



2022 Community Health Needs Assessment

Canadian County
INTEGRIS Canadian Valley Hospital



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Executive Summary

INTEGRIS Health is pleased to present the 2022 Community Health Needs Assessment (CHNA). The purpose of the CHNA report is to provide an overview of the health needs and priorities associated within Canadian County. INTEGRIS Canadian Valley Hospital has identified this geographic area as their community. The goal of this report is to provide residents with a deeper understanding of the health needs in their community and to help guide the hospitals in their community benefit planning and the development of implementation strategies to address identified needs. The CHNA involved a review of both quantitative and qualitative data to attain the full scope of the community needs as they pertain to health, with an emphasis on the poor and underserved populations.

This summary is documentation that INTEGRIS Canadian Valley Hospital is within compliance with IRS requirements for conducting a Community Health Needs Assessment (CHNA). INTEGRIS Canadian Valley Hospital last conducted a CHNA in 2018.

The Affordable Care Act (ACA) requires 501(c)(3), tax-exempt hospitals to conduct a CHNA every three tax years and to adopt a strategic implementation plan for addressing identified needs.

Identified priorities for the next cycle include Access to Care, Access to Healthy Food, and Tobacco. Many of the initiatives identified and implemented in the previous CHNA will be continued, along with new programs.

Community Served by the Hospital

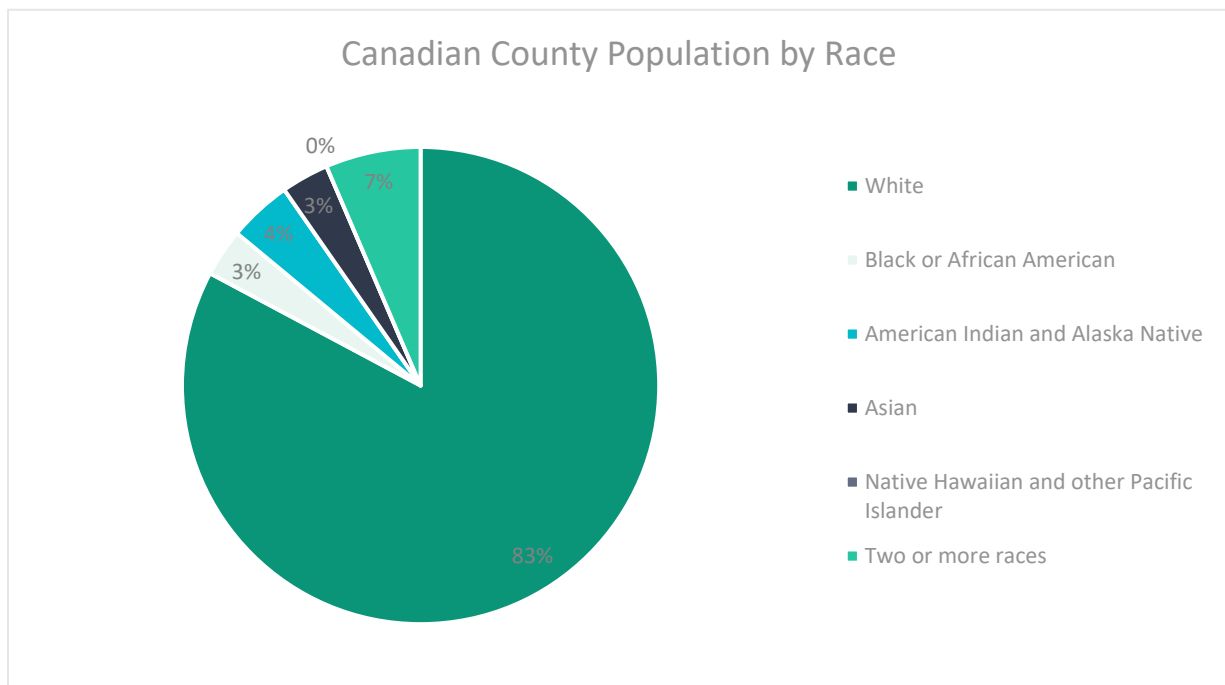
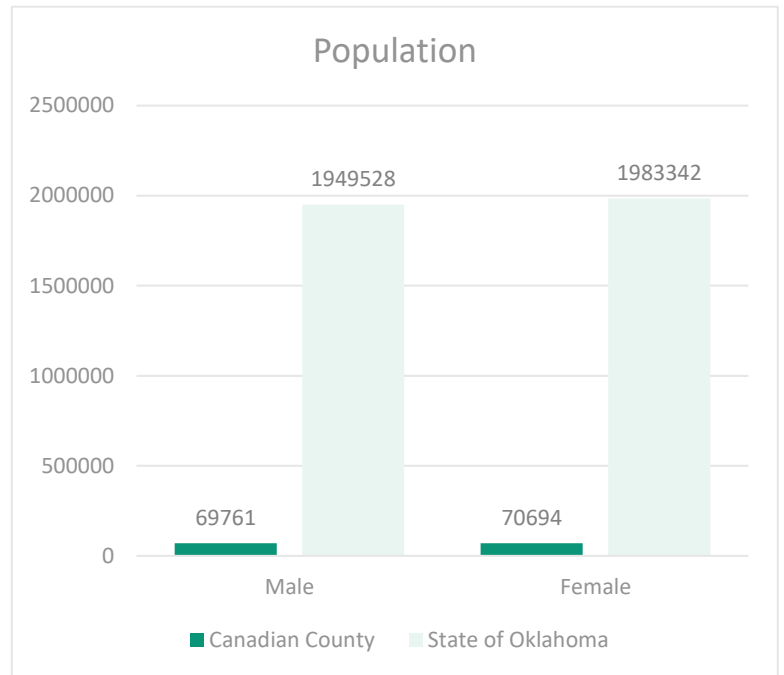
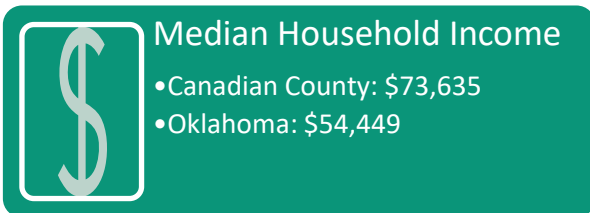
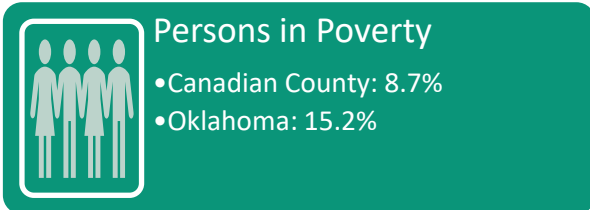


Source: (1) Wellness County Profile. Canadian County. 2020

Canadian County is in central Oklahoma. El Reno is the county seat. Canadian County is also part of the Oklahoma City Metropolitan Statistical Area. According to the U.S. Census Bureau, the county has a total area of 905 square miles, of which 900 square miles are land and 5 square miles are water. (2) Nine cities and towns are located in the county. Oklahoma City is mainly in Oklahoma County, but a small part of the city limits extends into Canadian County. Industry includes agriculture, oil and gas extraction, business and textiles. The county has two county health departments, located in Yukon and El Reno.

Source: (2) U.S. Census Bureau

Canadian County Demographics



Source: (2) U.S. Census Bureau

	Canadian County	Oklahoma
Education		
High school graduate or higher, percent of persons age 25 years+, 2015-2019 (2)	91.4%	88%
Bachelor's degree or higher, percent of persons age 25 years+, 2015-2019 (2)	27.4%	25.5%
Health		
With a disability, under age 65 years, percent, 2015-2019 (2)	9.4%	11.5%
Persons without health insurance, under age 65 years, percent (2)	12.3%	16.8%
Persons enrolled in Medicaid (3)	27,879	1,135,844
Persons enrolled in Medicare (4)	24,491	761,099
Families & Living Arrangements		
Households, 2015-2019 (2)	44,906	1,480,061
Persons per household, 2015-2019 (2)	3.08	2.58
Living in same house 1 year ago, percent of persons age 1 years+, 2015-2019 (2)	86.6%	83.2%
Language other than English spoken at home, percent of persons age 5 years+, 2015-2019 (2)	8.7%	10.5%
Transportation (minutes)		
Mean travel time to work (minutes), workers age 16 years+, 2015-2019 (2)	24.3	21.9
Access to Care (people per one provider)		
Primary Care Physicians (5)	2,630	1,640
Dentists (5)	2,180	1,610
Mental Health Professionals (5)	480	240

Source: (2) U.S. Census Bureau

Source: (3) Oklahoma Health Care Authority. Fast Facts. November 2021

Source: (4) Centers for Medicare and Medicaid Services. Medicare Enrollment Dashboard. October 2021

Source: (5) 2021 County Health Rankings. Canadian County. 2021

Hospital Information

INTEGRIS Canadian Valley Hospital

INTEGRIS Canadian Valley Hospital in Yukon, Oklahoma, opened as a general acute care facility in 2001 to provide INTEGRIS Health quality health care to the fast-growing communities of Canadian County. Prior to opening, Yukon was the only community of its size that was not served by a local community hospital. INTEGRIS Health invested \$62 million dollars in the project, making INTEGRIS Canadian Valley one of the most state-of-the-art health care facilities in the state of Oklahoma.

Services provided/major specialties:

INTEGRIS Canadian Valley Hospital consists of approximately 180,000 square feet and includes 57 private medical surgical rooms as well as a medical office building. The hospital has a 19-bed women's unit, 8-bed intensive care unit, dedicated C-section room, 4 general surgery rooms, 2 endoscopy suites and a 15-bed outpatient procedure unit. The 18-bed emergency department is a level III facility; the highest in western Oklahoma. The women's center has a level II special care nursery equipped with cutting edge technology including monitors, warmers, and respiratory equipment to care for babies with serious medical conditions. In 2016, the completion of a \$10 million expansion project included 9600 additional square feet and renovation of approximately 6,000 square feet, focusing on a new heart catheterization lab. Cutting edge technology was deployed in the catheterization lab, allowing for both cardiac and interventional radiology procedures.

Outpatient services were also expanded, resulting in additional surgery, general radiology, and mammography services. MRI, Nuclear Medicine Services, CAT scan, ultrasound, bone density, and cardiopulmonary are just some of the many services offered to patients in the outpatient areas. INTEGRIS Jim Thorpe Rehabilitation offers a Physical Medicine Department within the hospital which includes inpatient, outpatient, wound care, and aquatic services. These services are provided by physical, occupational, and speech therapists. With a medical staff of more than 350 physicians, most medical needs can be met at INTEGRIS Canadian Valley Hospital. INTEGRIS Canadian Valley Hospital has become the medical destination for western Oklahoma, serving a population area of 180,000-plus Oklahomans. INTEGRIS Health is proud to continue to grow with Yukon, and to enable patients to receive quality care close to home.



Community Health Needs Assessment Process

INTEGRIS Health collaborated with local community partners to conduct the Community Health Needs Assessment.

Methods of collecting and analyzing data and information included online surveys, focus groups, published data, and hospital specific data.

Focus groups were conducted to dialogue directly with local community members. There was a targeted effort to conduct focus groups with at-risk populations in low socioeconomic zip codes. Community partners that assisted in data collection for community chats included local nonprofit organizations.

Community surveys were available online. Each partner utilized social media to publicize the survey to residents in their service area. The dissemination of the online survey included local coalitions, partnerships and INTEGRIS Canadian Valley Hospital staff.

Primary Data

INTEGRIS Health gathered community input from Canadian County residents of all backgrounds, socioeconomic status, and demographics. Participants included members of underserved, low-income, and minority populations. Additionally, the hospitals provided internal data for analysis and consideration in the CHNA process.

Published Secondary Data

In addition to the input from community chats and online surveys, the compilation of public health data, state, and national data, gave a broader view of the overall health status of the county. By looking at past and present data and identifying trends, strategic development for the Community Health Improvement Plan (CHIP) will be more efficient and ultimately more effective.

Due to the COVID-19 pandemic, local health departments were unable to publish updated public health data. INTEGRIS Health reviewed and used the most current available data for the purpose of providing a comprehensive overview of the community.

Community Input

Methodology

In total, the online survey was administered to 69 individuals, and focus group surveys were conducted among 12 participants to gather qualitative data. The focus groups were adapted due to COVID-19 restrictions. After INTEGRIS Health collected this qualitative and quantitative data, they returned it to the INTEGRIS Community Benefit Department for analysis.

Data Collection

INTEGRIS Health representatives provided opportunities for individuals to participate in both quantitative and qualitative surveys in the INTEGRIS Canadian Valley Hospital service area. The final breakdown of data collection at the facilities included:

Focus Group (conducted May 2021):

Mustang Community Center- 14

TOTAL: 14

Online Quantitative Surveys (collected May 2021 – June 2021):

TOTAL: 26

Online Quantitative Surveys	Category	Count
Total Participants		26
Age	18 to 24	1
	25 to 34	5
	35 to 44	8
	45 to 54	7
	55 to 64	5
	Over 65 years of age	0
	Skipped	0

Gender	Male	4
	Female	18
	Prefer not to say	0
	Skipped	4
Race	White	20
	American Indian or Alaska Native	1
	Asian	2
	Other	0
	Skipped	4

Primary Data

Findings and Recommendations: Online Quantitative Survey

When reviewing the quantitative surveys among the 26 participants in Canadian County, all surveys were analyzed to find commonalities and important findings.

Overall, feedback from community members in the quantitative surveys highlights a need to address the neighborhood and built environment (including bad air quality and increasing the availability of affordable foods) and health care access (including reducing the number of people who are unable to pay for medications/care). INTEGRIS Health is well positioned to continue to build upon its reputation as a trusted partner in the Canadian County community.

Findings and Recommendations: Quantitative Focus Group Surveys

When analyzing qualitative feedback from 14 participants completing their focus group surveys, themes arose across the focus group and twelve-open-ended questions. These included: a need and desire for chronic disease prevention (including but not limited to diabetes, cancer, digestive and lung diseases).

