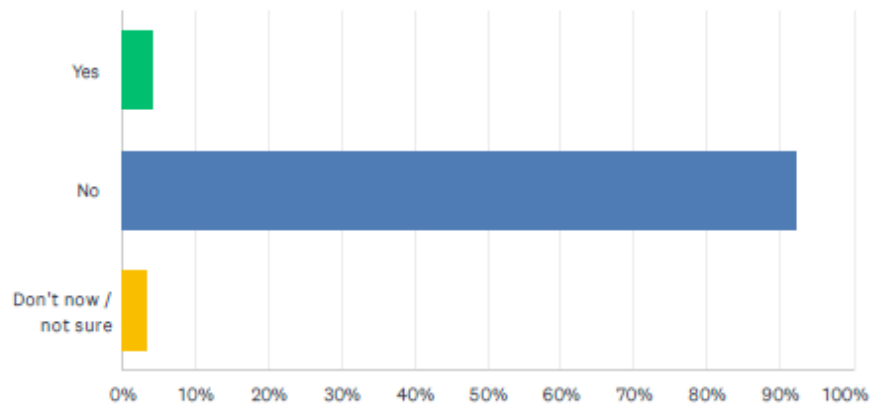


ANSWER CHOICES	RESPONSES
I don't feel my voice is heard	16.67% 2
I don't feel my vote matters	58.33% 7
I don't have enough time to get to the polls	0.00% 0
I don't know where my poll is located	0.00% 0
I don't have the appropriate identification	8.33% 1
Other (please specify)	16.67% 2
TOTAL	12

2021 Ottawa County Community Health Needs Assessment Survey

Q27 Have you faced challenges to voting?

Answered: 117 Skipped: 20



ANSWER CHOICES	RESPONSES	
Yes	4.27%	5
No	92.31%	108
Don't now / not sure	3.42%	4
TOTAL		117

2021 Ottawa County Community Health Needs Assessment Survey

Q28 If so, what challenges have you faced?

Answered: 15 Skipped: 122

CHNA Focus Group Questions

INTEGRIS Health CHNA

Facilitation guide

Date:

Facilitator name:

Location:

WELCOME AND BACKGROUND ON THE FOCUS GROUP (1 MINUTE)

Welcome. Thank you for making time to be here today. My name is _____ and I am with INTEGRIS Health.

Before we get started, I'll give you an introduction about what we're going to do tonight and the reasons that we're doing it. INTEGRIS Health is interested in hearing from citizens like yourselves to assess your feelings, perceptions and knowledge of health care in _____ County. This focus group is part of a health needs assessment being conducted in _____ County to determine the current and future health needs of residents here. The feedback we get tonight will be combined with other research in order to create a long-term strategy for health care in _____ County.

LOGISTICS (1 MINUTE)

So that's the big picture. Now let's talk about how this process will work. We'll be here for about an hour. Please help yourself to refreshments if you haven't done so already. If you want to get up to get more to eat or drink, or go to the bathroom, feel free to do so. We do have people observing to take notes, and we are also audio recording the session for reporting purposes. Your comments will be summarized and reported anonymously, though, and we won't ever identify you personally as a participant.

GROUND RULES (2 MINUTES)

Have any of you participated in a focus group before?

The rules are simple: I'll bring up a topic, and I want to get your thoughts and opinions.

Sometimes I'll ask a question and we'll just go around the table and get everyone's thoughts, and other times I'll just wait for anyone to answer.

Feel free to respond to something that someone else says, and feel free to disagree. Please keep in mind there are no wrong answers.

At certain points during our discussion I may poll the group to determine how many of you agree or disagree about a certain issue. This will be done to summarize opinions for reporting.

Keep in mind that respect for others, even if you disagree with their opinions is key during this time, and we want everyone to participate. If you're not talking, I'll eventually notice and ask you for your opinions.

On the other hand, if you're the only one talking, please recognize that and give others a chance to participate.

Finally, I may politely interrupt if you're talking about something that strays off our topics. We can add it to the parking lot and revisit at the end of the session, if time permits. No disrespect is intended if I do this, but we have a lot to accomplish tonight so we need to stay focused so we can make sure that we don't need to keep you beyond our scheduled time.

These four areas will be covered:

1. Access to Healthcare (10 minutes)
2. Access to Education (10 minutes)
3. Meaningful Employment (10 minutes)
4. Access to Food (10 minutes)

INTRODUCTIONS (10 MINUTES)

First, let's briefly introduce ourselves, using a "one-minute biography." In one minute or less, tell us the important facts about yourself: your first name, family status, and what you do for a living or where you go to school. You can also tell us how long you've been a resident of _____ County and what you like best about living here. [Follow-up: ask movers what brought them to _____ County.]

ACCESS TO HEALTHCARE (10 MINUTES)

We'll begin by asking some general questions about healthcare services in _____ County.

1. What would you say are the biggest health problems in the community?
2. What would you say are the biggest health assets (good things) or resources for health in the community?
3. What are the biggest barriers that keep people in the community from accessing health care?