Significant Community Health Needs - Canadian County

Primary and secondary data were evaluated and synthesized to identify significant community health needs in Canadian County. These needs span the following topic areas and are often inter-related:

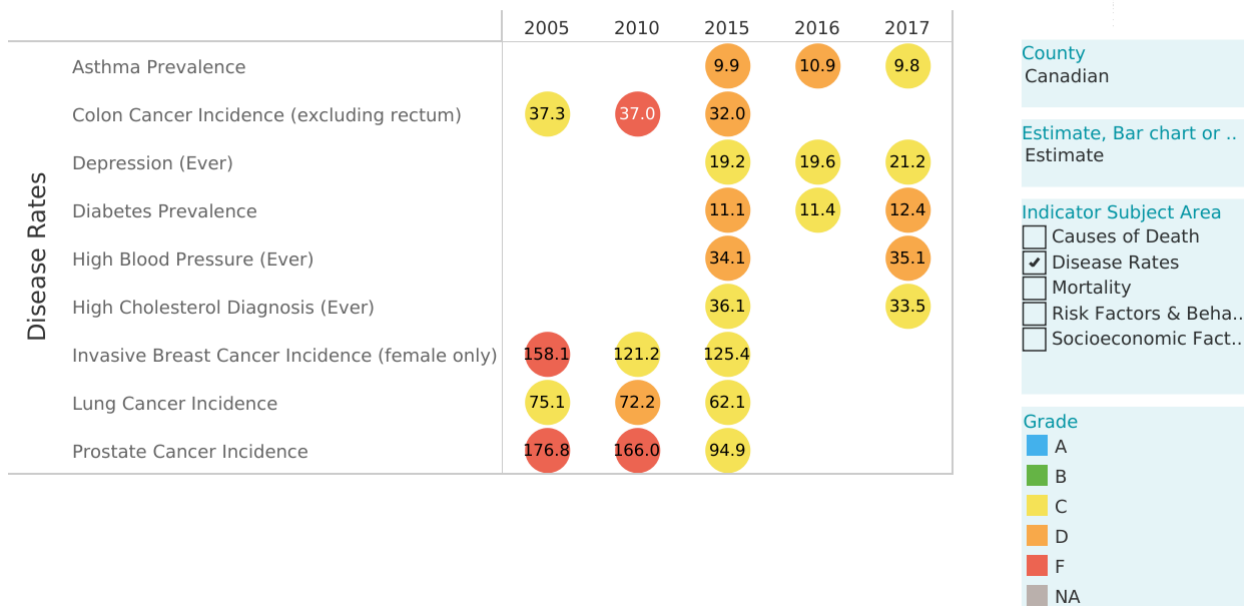
- Access to affordable food / healthy food
- Access to care
- Bad air quality
- Chronic disease prevention
- Obesity
- Tobacco
- Sedentary lifestyle
- Cardiovascular disease
- Cancer
- Diabetes
- Lung disease

*See appendix for complete community input data

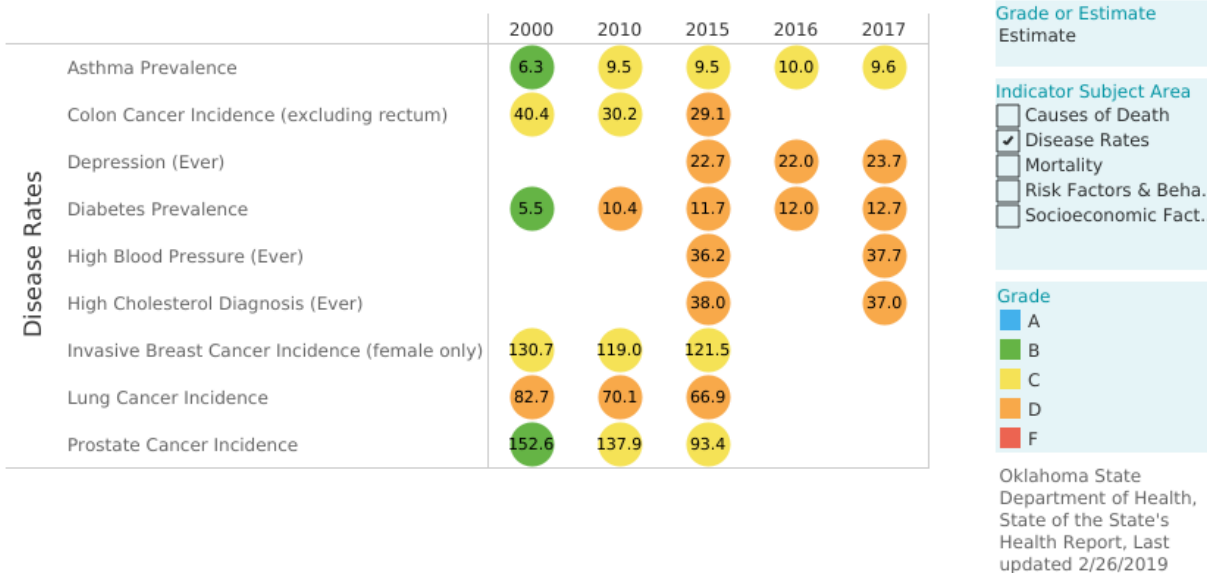
Secondary Data

Canadian County Health Outcomes

Oklahoma State of the State's Health Report Canadian County Snapshot

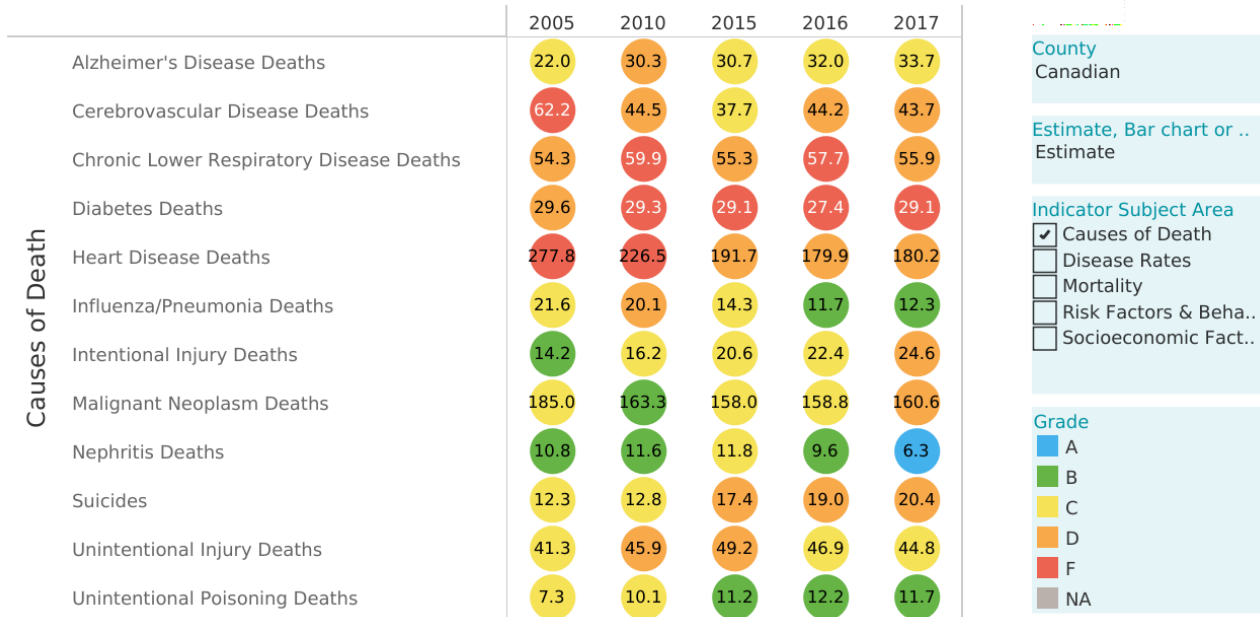


Oklahoma State of the State's Health Report Summary

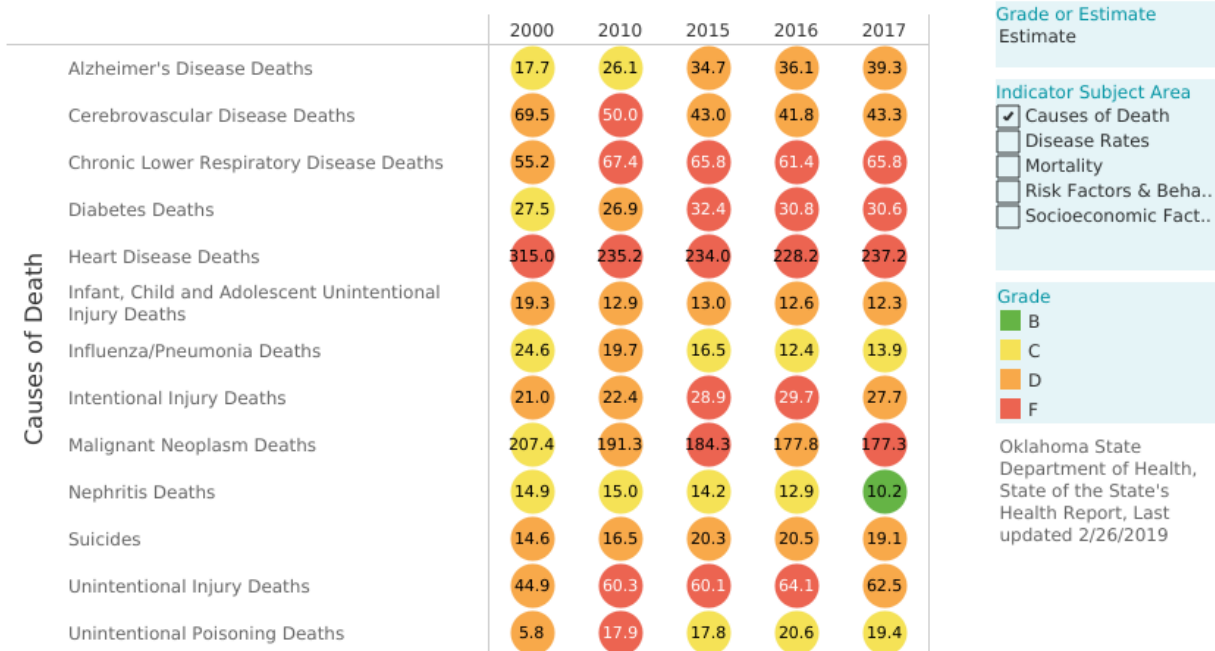


Source: (6) Oklahoma State of the State's Health Report. Canadian County. 2019

Oklahoma State of the State's Health Report Canadian County Snapshot



Oklahoma State of the State's Health Report Summary



Source: (6) Oklahoma State of the State's Health Report. Canadian County. 2019

Oklahoma State of the State's Health Report Canadian County Snapshot

	2005	2010	2015	2016	2017	
Mortality	Infant Mortality	7.9	5.9	6.2	5.7	5.3
	Life Expectancy at Birth	77.2	78.2	78.0	79.2	
	Total Mortality	870.5	810.7	781.8	776.8	770.4

County
Canadian

Estimate, Bar chart or ..
Estimate

Indicator Subject Area

- Causes of Death
- Disease Rates
- Mortality
- Risk Factors & Beha..
- Socioeconomic Fact..

Grade

- A
- B
- C
- D
- F
- NA

Oklahoma State of the State's Health Report Summary

	2000	2010	2015	2016	2017	
Mortality	Infant Mortality	8.5	7.6	7.3	7.4	7.7
	Life Expectancy at Birth	75.4	76.0	75.8	75.9	
	Total Mortality	983.0	915.5	904.3	888.4	902.4

Grade or Estimate
Estimate

Indicator Subject Area

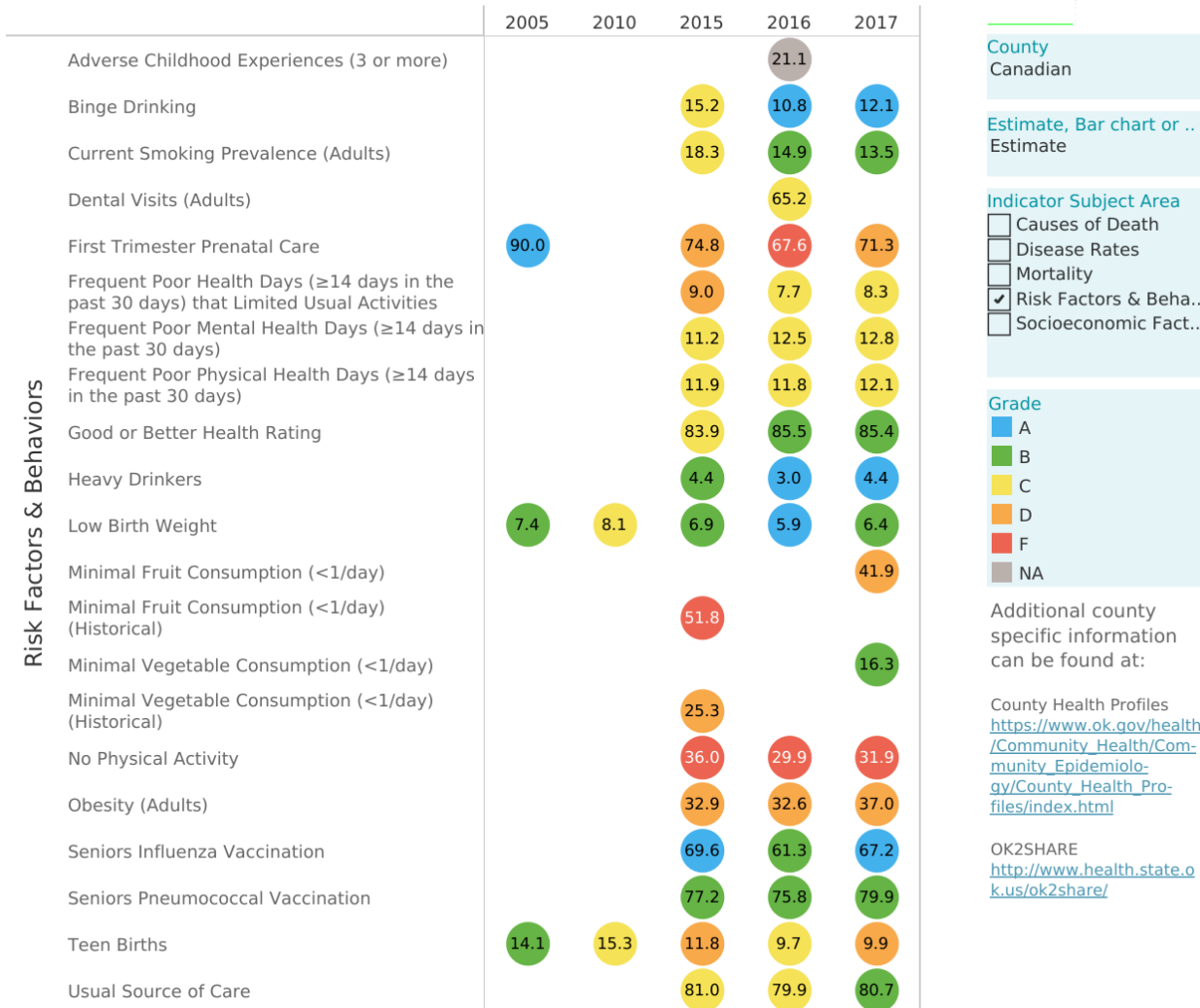
- Causes of Death
- Disease Rates
- Mortality
- Risk Factors & Beha..
- Socioeconomic Fact..

Grade

- C
- F
- NA

Source: (6) Oklahoma State of the State's Health Report. Canadian County. 2019

Oklahoma State of the State's Health Report Canadian County Snapshot



Source: (6) Oklahoma State of the State's Health Report. Canadian County. 2019

Oklahoma State of the State's Health Report Summary

	2000	2010	2015	2016	2017	Grade or Estimate Estimate
Binge Drinking		13.0	13.1	11.9	13.4	
Current Smoking Among High Schoolers (YRBSS)			13.1		8.7	
Current Smoking Prevalence (Adults)	23.3	23.7	22.2	19.6	20.1	
Dental Visits (Adults)		57.2		58.2		
First Trimester Prenatal Care	79.1	65.5	74.6	72.8	72.5	
Frequent Poor Health Days (≥14 days in the past 30 days) that Limited Usual Activities		9.3	11.0	10.0	11.0	
Frequent Poor Mental Health Days (≥14 days in the past 30 days)		13.4	13.1	14.3	15.6	
Frequent Poor Physical Health Days (≥14 days in the past 30 days)		13.8	14.8	14.8	14.7	
Good or Better Health Rating	84.7	79.5	78.2	79.8	78.4	
Heavy Drinkers		3.8	4.2	3.7	4.2	
HPV Vaccination Series Completed, Boys 13-17 years			35.7	35.0	37.5	
HPV Vaccination Series Completed, Girls 13-17 years		31.1	32.2	43.6	45.6	
Immunization <3 Years (4:3:1:3:3:1:4 Series)			75.4	67.0	67.3	
Low Birth Weight	7.5	8.4	7.9	7.8	7.9	
Meningococcal Vaccination Coverage (13-17 yrs)		42.6	68.1	73.6	71.1	
Minimal Fruit Consumption (<1/day)					45.8	
Minimal Fruit Consumption (<1/day) (Historical)			51.1			
Minimal Vegetable Consumption (<1/day)					17.1	
Minimal Vegetable Consumption (<1/day) (Historical)			24.5			
No Physical Activity	34.4	29.9	33.2	28.5	32.4	
Obesity (Adults)	19.7	31.3	33.9	32.8	36.5	
Obesity Among High Schoolers (YRBSS)			17.3			
Seniors Influenza Vaccination		70.9	68.9	64.3	68.5	
Seniors Pneumococcal Vaccination		72.6	76.6	77.5	80.3	
Teen Births	32.9	25.9	15.9	14.3	12.5	
Usual Source of Care			74.8	75.3	75.2	

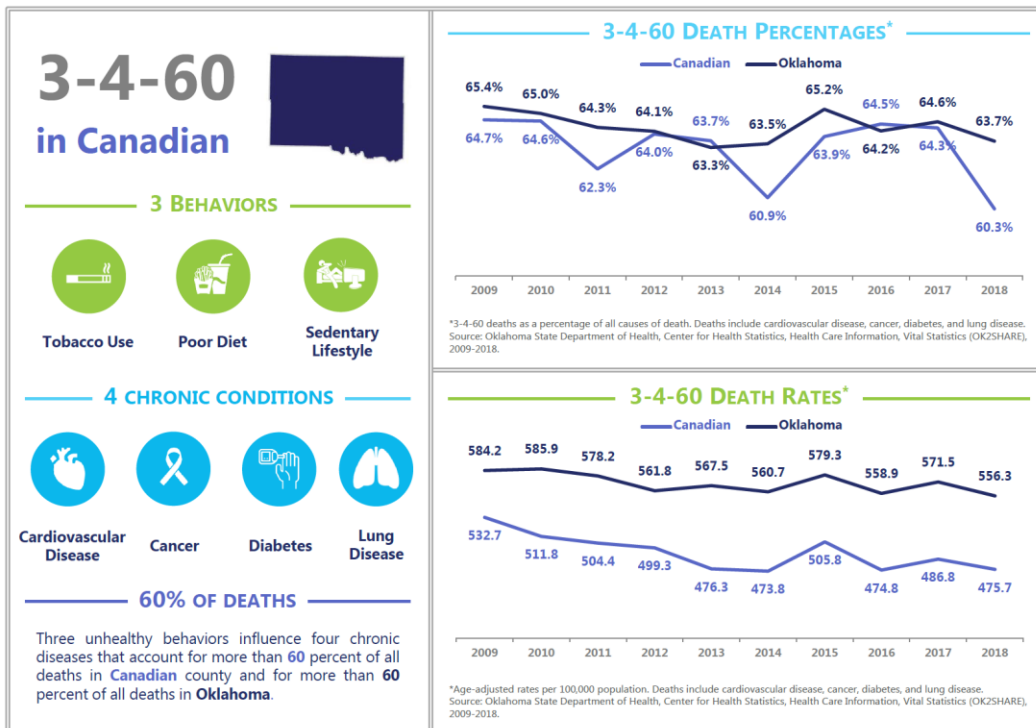
- Indicator Subject Area**
- Causes of Death
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- Grade**
- A
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 - NA

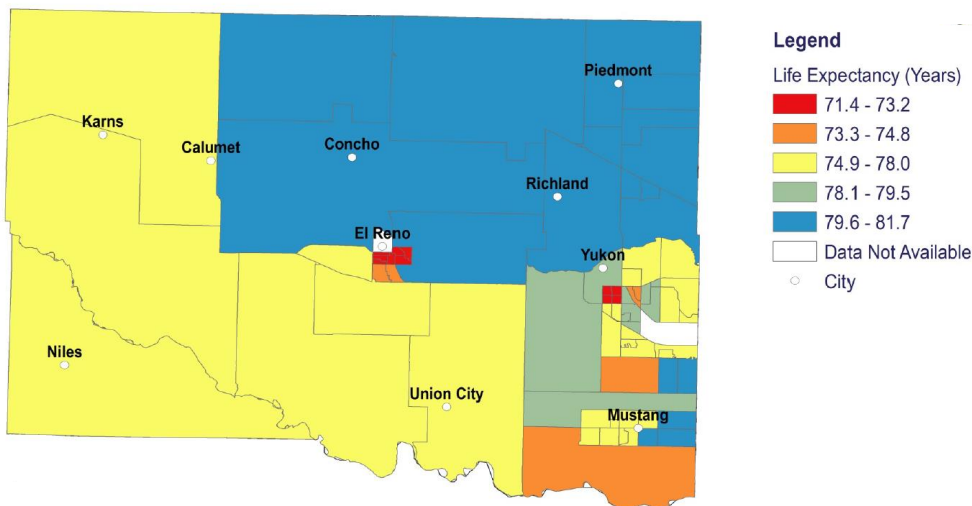
Oklahoma State Department of Health, State of the State's Health Report, Last updated 2/26/2019

Source: (6) Oklahoma State of the State's Health Report. Canadian County. 2019

Canadian County 3-4-60

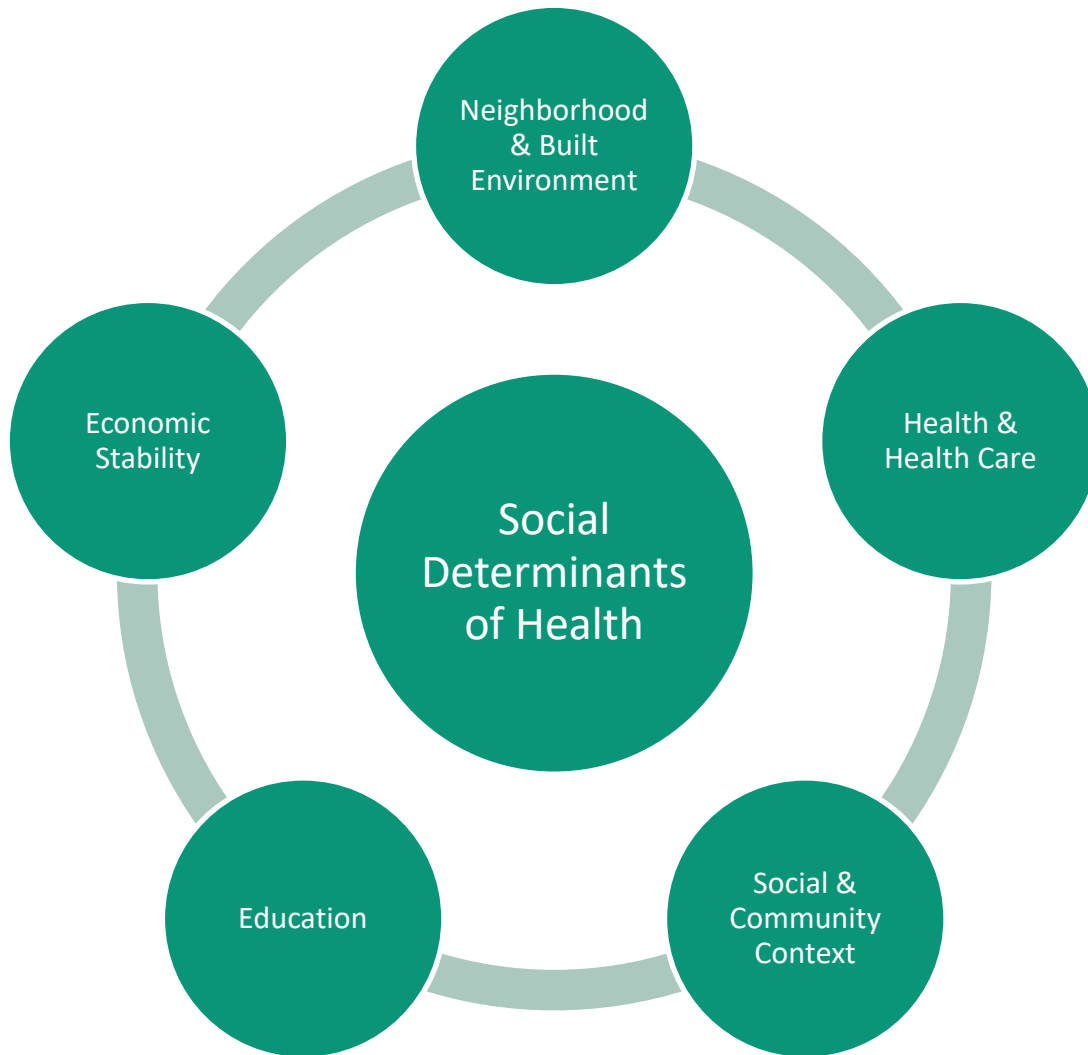


Canadian County Life Expectancy



Source: (1) Wellness County Profile. Canadian County. 2020

Prioritized Significant Community Health Needs



Source: (7) Healthy People. 2020

Community Priority Issues

Primary and secondary data were evaluated and synthesized to identify significant community health needs in Canadian County. Community health needs were prioritized based on several criteria: magnitude/severity of health issues; opportunity to intervene at a prevention level; circle of influence/ability to impact change; support from the community; capacity to address underserved populations as well as populations deemed vulnerable. The following community health needs were selected as the top four priorities:

Health & Healthcare

Obesity

Currently, 34.8 % of adults in Oklahoma are obese. (1) Citizens rely on cars, trucks, and buses more than ever for their commute to work and school. This can often lead to sedentary lifestyles that contribute significantly to weight gain. The increased convenience of unhealthy, inexpensive fast food coupled with the inability to access low-cost healthy food is a major factor in the obesity epidemic.

Obesity (2018)	Canadian County	Oklahoma
Obesity Prevalence	33.3%	34.8%
Physical Activity Prevalence	75.0%	72.8%
Minimal Vegetable Consumption Prevalence	16.3%	17.1%
Minimal Fruit Consumption Prevalence	41.9%	45.8%

Source: (1) Wellness County Profile. Canadian County. 2020

Chronic Disease Prevention/Management

Many chronic diseases are caused by risk behaviors such as smoking, poor nutrition, lack of physical activity and excessive alcohol use. The leading causes of death in Canadian County are from chronic diseases. Chronic disease come at a health and economical cost in the United States. Preventing chronic diseases, or managing symptoms when prevention is not possible, can reduce these costs. (8)

Obesity (2018)	Canadian County	Oklahoma
Diabetes Prevalence	11.4%	12.5%
Hypertension Prevalence	35.1%	37.7%

Source: (1) Wellness County Profile. Canadian County. 2020

Neighborhood and Built Environment

Access to Healthy Foods

Access to healthy foods can help lower the prevalence of chronic diseases. According to the 2020 Canadian County Wellness County Profile, the percentage of low-income residents with low food access was 27.1%. In addition, 43.7% of the population in Canadian County had no healthy food outlet (poor access). (1)

Modified Retail Food Environmental Index (percent of population)	
High Healthy Food Access (High Access)	0.0%
Moderate Healthy Food Access (Moderate Access)	34.5%
Low Healthy Food Access (Low Access)	21.8%
No Healthy Food Outlet (Poor Access)	43.7%
No Food Outlet (No Access)	0.0%
Total	100%

Source: (1) Wellness County Profile. Canadian County. 2020

Tobacco

Canadian County has improved the smoking prevalence rates from 2013 to 2018, dropping from 20.2% to 14.3%. Tobacco use continues to be a part of the Oklahoma State Department of Health’s “3-4-60” in Canadian County. Tobacco use is one of the three behaviors, in addition to four chronic conditions, that contribute to more than 60% of deaths in this county. (1)

Tobacco (2018)	Canadian County	Oklahoma
Smoking Prevalence	14.3%	19.7%
COPD / Emphysema / Chronic Bronchitis Prevalence	7.0%	8.6%

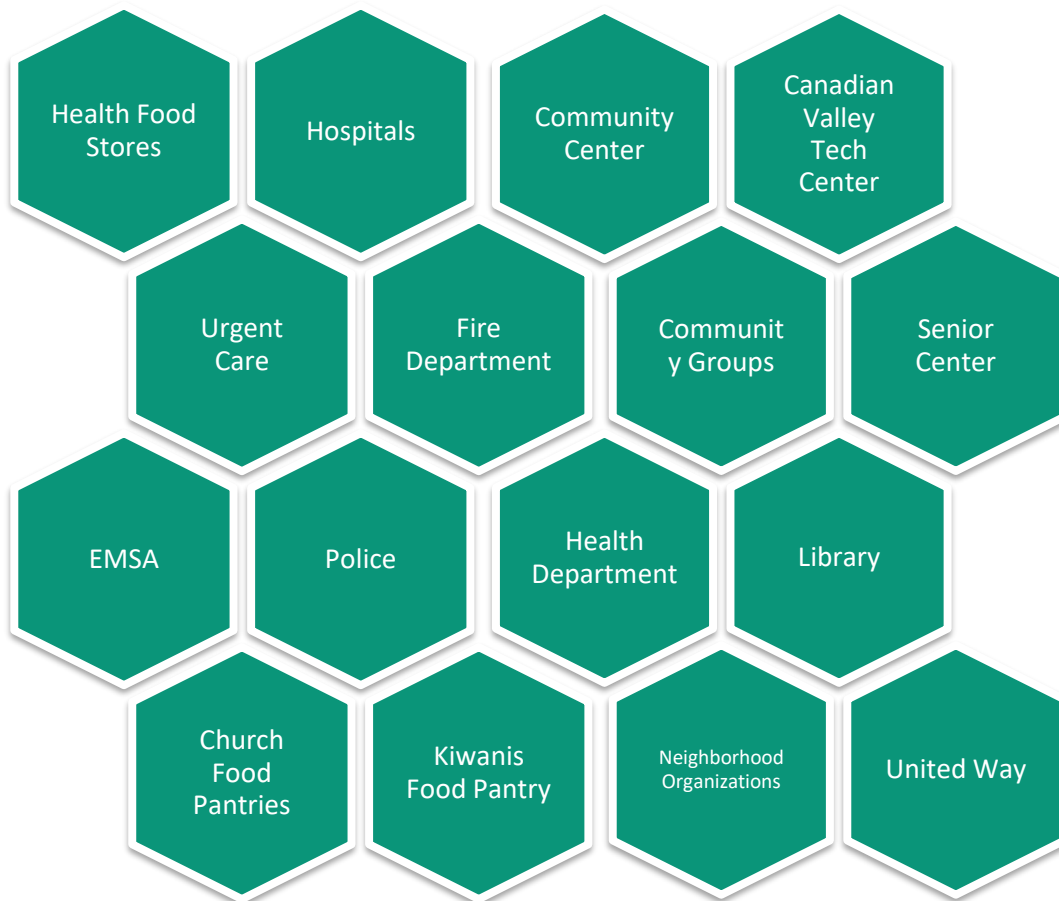
Source: (1) Wellness County Profile. Canadian County. 2020