ACCESS TO EDUCATION (10 MINUTES)

We will now move to some questions about the educational experience in _____ County.

4. Talk about your overall experience with education from grade school up to now. This could be public education, technical school, college, etc.

Positives?

Negatives?

Interactions with teachers?

Interactions with other students?

Was the educational system fair/unfair?

Role models or mentors?

5. If you didn't get all of the education you wanted, what are some things that made you decide not to seek more education?

Money?

Needed to work?

Didn't like school?

Are there benefits to having a higher education degree?

6. What are your goals for school and/or work in the future?

How do you imagine getting there?

What are the barriers you face in getting there?

What support/resources exist, or do you wish existed?

MEANINGFUL EMPLOYMENT (10 MINUTES)

The next focus area we will discuss is about employment.

7. What are the top three (3) challenges most people face on the path to an ideal job?

The top two (2) challenges (per participant vote) are used in this following discussion:

[Rationale | To elicit participants' perceptions of challenges that most people face when seeking meaningful employment.]

- a. Question 7A | Why do so many people face [Challenge 1 | 2]?
- b. Question 7B | On a scale of 1 to 5, how difficult is it for most people to overcome [Challenge 1 | 2]?
- c. Question 7C | What do most people need to overcome [Challenge 1 | 2]?

ACCESS TO FOOD (10 MINUTES)

The last focus area we are going to talk about is access to food and how food relates to health.

8. Talk to us now about fresh food (fruits, vegetables, meat, fish, etc.) – can you get the kinds of fresh food that you want in your neighborhood?

Where do you get these?

How far from your home?

Culturally appropriate?

9. Do you feel that many households in the community have difficulty getting the foods they need or ever run out of food?

Why or why not?

How did they deal with that?

Where did they turn for help?

Are there certain times this is worse?

10. Do you know someone who has been told (by a doctor or other health professional) to eat differently, do they?
Why/ why not? (We're looking for behavior change as a result of medical diagnosis as well as success/barriers in accessing the foods.)

11. If you are interested in participating in healthy food classes, what specifically do you want to know more about?
(food preparation, diet for diabetes, – label literacy, budgeting for food, shopping tips. Label literacy helps decipher the jargon found on nutrition labels and various components of a nutrition labels such as Carbohydrates, Protein, Sugar, Fiber, Sodium, etc and their effects on the body.)

CONCLUSION

Our last activity will use the note card/sticky note provided. Please take a minute and answer the following question and post on our board.

12. What do you think should be the top public health priority areas for _____ County to concentrate on in the next five years?

Thank you very much for your time! This information will be very useful to us as we consider how to best continue to serve and communicate to folks like yourselves.

CHNA Focus Group Discussion Summary

CHNA Focus Group Notes

ACCESS TO HEALTHCARE

1. What would you say are the biggest health problems in the community?

Ottawa County, May 10th, 2021

- Diabetes, Cancer, Obesity, COPD and Emphysema, Alzheimer, Lack of Nutritious Foods
Cardiac, Mental Health

Ottawa County, May 17th, 2021

- Obesity, Cardiovascular, obesity, sedentary lifestyle especially with kids, easy access to fast food, we need access to health food, vaping and easy access, senior don't have good access to healthy food, access to health information and directory for all health concerns.

2. What would you say are the biggest health assets (good things) or resources for health in the community?

Ottawa County, May 10th, 2021

- Hospital in our community, free clinic with sliding scale (Commerce, Miami, and Grove) Express Care, new emergence care, Afton community health center. Tribal Health (Wyandotte, Northeastern Tribal Health System, Quapaw clinic
- Integris Caregivers very visible at events (handing out water, material)
- Physician's give health presentation (lunch and learn) Education material at events (runs, health fairs) Diabetes classes (4 weeks) at the public library (Ottawa County Extension Service) – Cathy Enyart) City employees health fairs, Miami public schools (wellness screens, educational presentations, covid vaccines, flu vaccines)
- INTEGRIS does have a program to assist patients to get the help they need after they have been seen in the ER.

Ottawa County, May 17th, 2021

- Senior Campion program through Health Department – Craig and Ottawa counties, Health Department, Local hospital, Noca, Tribal Health Partners, Grand Lake Mental Health, Urgent Care, Farmers Market, Wellness facilities. Ark facility. Grand Lake Mental Health and local Police department has tablets to access facetime conversation in a crisis, Salvation Army, Churches have food pantries.

3. What are the biggest barriers that keep people in the community from accessing health care?

Ottawa County, May 10th, 2021

- Lack of Insurance, cost, lack of transportation, lack of getting assistance, elders are embarrassed to ask and go get help, elders lack of knowledge of how to gain help and access

their insurance. People without insurance only go to ER and don't do a follow up with Dr. Then they go back to ER. Need additional Dr., unable to get into Dr. office on a timely manner. DHS does have the elders' program but, lots don't know about it or how to get enrolled or get information. DHS has Advantage program (but, we don't have case managers to assist elders – it went out in 2003)

Ottawa County, May 17th, 2021

- Money, communication, transportation, education, poverty, elders don't understand computer or internet usage,

ACCESS TO EDUCATION

4. Talk about your overall experience with education from grade school up to now. This could be public education, technical school, college, etc.