Source: (1) Wellness County Profile. Canadian County. 2020

Source: (8) Centers for Disease Control and Prevention. Health and Economic Costs of Chronic Diseases

Potentially Available Resources

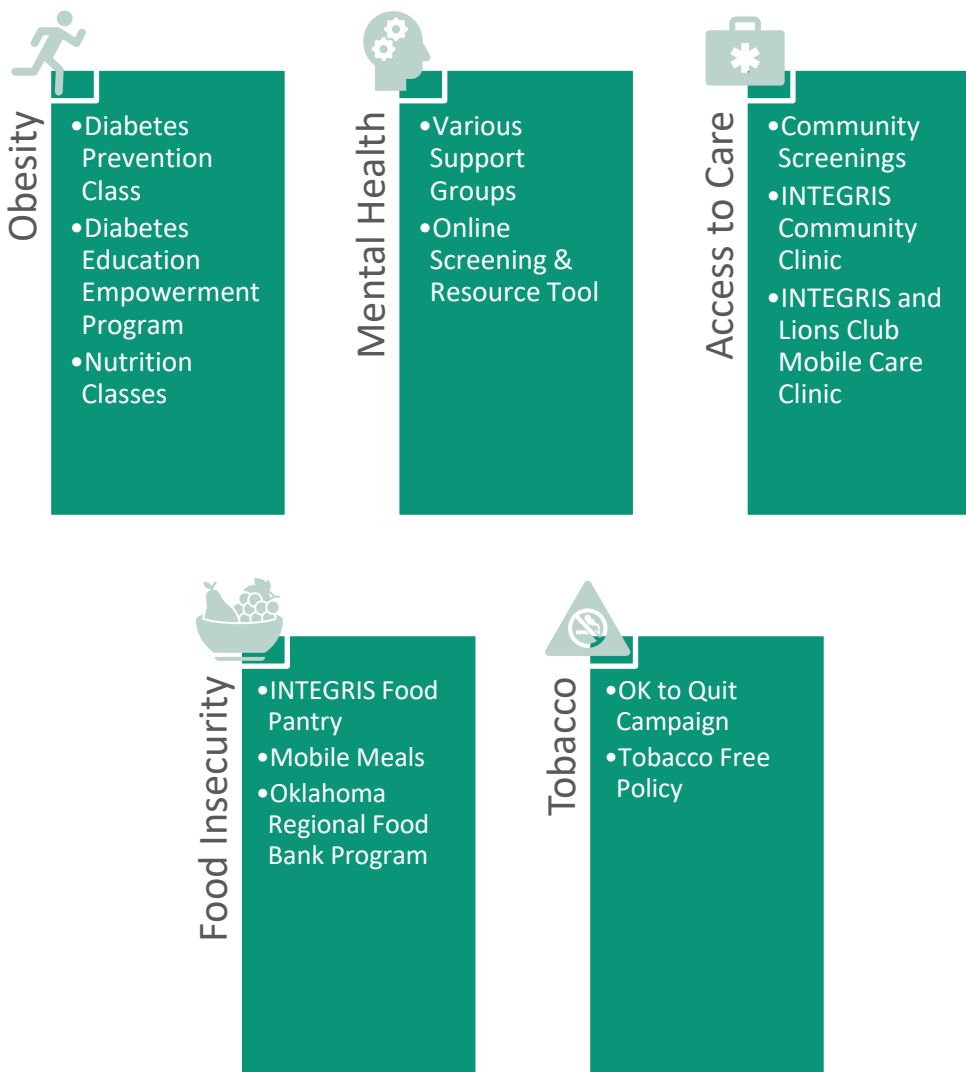
Available community resources were identified through conducting the needs assessment. Barriers, whether potential or perceived, were also identified. By understanding the relevance of available resources and barriers, greater public health awareness will bolster and foster strong partnerships with existing resources. This will allow for duplicate efforts and gaps in care to be identified. Listed below are resources documented through community chats. These organizations have been identified as potential partners for our efforts over the next three years.



Evaluation of Impact

INTEGRIS Canadian Valley Hospital developed a CHIP (Community Health Improvement Plan) designed to meet the needs of the community based on the results of a CHNA (Community Health Needs Assessment). This health improvement plan focuses on Obesity, Mental Health, Access to Care/Food Insecurity and Tobacco. These issues were chosen based on state and local data, surveys, identifiable gaps, available resources, and small community chats. The CHIP was developed using the results of the community’s health priorities. Implementation steps are based upon the key strategies of prevention, education, and collaboration.

INTEGRIS Canadian Valley Hospital FY 2020 – FY 2021	FY 2020	FY 2021
Total CHIP Events	28	11
Total CHIP Facility Participants	549	177
Total Screened	121	117



Appendices

2021 CHNA Online Survey

2021 Community Health Needs Assessment Survey



We are looking to better understand ways that we can serve our community. Please take this 10 minute survey. Thank you!

Why is this survey being done? The purpose is to learn more about the health needs in the community. **How many people will take part in this survey?** We hope to get opinions from as many community members as possible. **What are the risks, benefits, and options of the survey?** There are no risks or specific benefits to you for participating. You will be given the opportunity to voice your experiences and suggestions. You may choose not to participate. **What about confidentiality?** You will not be asked to provide your name, email, or any other identifiable information in this survey. **What are my rights as a participant?** Taking part in this survey is voluntary. You may choose not to take part or may stop answering questions at any time. **Whom do I contact if I have questions?** If you have any questions about the survey, you may contact us at Mike.Chavez@integrisok.com. Your participation in the survey signifies your consent.

Please select "agree" below to continue with the survey or "Do not agree" to end the survey.

- Agree Do not agree

Are you...

- Less than 18,
 18 to 24,
 25 to 34,
 35 to 44,
 45 to 54,
 55 to 64, or
 Over 65 years of age

If you answered that you are less than 18 years old or prefer not to answer, we apologize you are not eligible to complete this survey.

In general, would you say your health is...?

- | | |
|------------------------------------|--|
| <input type="checkbox"/> Excellent | <input type="checkbox"/> Fair |
| <input type="checkbox"/> Very good | <input type="checkbox"/> Poor |
| <input type="checkbox"/> Good | <input type="checkbox"/> Don't know / not sure |

**Which of the following have a negative effect on your health and well-being?
(Select up to 5 that are most important to you)**

- | | |
|--|--|
| <input type="checkbox"/> Bad air quality | <input type="checkbox"/> Hunger |
| <input type="checkbox"/> Bad/unsafe housing | <input type="checkbox"/> Immigration status/papers |
| <input type="checkbox"/> Cannot find medical care/doctor in my area | <input type="checkbox"/> Jail/prison-my own/partner/family member |
| <input type="checkbox"/> Car accidents/dangerous roads | <input type="checkbox"/> Lead in my home |
| <input type="checkbox"/> Childcare | <input type="checkbox"/> No high school diploma/GED |
| <input type="checkbox"/> Discrimination/racism | <input type="checkbox"/> Not a good reader |
| <input type="checkbox"/> Don't feel safe in my neighborhood | <input type="checkbox"/> Not enough healthy/nutritious food |
| <input type="checkbox"/> Don't feel safe in my relationship | <input type="checkbox"/> Not enough job opportunities |
| <input type="checkbox"/> Feeling alone or isolated | <input type="checkbox"/> Not enough spaces for exercise |
| <input type="checkbox"/> Fruits and vegetable cost too much | <input type="checkbox"/> Public transit route/schedules don't fit my needs |
| <input type="checkbox"/> Homelessness (living in shelter housing or with others) | <input type="checkbox"/> Trouble paying for medications/care |
| <input type="checkbox"/> Housing is unstable or costs too much | <input type="checkbox"/> Water isn't safe to drink |
| | <input type="checkbox"/> No health concerns |
| | <input type="checkbox"/> Other (Please specify) |

About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

- Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- Within the past 5 years (2 years but less than 5 years ago)
- 5 or more years ago
- Never
- Don't know / not sure

When you are sick, how likely are you to visit a healthcare provider?

- Always
- Usually
- Sometimes
- Rarely
- Never

Everyone in my household can get the health services we want and need including physical, mental and dental health services.

- Always
- Usually
- Sometimes
- Rarely
- Never

Which types of health services are difficult to get for your household members? Please select all that apply.

- Dental health services
- Mental health services
- Physical health services

Why is getting these health services a challenge for your household members? Please select all that apply.

- Healthcare services are too expensive and/or the deductible or copay is too high
- Healthcare providers do not accept my health insurance
- I do not have health insurance
- We can't get an appointment and/or waitlists are too long
- We don't feel welcome
- We don't know how to find the healthcare providers we need
- We have language and/or cultural barriers
- We have schedule problems (when we are available, healthcare services are closed)
- We have transportation problems
- Other (please describe) _____

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service?

- Yes
- No
- Don't know / not sure

Do you currently have dental insurance?

- Yes
- No
- Don't know / not sure

Consider your neighborhood as the area within a 20-minute walk or about a mile from your home. How much do you agree with this statement, "It is easy to purchase a variety of affordable fresh fruits and vegetables in my neighborhood."

- Strongly agree
- Agree
- Neutral (neither agree nor disagree)
- Strongly disagree
- Don't know / not sure

I can get healthy food for my family.

- Always
- Often
- Sometimes
- Rarely
- Never

Why is getting healthy food a challenge for you? Please select all that apply.

- Healthy food is not available in my community
- Healthy food is too expensive in my community
- I don't have the time to buy or prepare healthy food
- I don't know how to find food pantries and other sources of free food
- I have schedule problems in accessing stores with healthy foods
- I have transportation problems
- The store I go to does not take EBT/FoodShare
- The store I go to does not take WIC
- Other (please specify) _____

How would you describe your current financial situation? Please select all that apply.

- I don't have enough money to pay the bills to meet household needs
- Money is a major stressor in my life
- I live paycheck to paycheck
- I am financially secure and meet my and my family's needs
- I have enough money to live comfortably without stress

What is your employment status? Please select all that apply.

- Full-time (includes self-employed)
- Employed part-time (includes self-employed)
- Working more than one job to make ends meet
- Out of work for more than 1 year
- Out of work for less than 1 year
- Caregiver
- Student
- Retired
- Veteran
- Unable to work
- Living with my own disability that prevents me from working

In the past year, have any of the following things made it hard for you to work? Please select all that apply.

- Cost of childcare
- Childcare was unavailable
- Transportation issues
- Health insurance not provided through your work
- Your own health
- Family member's health
- Your own permanent disability
- Lack of training or skills
- Lack of resources to start your own business
- Conflicts with school
- None
- Other (please specify) _____

What is the highest grade or year of school you completed?

- Never attended school or only attended kindergarten
- Grades 1 through 8 (Elementary)
- Grades 9 through 11 (Some high school)
- Grade 12 (High school graduate)
- GED
- College 1 year to 3 years (Some college or technical school)
- College 4 years or more (College graduate)
- Don't know / not sure

If you would like to go back to school, which of the following would help you go back to school? Please select all that apply.

- Classes at a convenient location in my neighborhood or community
- Weekend and evening courses
- Transportation to school
- More education about various career opportunities
- College or Career Tech tied directly with work internships
- More financial aid for educational opportunities
- More individual help when having trouble
- Ways to get college general education requirements completed while in high school
- Instruction to help me learn how to be a better test taker
- Shorter degree programs
- Less expensive, more available childcare
- More opportunities for partial online and partial in-class courses or more online classes
- Counselors and enrollment personnel available after hours
- Courses offered in my native language
- I am not interested in going back to school

Are you a registered voter in the state of Oklahoma?

- Yes
- No
- Don't know / not sure

Did you vote in the past year?

- Yes
- No
- Don't know / not sure

What is your main reason for not voting?

- I don't feel my voice is heard
- I don't feel my vote matters
- I don't have enough time to get to the polls
- I don't know where my poll is located
- I don't have the appropriate identification
- Other (please specify) _____

Have you faced challenges to voting?

- Yes
- No
- Don't know / not sure

What challenges have you faced?

What sex were you assigned at birth?

- Male
- Female
- Prefer not to say

Are you Spanish, Hispanic, or Latino origin?

- Mexican, Mexican-American, Chicano/a
- Puerto Rican
- Cuban
- Another Hispanic, Latino/a, or Spanish origin?
(Please specify) _____
- No (not of Hispanic/Latino origin)
- Don't Know / not sure

Which one or more of the following would you say is your race? Please select all that apply.

- White
- Black or African-American
- American Indian or Alaska Native
- Asian
- Native Hawaiian or Other Pacific Islander
- Other (please specify) _____

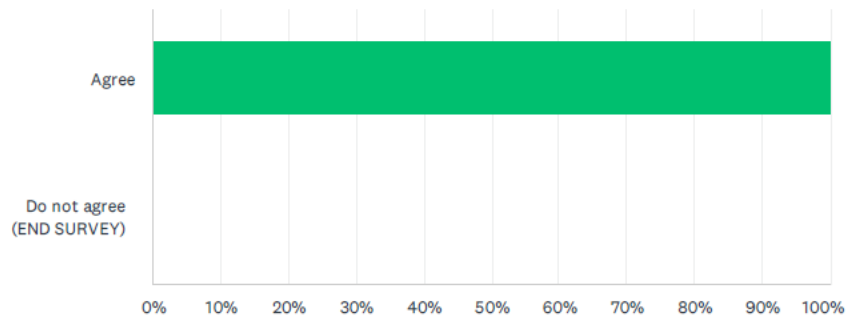
What is your zip code?

2021 CHNA Online Survey Results

2021 Canadian County Community Health Needs Assessment Survey

Q1 Please click "agree" below to continue with the survey or "do not agree" to end the survey.

Answered: 25 Skipped: 1

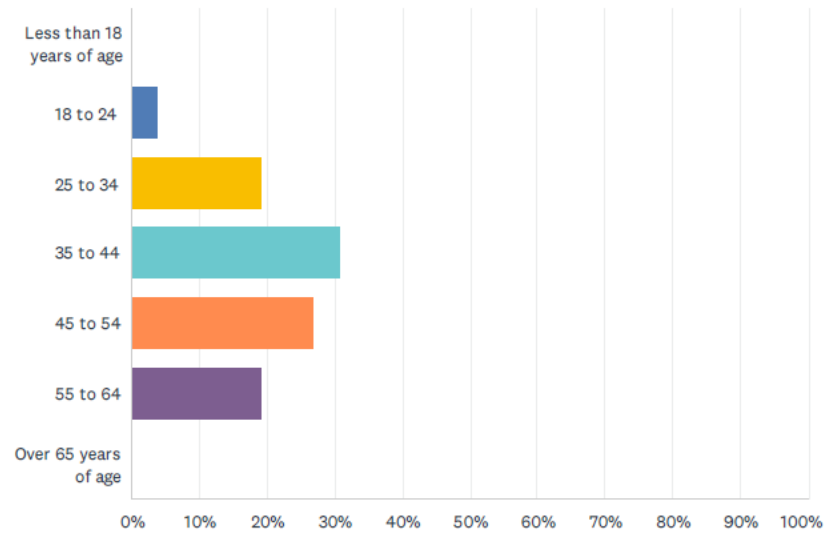


ANSWER CHOICES	RESPONSES	
Agree	100.00%	25
Do not agree (END SURVEY)	0.00%	0
TOTAL		25

2021 Canadian County Community Health Needs Assessment Survey

Q2 Are you...

Answered: 26 Skipped: 0



ANSWER CHOICES	RESPONSES	
Less than 18 years of age	0.00%	0
18 to 24	3.85%	1
25 to 34	19.23%	5
35 to 44	30.77%	8
45 to 54	26.92%	7
55 to 64	19.23%	5
Over 65 years of age	0.00%	0
TOTAL		26

2021 Canadian County Community Health Needs Assessment Survey

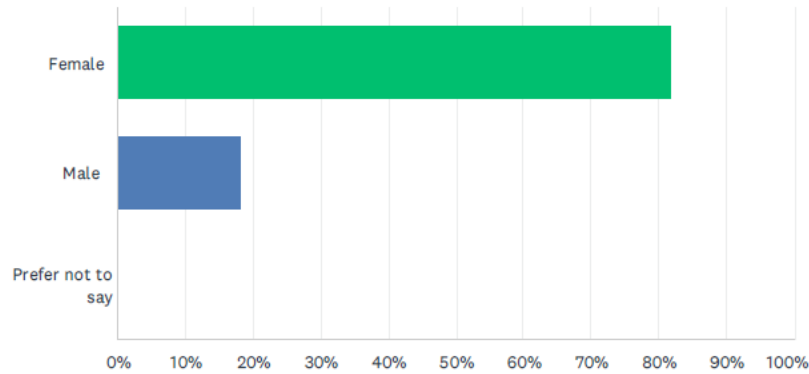
Q3 In what ZIP code is your home located? (enter 5-digit ZIP code; for example, 00544 or 94305)

Answered: 22 Skipped: 4

2021 Canadian County Community Health Needs Assessment Survey

Q4 What sex were you assigned at birth?

Answered: 22 Skipped: 4

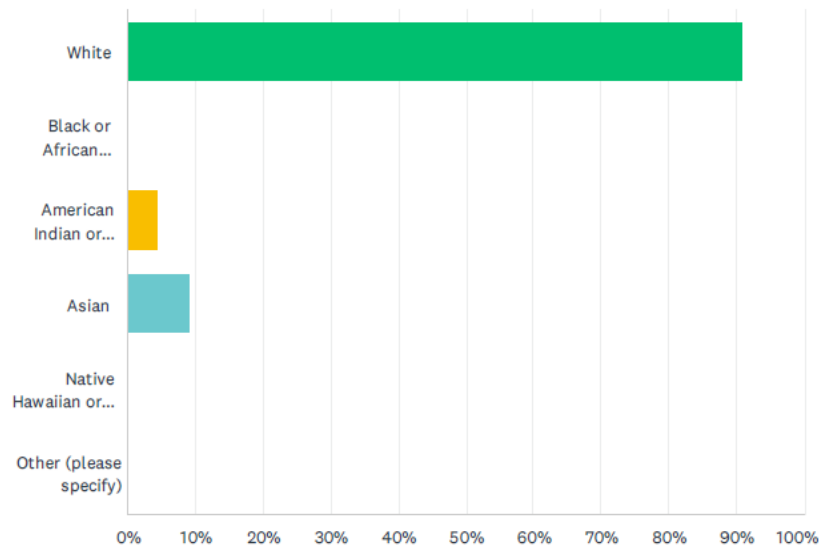


ANSWER CHOICES	RESPONSES	
Female	81.82%	18
Male	18.18%	4
Prefer not to say	0.00%	0
TOTAL		22

2021 Canadian County Community Health Needs Assessment Survey

Q5 Which one or more of the following would you say is your race? Please select all that apply.

Answered: 22 Skipped: 4

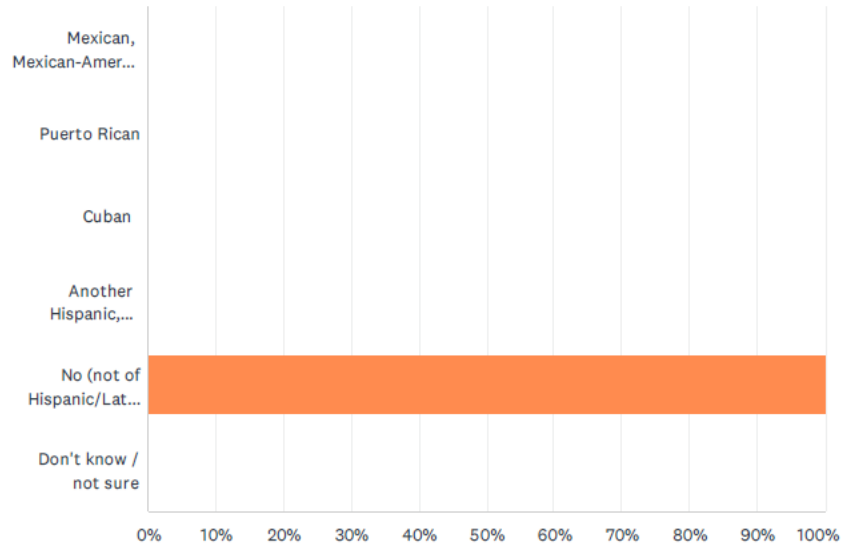


ANSWER CHOICES	RESPONSES	
White	90.91%	20
Black or African American	0.00%	0
American Indian or Alaska Native	4.55%	1
Asian	9.09%	2
Native Hawaiian or Other Pacific Islander	0.00%	0
Other (please specify)	0.00%	0
Total Respondents: 22		

2021 Canadian County Community Health Needs Assessment Survey

Q6 Are you Spanish, Hispanic, or Latino origin?

Answered: 22 Skipped: 4

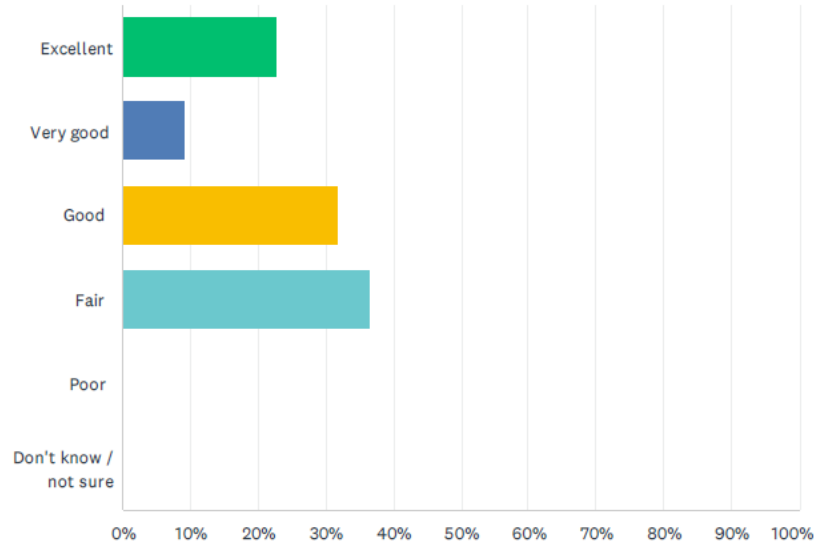


ANSWER CHOICES	RESPONSES	
Mexican, Mexican-American, Chicano/a	0.00%	0
Puerto Rican	0.00%	0
Cuban	0.00%	0
Another Hispanic, Latino/a, or Spanish origin	0.00%	0
No (not of Hispanic/Latino origin)	100.00%	22
Don't know / not sure	0.00%	0
TOTAL		22

2021 Canadian County Community Health Needs Assessment Survey

Q7 In general, would you say your health is...?

Answered: 22 Skipped: 4

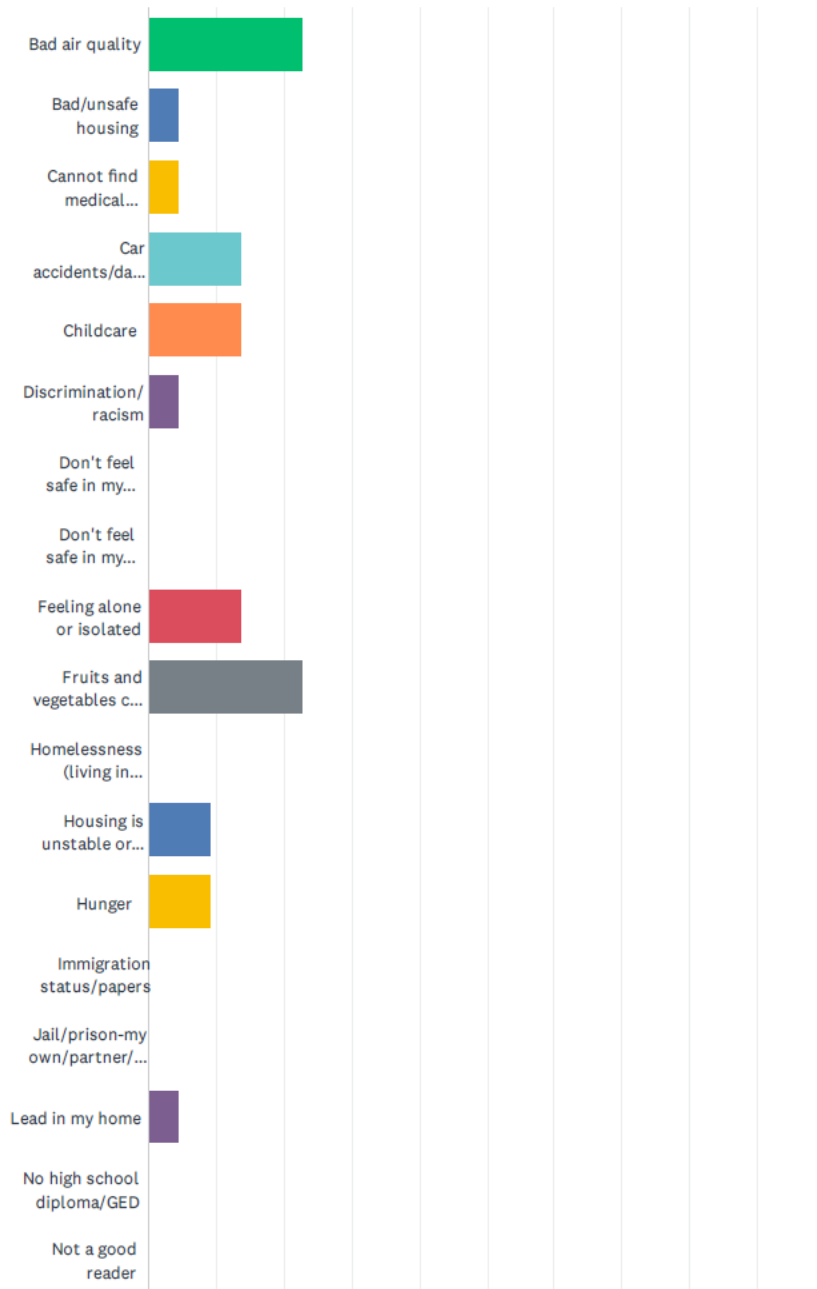


ANSWER CHOICES	RESPONSES	
Excellent	22.73%	5
Very good	9.09%	2
Good	31.82%	7
Fair	36.36%	8
Poor	0.00%	0
Don't know / not sure	0.00%	0
TOTAL		22

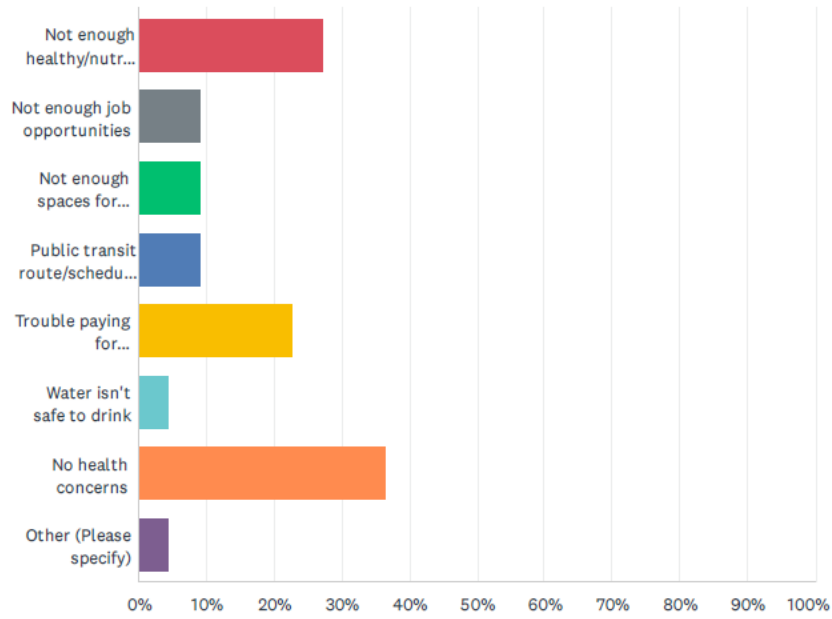
2021 Canadian County Community Health Needs Assessment Survey

Q8 Which of the following have a negative effect on your health and well-being? Select up to 5 that are most important to you.