Ottawa County, May 10th, 2021

- Miami public school administration is very support on looking at whole family on helping students. Blessed to have NEO College in community. Lots of outside support from community. Nursing students that work in community started in our area. They have a lot of training opportunity. Social media is also a negative, makes students become less involved and less hands-on training. Tech Centers available for students to learn a trade and public library add educational services. Stem classes at library and Tech center. NEO has Student Support Services new program in Miami schools (work study). Tribes provide funding for education.

Ottawa County, May 17th, 2021

- Local college, Tech centers, students are unaware of how to get financial aid, educators are overwhelmed with multi duties to help students in all aspects, students need my guidance on additional careers. Big negative is the social media and the negative one person can have towards teachers. Parents don't take responsibility to teach and raise their own kids. Parents as Teachers programs needs to come back. Teachers toolbox through local church by donations and provides all manor supplies. Students fall in the same pattern of their parents that didn't progress on better jobs. Children's First program through Health Department is still available. Oklahoma Promise is a huge asset. Bridges Out of Poverty would be a good program to bring back

5. If you didn't get all the education you wanted, what are some things that made you decide not to seek more education?

Ottawa County, May 10th, 2021

- Lack of encouragement for students to try to improve their lives. Continue the cycle of family careers or lack of. Money is a big negative, not also resources to achieve training. If a student has children and needs childcare while at school. Lots are just trying to just survive and don't realize the resources they have to better their future. Breaking through life barriers. Career fairs did occur before COVID hit.

Ottawa County, May 17th, 2021

- Finances, knowing the careers available, how to juggle family and attending school, institutional poverty, families don't see the need to go to school, we have a lot of kids that are first generation students attending college. We have a sizable homeless population.

6. What are your goals for school and/or work in the future?

(All comments listed above for each day)

Ottawa County, May 10th, 2021

Ottawa County, May 17th, 2021

MEANINGFUL EMPLOYMENT

7. What are the top three (3) challenges most people face on the path to an ideal job?

Ottawa County, May 10th, 2021

- Cost, opportunity, transportation, education, lack of vision, poverty, work ethic, lack of jobs, lack of workforce and living in a superfund site (Pitcher Oklahoma, lead issue) Miami is still trying to recover from the past when they were a thriving community. Lost lots of big companies.

Ottawa County, May 17th, 2021

- Not knowing what is available and how to get started, hard to find a high paying job, transportation, most jobs want experienced individuals, not many interlevel jobs. Students don't have mind set of what it takes to have a good career.

ACCESS TO FOOD

8. Talk to us now about fresh food (fruits, vegetables, meat, fish, etc.) – can you get the kinds of fresh food that you want in your neighborhood?

Ottawa County, May 10th, 2021

- Ottawa County Farmers Market, Salvation Army, Food pantry (for Native American), But, the mindset of some the mentality is that it is easier and take less time to eat fast foods

Ottawa County, May 17th, 2021

- Ottawa Farmers Market Miami and Quapaw, (Double up program and Pelivan services) Super Dollar General (carry fresh fruit and vegetables), Walmart, local grocery stores, Salvation Army, Tribal Food Services, backpack program, Boys and Girls club free food for kids in the summer, NEO College summer food program.

9. Do you feel that many households in the community have difficulty getting the foods they need or ever run out of food?

Ottawa County, May 10th, 2021

- All 7 - Yes and Yes

Ottawa County, May 17th, 2021

- All 7 – Yes and Yes

10. Do you know someone who has been told (by a doctor or other health professional) to eat differently, do they?

Ottawa County, May 10th, 2021

All 7 - Yes and Yes

Ottawa County, May 17th, 2021

All 7 – Yes and No

- People need to have taught us to eat health on a shoestring

11. If you are interested in participating in healthy food classes, what specifically do you want to know more about?

Ottawa County, May 10th, 2021

- Food prep, anything for diabetics, cooking classes for kids, classes on tobacco cessation, classes, or education on how to eat healthy on a budget, budget classes,

Ottawa County, May 17th, 2021

- Eating on a shoestring budget and how to prepare a meal, Diabetes, Chronic disease classes,
- An event that provides speakers with small educational pieces, partner with an event with samples of health foods.

CONCLUSION

12. What do you think should be the top public health priority areas for _____ County to concentrate on in the next five years?

Ottawa County, May 10th, 2021

- Nice green space and walking trails, nutrition education, prevention, education, elder population case workers, accessibility in our healthcare emphasizes in our elders, communication of our resources in our community, and mental health.

Ottawa County, May 17th, 2021

- Unintended injuries or mortality, drug abuse, diabetes, cardiovascular disease, adolescence health, teen pregnancy, more places to bike and hike