Answered: 22 Skipped: 4



2021 Canadian County Community Health Needs Assessment Survey



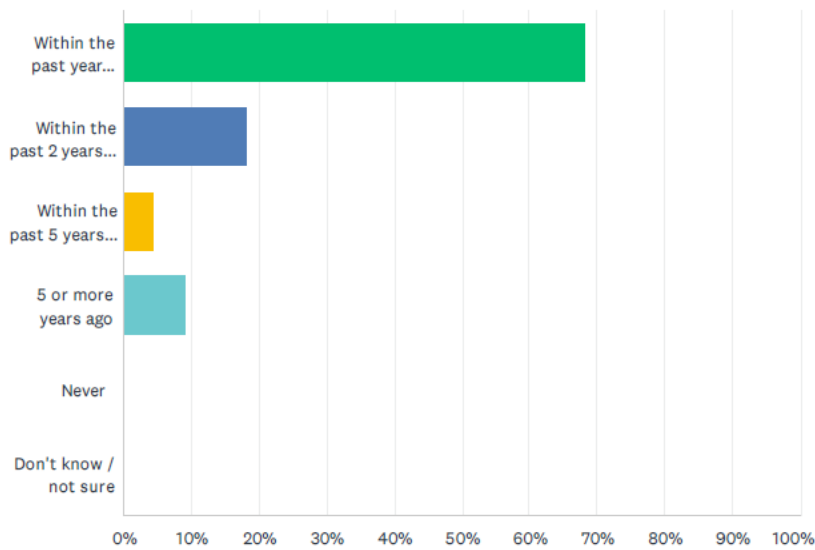
2021 Canadian County Community Health Needs Assessment Survey

ANSWER CHOICES	RESPONSES	
Bad air quality	22.73%	5
Bad/unsafe housing	4.55%	1
Cannot find medical care/doctor in my area	4.55%	1
Car accidents/dangerous roads	13.64%	3
Childcare	13.64%	3
Discrimination/racism	4.55%	1
Don't feel safe in my neighborhood	0.00%	0
Don't feel safe in my relationship	0.00%	0
Feeling alone or isolated	13.64%	3
Fruits and vegetables cost too much	22.73%	5
Homelessness (living in shelter housing or with others)	0.00%	0
Housing is unstable or costs too much	9.09%	2
Hunger	9.09%	2
Immigration status/papers	0.00%	0
Jail/prison-my own/partner/family member	0.00%	0
Lead in my home	4.55%	1
No high school diploma/GED	0.00%	0
Not a good reader	0.00%	0
Not enough healthy/nutritious food	27.27%	6
Not enough job opportunities	9.09%	2
Not enough spaces for exercise	9.09%	2
Public transit route/schedules don't fit my needs	9.09%	2
Trouble paying for medications/care	22.73%	5
Water isn't safe to drink	4.55%	1
No health concerns	36.36%	8
Other (Please specify)	4.55%	1
Total Respondents: 22		

2021 Canadian County Community Health Needs Assessment Survey

Q9 About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

Answered: 22 Skipped: 4

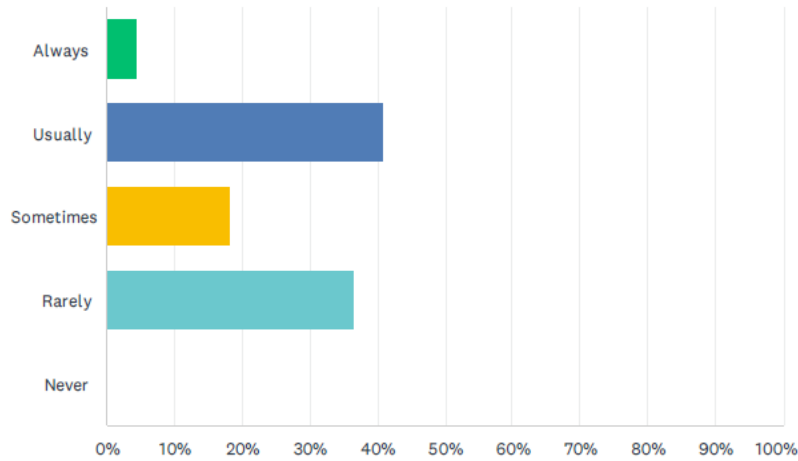


ANSWER CHOICES	RESPONSES
Within the past year (anytime less than 12 months ago)	68.18% 15
Within the past 2 years (1 year but less than 2 years ago)	18.18% 4
Within the past 5 years (2 years but less than 5 years ago)	4.55% 1
5 or more years ago	9.09% 2
Never	0.00% 0
Don't know / not sure	0.00% 0
TOTAL	22

2021 Canadian County Community Health Needs Assessment Survey

Q10 When you are sick, how likely are you to visit a healthcare provider?

Answered: 22 Skipped: 4

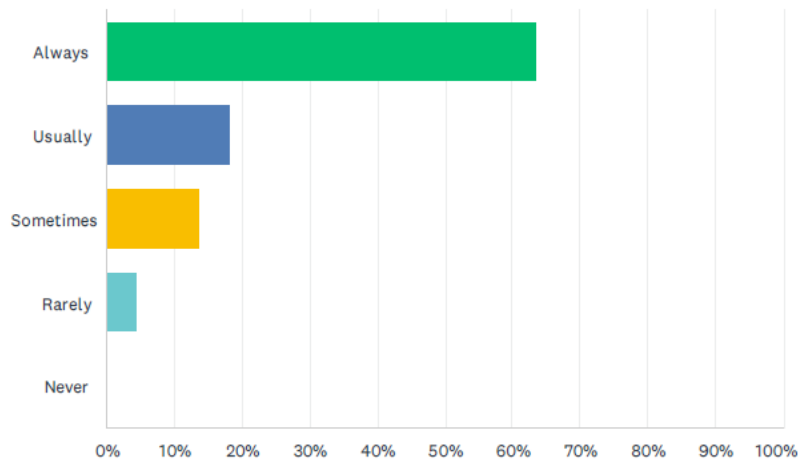


ANSWER CHOICES	RESPONSES	
Always	4.55%	1
Usually	40.91%	9
Sometimes	18.18%	4
Rarely	36.36%	8
Never	0.00%	0
TOTAL		22

2021 Canadian County Community Health Needs Assessment Survey

Q11 Everyone in my household can get the health services we want and need including physical, mental and dental health services.

Answered: 22 Skipped: 4

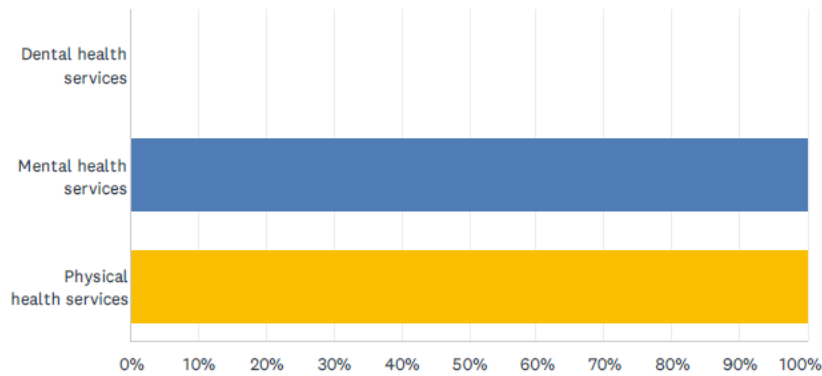


ANSWER CHOICES	RESPONSES	
Always	63.64%	14
Usually	18.18%	4
Sometimes	13.64%	3
Rarely	4.55%	1
Never	0.00%	0
TOTAL		22

2021 Canadian County Community Health Needs Assessment Survey

Q12 Which types of health services are difficult to get for your household members? Please select all that apply.

Answered: 1 Skipped: 25

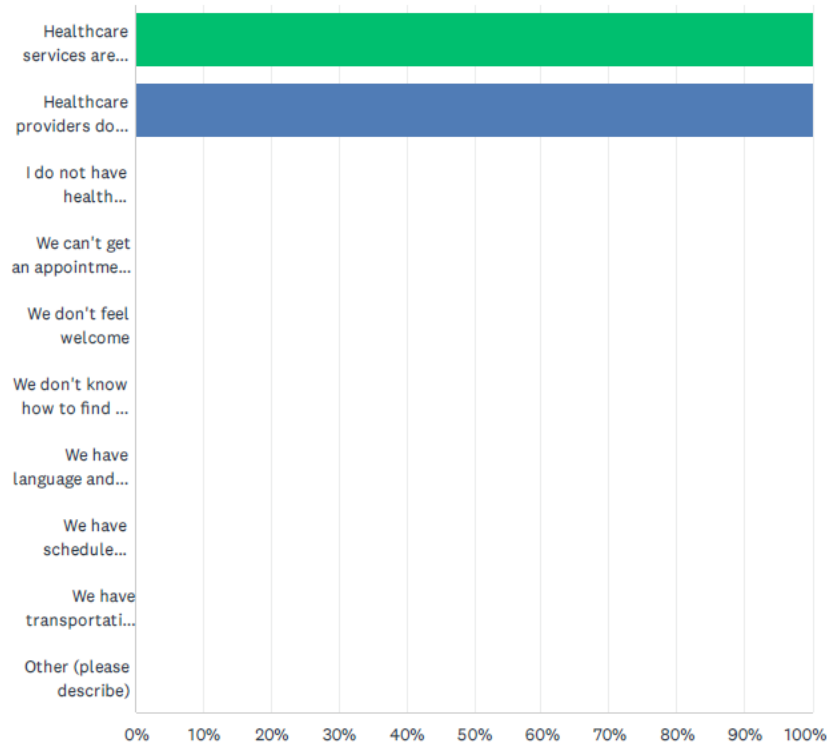


ANSWER CHOICES	RESPONSES
Dental health services	0.00% 0
Mental health services	100.00% 1
Physical health services	100.00% 1
Total Respondents: 1	

2021 Canadian County Community Health Needs Assessment Survey

Q13 Why is getting these health services a challenge for your household members? Please select all that apply.

Answered: 1 Skipped: 25



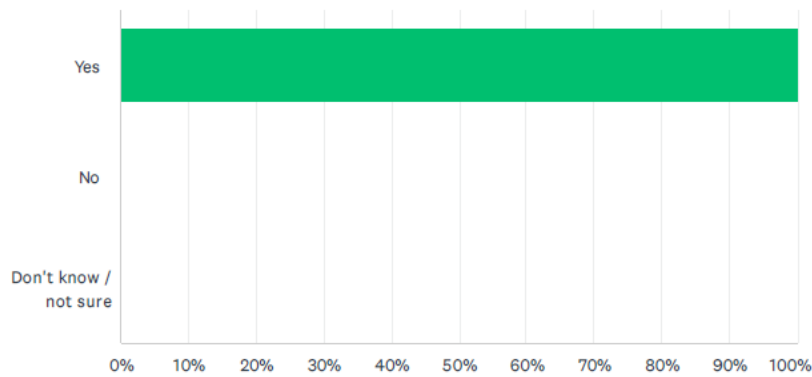
2021 Canadian County Community Health Needs Assessment Survey

ANSWER CHOICES	RESPONSES	
Healthcare services are too expensive and/or the deductible or copay is too high	100.00%	1
Healthcare providers do not accept my health insurance	100.00%	1
I do not have health insurance	0.00%	0
We can't get an appointment and/or waitlists are too long	0.00%	0
We don't feel welcome	0.00%	0
We don't know how to find the healthcare providers we need	0.00%	0
We have language and/or cultural barriers	0.00%	0
We have schedule problems (when we are available, healthcare services are closed)	0.00%	0
We have transportation problems	0.00%	0
Other (please describe)	0.00%	0
Total Respondents: 1		

2021 Canadian County Community Health Needs Assessment Survey

Q14 Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Services?

Answered: 22 Skipped: 4

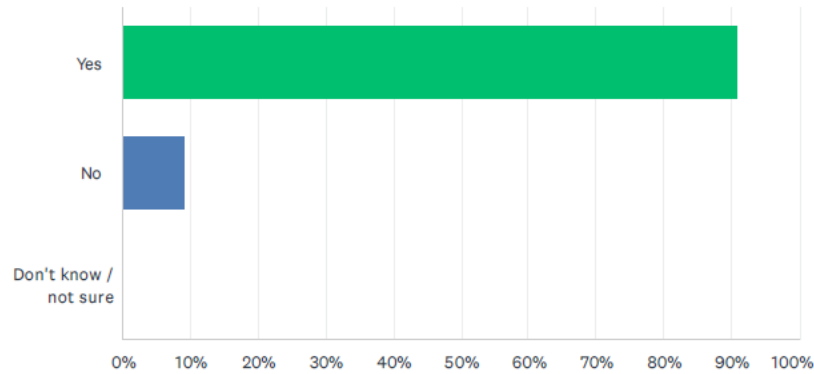


ANSWER CHOICES	RESPONSES	
Yes	100.00%	22
No	0.00%	0
Don't know / not sure	0.00%	0
TOTAL		22

2021 Canadian County Community Health Needs Assessment Survey

Q15 Do you currently have dental insurance?

Answered: 22 Skipped: 4

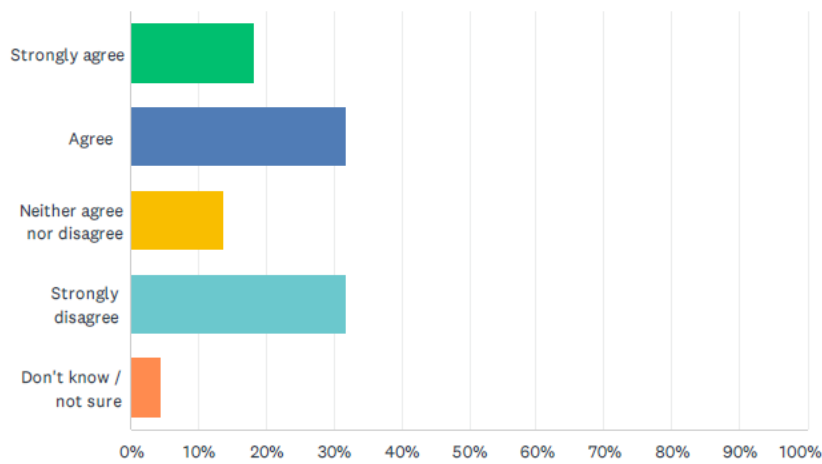


ANSWER CHOICES	RESPONSES	
Yes	90.91%	20
No	9.09%	2
Don't know / not sure	0.00%	0
TOTAL		22

2021 Canadian County Community Health Needs Assessment Survey

Q16 Consider your neighborhood as the area within a 20-minute walk or about a mile from your home. How much do you agree with this statement, "It is easy to purchase a variety of affordable fresh fruits and vegetables in my neighborhood."

Answered: 22 Skipped: 4

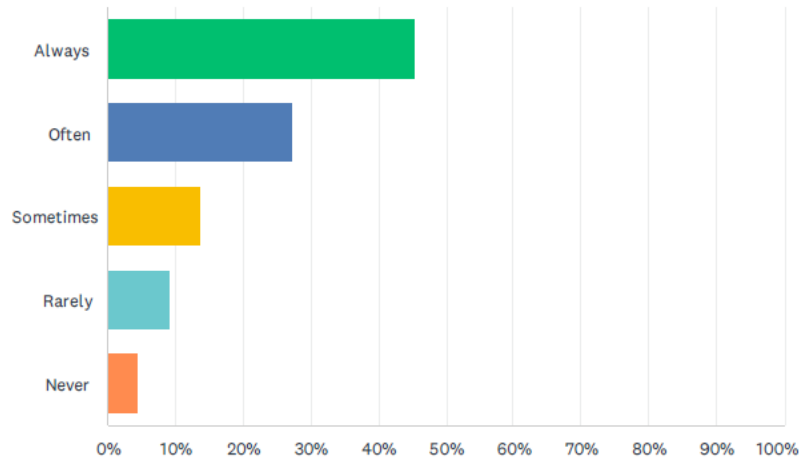


ANSWER CHOICES	RESPONSES	
Strongly agree	18.18%	4
Agree	31.82%	7
Neither agree nor disagree	13.64%	3
Strongly disagree	31.82%	7
Don't know / not sure	4.55%	1
TOTAL		22

2021 Canadian County Community Health Needs Assessment Survey

Q17 I can get healthy food for my family.

Answered: 22 Skipped: 4

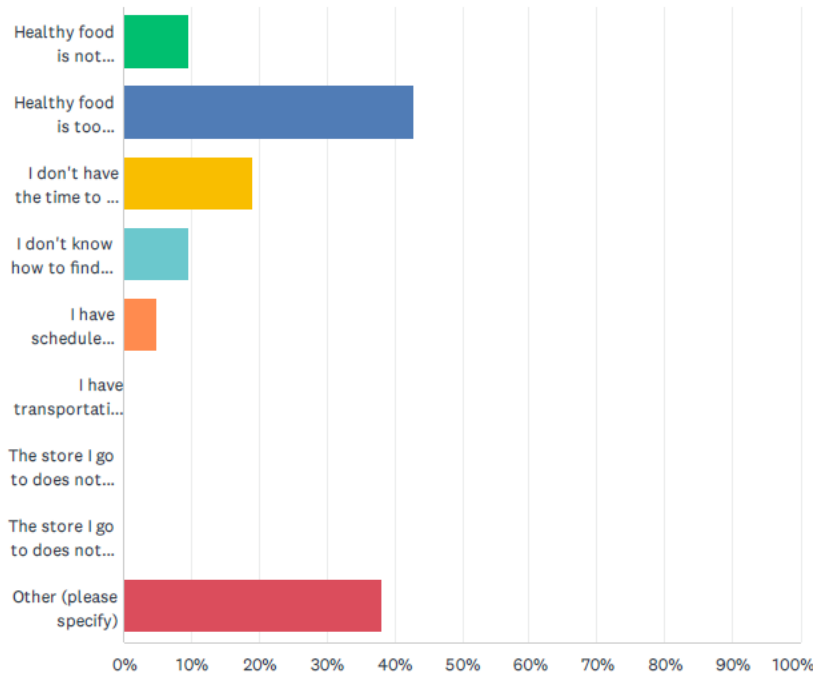


ANSWER CHOICES	RESPONSES	
Always	45.45%	10
Often	27.27%	6
Sometimes	13.64%	3
Rarely	9.09%	2
Never	4.55%	1
TOTAL		22

2021 Canadian County Community Health Needs Assessment Survey

Q18 Why is getting healthy food a challenge for you? Please select all that apply.

Answered: 21 Skipped: 5

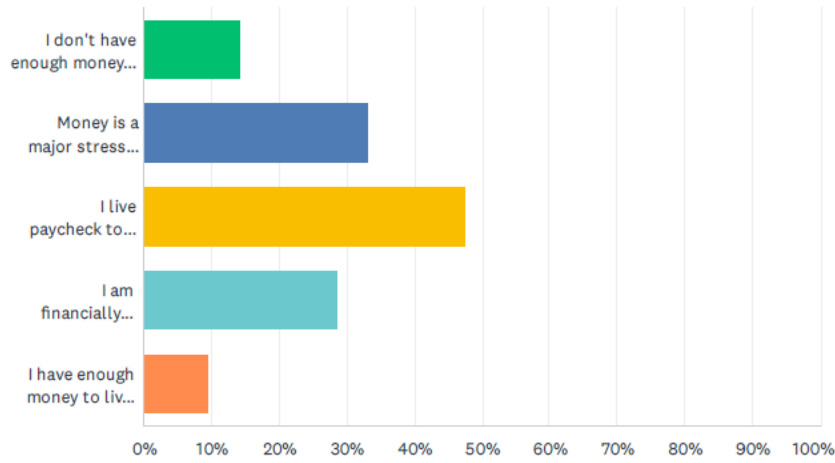


ANSWER CHOICES	RESPONSES
Healthy food is not available in my community	9.52% 2
Healthy food is too expensive in my community	42.86% 9
I don't have the time to buy or prepare healthy foods	19.05% 4
I don't know how to find food pantries and other sources of free food	9.52% 2
I have schedule problems in accessing stores with healthy foods	4.76% 1
I have transportation problems	0.00% 0
The store I go to does not take EBT/FoodShare	0.00% 0
The store I go to does not take WIC	0.00% 0
Other (please specify)	38.10% 8
Total Respondents: 21	

2021 Canadian County Community Health Needs Assessment Survey

Q19 How would you describe your current financial situation? Please select all that apply.

Answered: 21 Skipped: 5

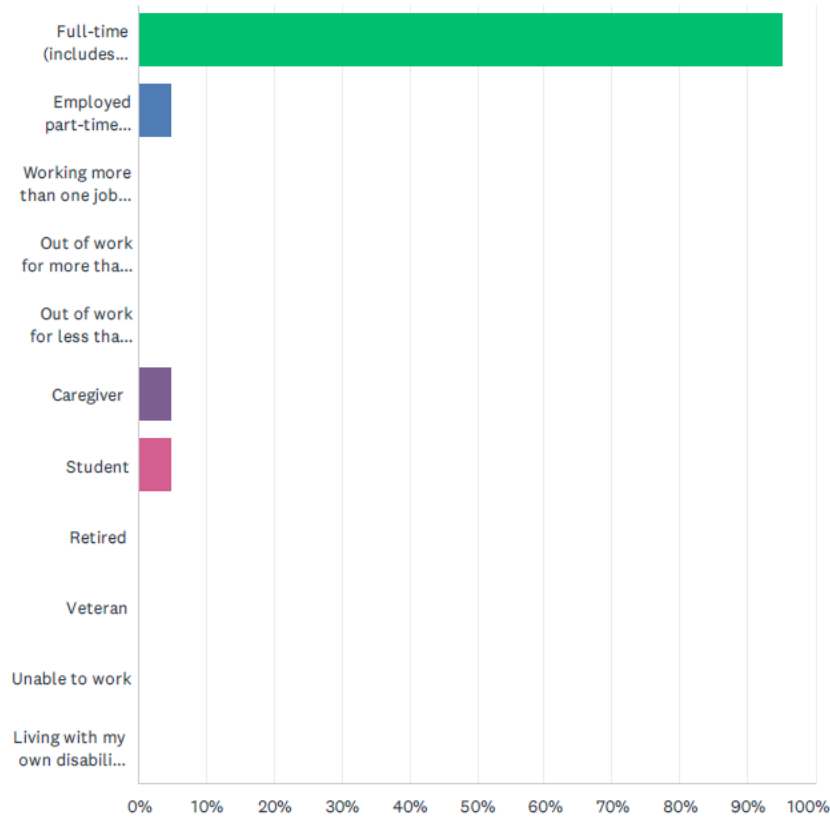


ANSWER CHOICES	RESPONSES
I don't have enough money to pay the bills to meet household needs	14.29% 3
Money is a major stressor in my life	33.33% 7
I live paycheck to paycheck	47.62% 10
I am financially secure and meet my and my family's needs	28.57% 6
I have enough money to live comfortably without stress	9.52% 2
Total Respondents: 21	

2021 Canadian County Community Health Needs Assessment Survey

Q20 What is your employment status? Please select all that apply.

Answered: 21 Skipped: 5



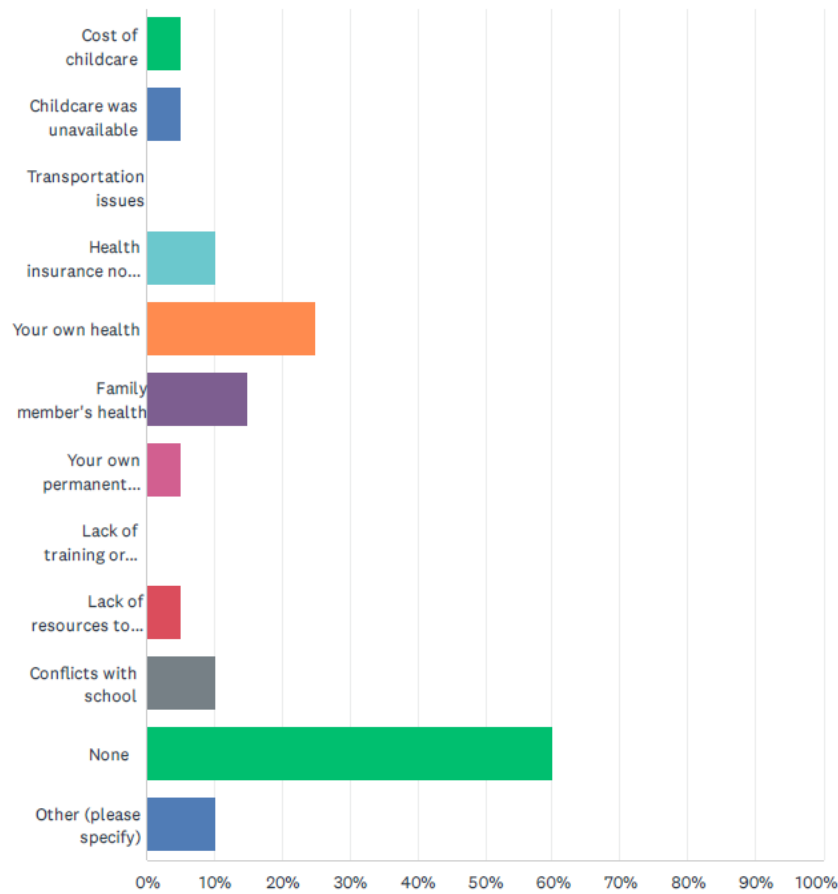
2021 Canadian County Community Health Needs Assessment Survey

ANSWER CHOICES	RESPONSES	
Full-time (includes self-employed)	95.24%	20
Employed part-time (includes self-employed)	4.76%	1
Working more than one job to make ends meet	0.00%	0
Out of work for more than 1 year	0.00%	0
Out of work for less than 1 year	0.00%	0
Caregiver	4.76%	1
Student	4.76%	1
Retired	0.00%	0
Veteran	0.00%	0
Unable to work	0.00%	0
Living with my own disability that prevents me from working	0.00%	0
Total Respondents: 21		

2021 Canadian County Community Health Needs Assessment Survey

Q21 In the past year, have any of the following things made it hard for you to work? Please select all that apply.

Answered: 20 Skipped: 6



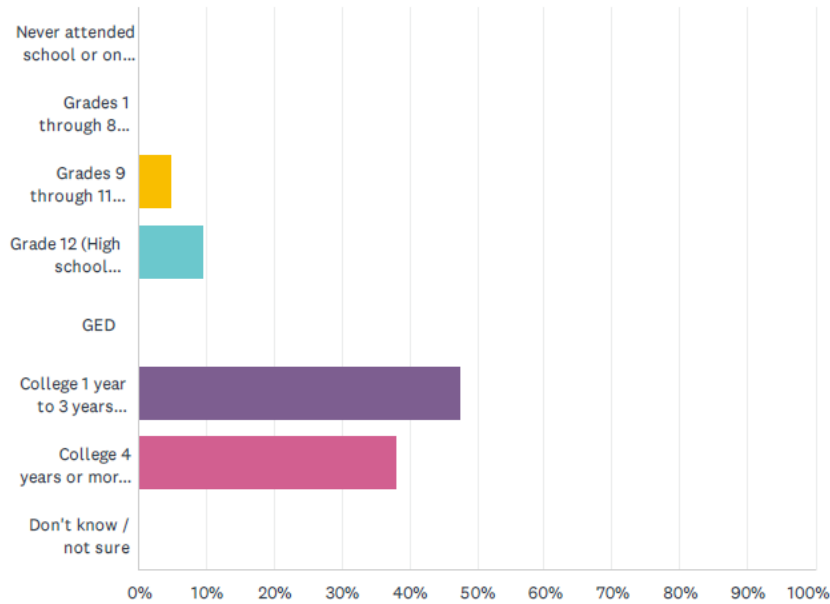
2021 Canadian County Community Health Needs Assessment Survey

ANSWER CHOICES	RESPONSES	
Cost of childcare	5.00%	1
Childcare was unavailable	5.00%	1
Transportation issues	0.00%	0
Health insurance not provided through work	10.00%	2
Your own health	25.00%	5
Family member's health	15.00%	3
Your own permanent disability	5.00%	1
Lack of training or skills	0.00%	0
Lack of resources to start your own business	5.00%	1
Conflicts with school	10.00%	2
None	60.00%	12
Other (please specify)	10.00%	2
Total Respondents: 20		

2021 Canadian County Community Health Needs Assessment Survey

Q22 What is the highest grade or year of school you completed?

Answered: 21 Skipped: 5

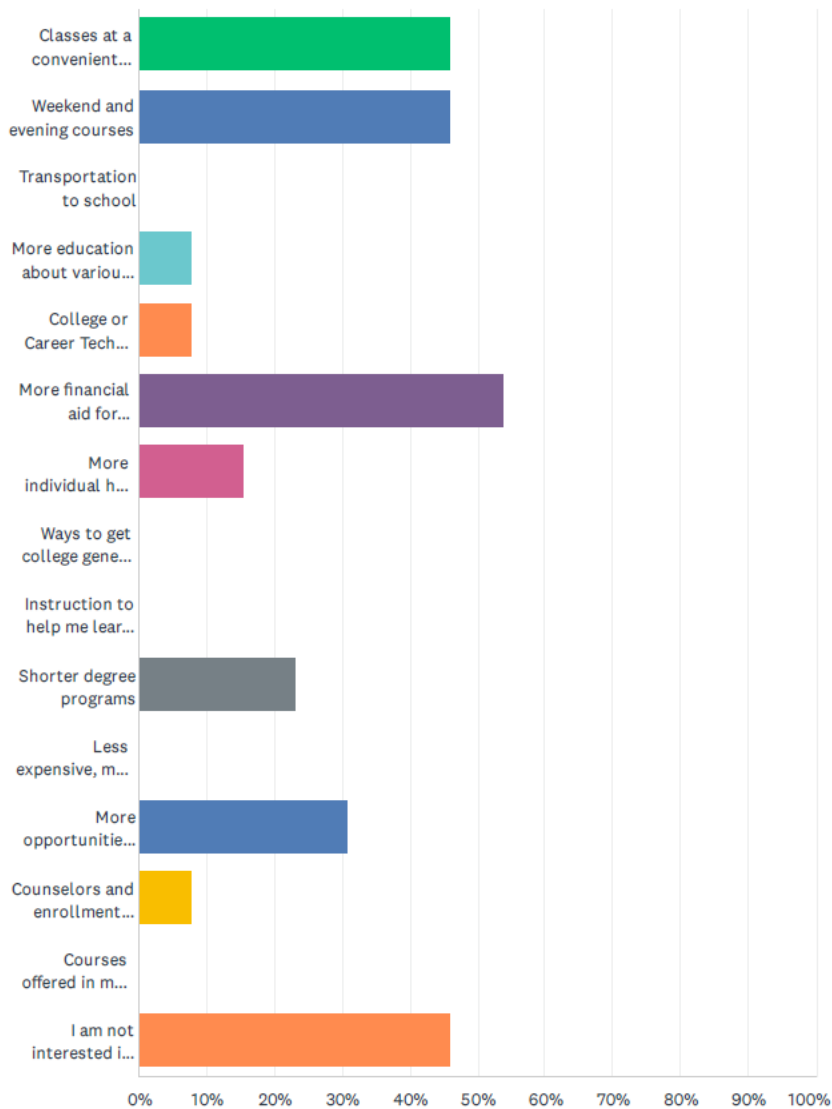


ANSWER CHOICES	RESPONSES	
Never attended school or only attended kindergarten	0.00%	0
Grades 1 through 8 (Elementary)	0.00%	0
Grades 9 through 11 (Some high school)	4.76%	1
Grade 12 (High school graduate)	9.52%	2
GED	0.00%	0
College 1 year to 3 years (Some college or technical school)	47.62%	10
College 4 years or more (College graduate)	38.10%	8
Don't know / not sure	0.00%	0
TOTAL		21

2021 Canadian County Community Health Needs Assessment Survey

Q23 If you would like to go back to school, which of the following would help you go back to school? Please select all that apply.

Answered: 13 Skipped: 13



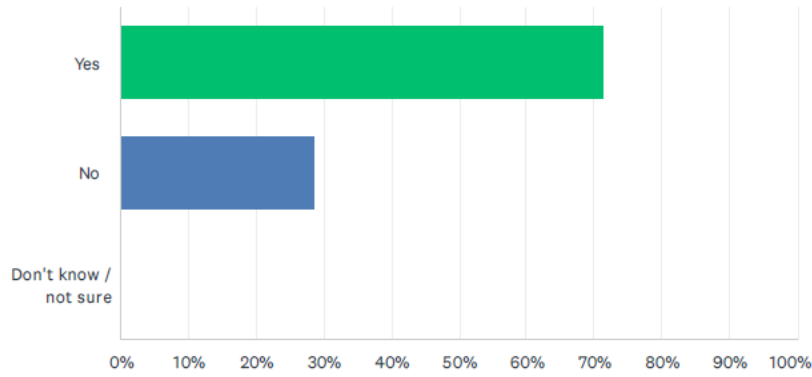
2021 Canadian County Community Health Needs Assessment Survey

ANSWER CHOICES	RESPONSES	
Classes at a convenient location in my neighborhood or community	46.15%	6
Weekend and evening courses	46.15%	6
Transportation to school	0.00%	0
More education about various career opportunities	7.69%	1
College or Career Tech tied directly with work internships	7.69%	1
More financial aid for educational opportunities	53.85%	7
More individual help when having trouble	15.38%	2
Ways to get college general education requirements completed while in high school	0.00%	0
Instruction to help me learn how to be a better test taker	0.00%	0
Shorter degree programs	23.08%	3
Less expensive, more available childcare	0.00%	0
More opportunities for partial online and partial in-class courses or more online classes	30.77%	4
Counselors and enrollment personnel available after hours	7.69%	1
Courses offered in my native language	0.00%	0
I am not interested in going back to school	46.15%	6
Total Respondents: 13		

2021 Canadian County Community Health Needs Assessment Survey

Q24 Are you a registered voter in the state of Oklahoma?

Answered: 21 Skipped: 5

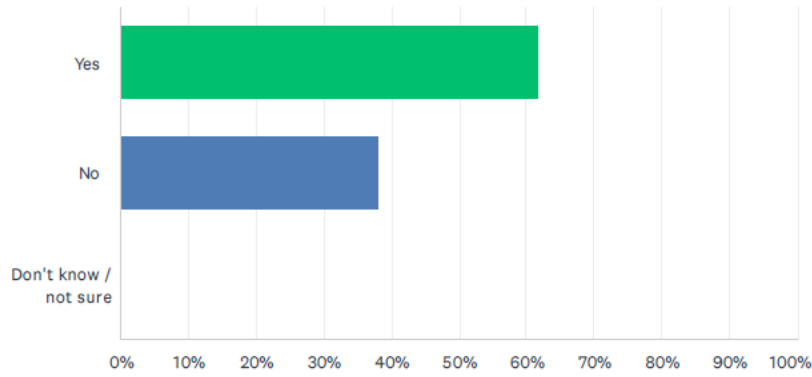


ANSWER CHOICES	RESPONSES	
Yes	71.43%	15
No	28.57%	6
Don't know / not sure	0.00%	0
TOTAL		21

2021 Canadian County Community Health Needs Assessment Survey

Q25 Did you vote in the past year?

Answered: 21 Skipped: 5

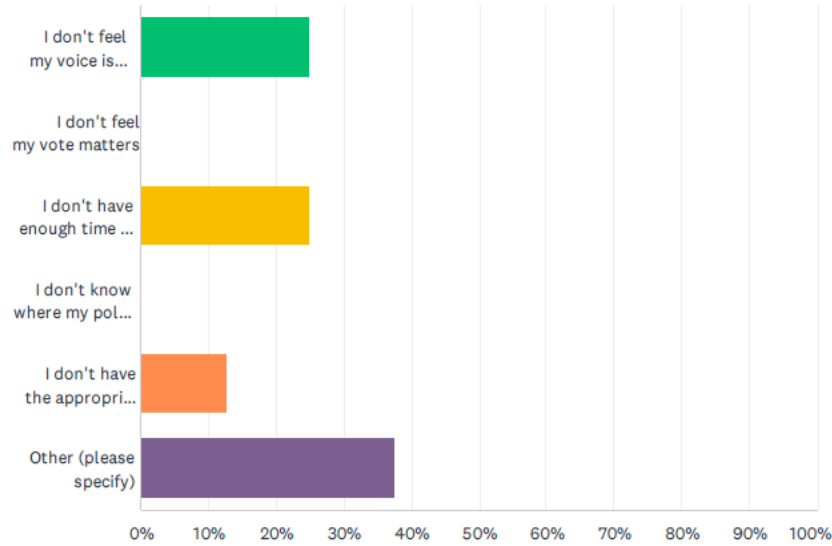


ANSWER CHOICES	RESPONSES	
Yes	61.90%	13
No	38.10%	8
Don't know / not sure	0.00%	0
TOTAL		21

2021 Canadian County Community Health Needs Assessment Survey

Q26 What is your main reason for not voting?

Answered: 8 Skipped: 18

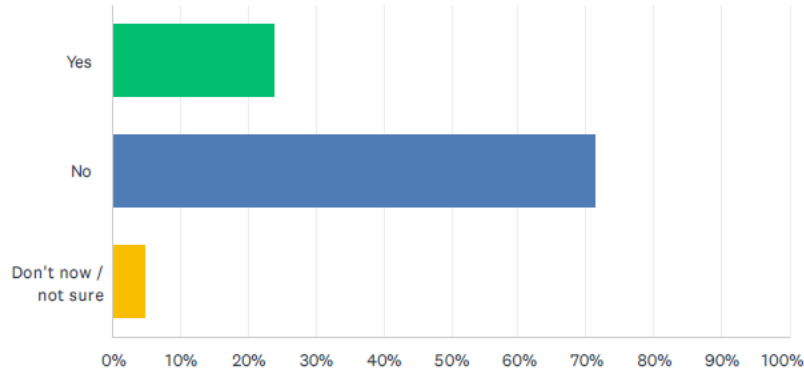


ANSWER CHOICES	RESPONSES	
I don't feel my voice is heard	25.00%	2
I don't feel my vote matters	0.00%	0
I don't have enough time to get to the polls	25.00%	2
I don't know where my poll is located	0.00%	0
I don't have the appropriate identification	12.50%	1
Other (please specify)	37.50%	3
TOTAL		8

2021 Canadian County Community Health Needs Assessment Survey

Q27 Have you faced challenges to voting?

Answered: 21 Skipped: 5



ANSWER CHOICES	RESPONSES	
Yes	23.81%	5
No	71.43%	15
Don't now / not sure	4.76%	1
TOTAL		21

2021 Canadian County Community Health Needs Assessment Survey

Q28 If so, what challenges have you faced?

Answered: 5 Skipped: 21

CHNA Focus Group Questions

INTEGRIS Health CHNA

Facilitation guide

Date:

Facilitator name:

Location:

WELCOME AND BACKGROUND ON THE FOCUS GROUP (1 MINUTE)

Welcome. Thank you for making time to be here today. My name is _____ and I am with INTEGRIS Health.

Before we get started, I'll give you an introduction about what we're going to do tonight and the reasons that we're doing it. INTEGRIS Health is interested in hearing from citizens like yourselves to assess your feelings, perceptions and knowledge of health care in _____ County. This focus group is part of a health needs assessment being conducted in _____ County to determine the current and future health needs of residents here. The feedback we get tonight will be combined with other research in order to create a long-term strategy for health care in _____ County.

LOGISTICS (1 MINUTE)

So that's the big picture. Now let's talk about how this process will work. We'll be here for about an hour. Please help yourself to refreshments if you haven't done so already. If you want to get up to get more to eat or drink, or go to the bathroom, feel free to do so. We do have people observing to take notes, and we are also audio recording the session for reporting purposes. Your comments will be summarized and reported anonymously, though, and we won't ever identify you personally as a participant.

GROUND RULES (2 MINUTES)

Have any of you participated in a focus group before?

The rules are simple: I'll bring up a topic, and I want to get your thoughts and opinions.

Sometimes I'll ask a question and we'll just go around the table and get everyone's thoughts, and other times I'll just wait for anyone to answer.

Feel free to respond to something that someone else says, and feel free to disagree. Please keep in mind there are no wrong answers.

At certain points during our discussion I may poll the group to determine how many of you agree or disagree about a certain issue. This will be done to summarize opinions for reporting.

Keep in mind that respect for others, even if you disagree with their opinions is key during this time, and we want everyone to participate. If you're not talking, I'll eventually notice and ask you for your opinions.

On the other hand, if you're the only one talking, please recognize that and give others a chance to participate.

Finally, I may politely interrupt if you're talking about something that strays off our topics. We can add it to the parking lot and revisit at the end of the session, if time permits. No disrespect is intended if I do this, but we have a lot to accomplish tonight so we need to stay focused so we can make sure that we don't need to keep you beyond our scheduled time.

These four areas will be covered:

1. Access to Healthcare (10 minutes)
2. Access to Education (10 minutes)
3. Meaningful Employment (10 minutes)
4. Access to Food (10 minutes)

INTRODUCTIONS (10 MINUTES)

First, let's briefly introduce ourselves, using a "one-minute biography." In one minute or less, tell us the important facts about yourself: your first name, family status, and what you do for a living or where you go to school. You can also tell us how long you've been a resident of _____ County and what you like best about living here. [Follow-up: ask movers what brought them to _____ County.]

ACCESS TO HEALTHCARE (10 MINUTES)

We'll begin by asking some general questions about healthcare services in _____ County.

1. What would you say are the biggest health problems in the community?
2. What would you say are the biggest health assets (good things) or resources for health in the community?
3. What are the biggest barriers that keep people in the community from accessing health care?

ACCESS TO EDUCATION (10 MINUTES)

We will now move to some questions about the educational experience in _____ County.

4. Talk about your overall experience with education from grade school up to now. This could be public education, technical school, college, etc.

Positives?

Negatives?

Interactions with teachers?

Interactions with other students?

Was the educational system fair/unfair?

Role models or mentors?

5. If you didn't get all of the education you wanted, what are some things that made you decide not to seek more education?

Money?

Needed to work?

Didn't like school?

Are there benefits to having a higher education degree?

6. What are your goals for school and/or work in the future?

How do you imagine getting there?

What are the barriers you face in getting there?

What support/resources exist, or do you wish existed?

MEANINGFUL EMPLOYMENT (10 MINUTES)

The next focus area we will discuss is about employment.

7. What are the top three (3) challenges most people face on the path to an ideal job?

The top two (2) challenges (per participant vote) are used in this following discussion:

[Rationale | To elicit participants' perceptions of challenges that most people face when seeking meaningful employment.]

- a. Question 7A | Why do so many people face [Challenge 1 | 2]?
- b. Question 7B | On a scale of 1 to 5, how difficult is it for most people to overcome [Challenge 1 | 2]?
- c. Question 7C | What do most people need to overcome [Challenge 1 | 2]?

ACCESS TO FOOD (10 MINUTES)

The last focus area we are going to talk about is access to food and how food relates to health.

8. Talk to us now about fresh food (fruits, vegetables, meat, fish, etc.) – can you get the kinds of fresh food that you want in your neighborhood?

Where do you get these?

How far from your home?

Culturally appropriate?

9. Do you feel that many households in the community have difficulty getting the foods they need or ever run out of food?

Why or why not?

How did they deal with that?

Where did they turn for help?

Are there certain times this is worse?

10. Do you know someone who has been told (by a doctor or other health professional) to eat differently, do they?
Why/ why not? (We're looking for behavior change as a result of medical diagnosis as well as success/barriers in accessing the foods.)
11. If you are interested in participating in healthy food classes, what specifically do you want to know more about?
(food preparation, diet for diabetes, – label literacy, budgeting for food, shopping tips. Label literacy helps decipher the jargon found on nutrition labels and various components of a nutrition labels such as Carbohydrates, Protein, Sugar, Fiber, Sodium, etc and their effects on the body.)

CONCLUSION

Our last activity will use the note card/sticky note provided. Please take a minute and answer the following question and post on our board.

12. What do you think should be the top public health priority areas for _____ County to concentrate on in the next five years?

Thank you very much for your time! This information will be very useful to us as we consider how to best continue to serve and communicate to folks like yourselves.

CHNA Focus Group Discussion Summary

**INTEGRIS HEALTH
MUSTANG FOCUS GROUP
ACCESS TO HEALTHY FOOD
MAY 26, 2021**

Focus Group Responses:

Access to Healthcare:

1. What would you say are the biggest health problems in the community?
 - Digestive
 - Diabetes
 - Cancer
 - COPD
 - Asthma

2. What would you say are the biggest health assets or resources for health in the community?
 - Health food stores
 - Hospital locations
 - Urgent care locations
 - Fire Department
 - EMSA
 - Police

3. What are the biggest barriers that keep people in the community from accessing health care?
 - Transportation – limited bus service
 - Traffic

Access to Education:

4. Talk about your overall experience with education from grade school up to now. This could be public education, technical school, college, etc.
 - Good
 - Canadian Valley Technology Center is close
 - Questioning dollars for education that was to be allocated from the lottery
 - Not sure education process is better
 - No discipline currently in schools
 - Too much technology

(Note: the majority of participants did not attend school in Canadian County)

5. If you didn't get all the education you wanted, what are some things that made you decide not to seek more education?
 - Money not available
 - Not many scholarships
6. What are your goals for school and/or work in the future?
(Note: Participants were all retired and had no input for this question)

Meaningful Employment:

7. What are the top three challenges most people face on the path to an ideal job?
 - Gender/age discrimination
 - Education/technology training
 - Jobs not available
 - a. Why do so many people face the challenge?
 - Too expensive
 - b. On a scale of 1 to 5, how difficult is it for most people to overcome the challenge?
 - 5
 - c. What do most people need to overcome the challenge?

Access to Food:

8. Talk to us now about fresh food – can you get the kinds of fresh food that you want in your neighborhood?
 - Somewhat – Walmart, Cash Savers, Farmers Market (twice/week), Braums
9. Do you feel that many households in the community have difficulty getting the foods they need or ever run out of food?
 - Yes
 - Church food pantry available to residents once per month
 - Kiwanis food pantry available to residents once per month
 - Community Center provides transportation to the food pantries
10. Do you know someone who has been told by a health care professional to eat differently, and do they?
 - People may comply for short periods of time

11. If you are interested in participating in healthy food classes, what specifically do you want to know more about?

- Benefits of healthy eating
- Preparation
- Where to shop
- Cooking demonstrations

Conclusion:

12. What do you think should be the top public health priority areas for your county to concentrate on in the next five years?